




Agenda Item #: 07/0206.19

Staff Report

City of Manhattan Beach

TO: Honorable Mayor Tell and Members of the City Council

THROUGH: Geoff Dolan, City Manager 

FROM: Richard Thompson, Director of Community Development 
Angelica Ochoa, Assistant Planner 

DATE: February 6, 2007

SUBJECT: Consideration of Proposed Exchange of Community Development Block Grant (CDBG) Funds Received by the City of Manhattan Beach to the City of Hawaiian Gardens and the Allocation of Funds for the 2007-2008 Fiscal Year.

RECOMMENDATION:

Staff recommends that the City Council: **CONDUCT** the Public Hearing; **ADOPT** the attached Resolution (Exhibit A); **AUTHORIZE** the City Manager to execute the draft Agreement (Exhibit B) with the City of Hawaiian Gardens, and **APPROVE** an allocation of general funds received to the identified public service agencies (Exhibit C).

FISCAL IMPLICATION:

The City will receive approximately \$98,573 in General Funds in exchange for \$151,652 in CDBG funds to allocate to existing public service agencies to continue their programs that benefit low and moderate income residents of Manhattan Beach.

BACKGROUND:

The City receives CDBG funding as a participating City through the Los Angeles County Community Development Commission (LACDC). The City's estimated CDBG allocation for FY 2007-2008 is \$151,652. According to the LACDC, the final CDBG allocation will not be available until mid-February 2007.

Federal (HUD) regulations currently allow only 15% of CDBG funds to be allocated to public service agencies. Historically the City has chosen to use its CDBG allocations to fund local public service agencies which meet the spirit of CDBG guidelines. In the past, the Community Development Commission granted the City of Manhattan Beach a waiver from the 15% cap, however beginning with the 1997-1998 program year the County notified all participating cities that no waivers would be granted. Therefore in order to maximize the amount of funds available to public service agencies the City has historically sold its allocation.

Projects funded through the CDBG program must meet certain mandated objectives, such as: (1) activities benefiting low and moderate income persons; (2) activities which aid in the prevention or elimination of blight; (3) activities that meet urgent community development needs; and (4) additional criteria as outlined in the Federal Register. Due to the relatively limited amount of funding the City receives, Capital Improvement Projects (CIP), Low Income, and other types of qualifying CDBG projects can be very difficult to program. The City recently explored the possibility of using CDBG funds for undergrounding of utilities. Specifically, the funds would be used to grant the cost of hookups on private properties for underground participants. However, given the strict qualifications for the program requirements (low income level of applicants and very limited number of qualified applicants, strict CDBG contractor regulations, and high city administrative costs), staff recommended against this approach at this time. Council has determined in the past that using the limited amount of CDBG funds for these types of projects was not cost effective, and would take valuable money away from the City's local public service agencies.

DISCUSSION:

On February 7, 2006, the City Council approved Resolution No. 6016, authorizing the exchange of the City's entire CDBG allocation with the City of Hawaiian Gardens last fiscal year 2006-2007 at a rate of .65 cents. The same exchange rate of .65 cents will remain for the upcoming 2007-2008 fiscal year.

The attached CDBG Exchange of Funds Worksheet (Exhibit F) signed by the Community Development Director starts the exchange and approval of CDBG funds between the City of Manhattan Beach and the City of Hawaiian Gardens. The worksheet will be finalized by the City of Hawaiian Gardens and LACDC in February 2007. Since the payment received is general fund money, and not subject to CDBG guidelines, the City may allocate these funds as directed by the City Council. CDBG funds have declined over the years and it is anticipated that they will continue to decline an average of 5% annually. However, LACDC estimates that this fiscal year 2007-2008 the CDBG allocated amount for cities will remain the same. The Federal government has been, and is anticipated to continue, reviewing ways to restructure the program and possibly reduce funding even further.

Consistent with Council direction from previous years, Staff has required each agency to complete a questionnaire regarding the services each agency provides. A summary of the questionnaire is attached as Exhibit E. Funds for some agencies are used for a particular program within an agency, and some funds are part of the overall budget for others. This is reflected in the first two columns of the table. The number of Manhattan Beach residents served is also reflected in the table, both current and projected for this fiscal year. Lastly the table includes the average number of hours spent on each client, and the costs per hour. Program descriptions of each public service agency are attached (Exhibit D). The Salvation Army is requesting to fund a new program called "Meals on Wheels" (program description attached), which will provide nutritious meals for senior citizens who are disabled and suffer from illnesses. Since CDBG funds for this fiscal year are already distributed among the agencies, Staff does not recommend funding this new program at this time because it would take away money from the other agencies and services. However, should the Council decide to fund this program, they can redistribute the funds at their discretion.

CONCLUSION:

Staff recommends that the City Council authorize the allocation of this general fund money to the agencies historically funded by the City. The proposed allocations are distributed in a manner that covers the costs of the Beach Cities Health District Care Management for Manhattan Beach Seniors contract provided by Jan Buike (five year contract was approved last fiscal year 2006-2007), and distributes the remaining funds to the other agencies based on the same percentages Council has deemed appropriate in the past. The proposed allocations are identified in Exhibit C. Project proposals submitted by the participating agencies are also identified in Exhibit C.

Pursuant to the attached Exhibits, Staff is recommending that the Council authorize the City Manager to enter into an Agreement with implementing the proposed exchange of funds. Exhibit A is a Resolution of the Council approving the proposed draft agreement, and authorizing the City Manager to amend the attached agreement (Exhibit B) in order to complete the exchange of CDBG funds based on the final adopted agreement between the City of Hawaiian Gardens and the City of Manhattan Beach. The public hearing for this project was properly noticed in the Beach Reporter dated January 25, 2007.

Attachments: Exhibit A - Resolution No. 6078
Exhibit B - Proposed Draft Agreement with City of Hawaiian Gardens
Exhibit C - Proposed Allocations and Agency Project Proposals
Exhibit D - Public Service Agencies Descriptions
Exhibit E - Summary of Questionnaire
Exhibit F - CDBG Exchange Funds Worksheet with Hawaiian Gardens

c: Raymond White, LA County Community Development Commission
Public Service Agencies (9)

RESOLUTION NO. 6078

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF MANHATTAN BEACH, CALIFORNIA, APPROVING AN AGREEMENT BETWEEN THE CITY OF MANHATTAN BEACH AND THE CITY OF HAWAIIAN GARDENS REGARDING THE EXCHANGE OF COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG) FUNDS FOR THE FISCAL YEAR 2007-2008

The City Council of the City of Manhattan Beach conducted a public hearing, pursuant to applicable law, on February 6, 2007 to consider the allocation of CDBG funds for Fiscal Year 2007-2008; and

The City has historically (prior to 1997-1998 fiscal year) allocated 100% of its CDBG funds to regional public service agencies pursuant to a public service waiver from the Los Angeles County Community Development Commission (CDC); and

On June 7, 2005 the City of Manhattan Beach executed a three-year Cooperation Agreement with the County of Los Angeles concerning CDBG funds for Fiscal Years 2006-2007, 2007-2008, 2008-2009; and

The use of CDBG funds is strictly limited by law; and

The City Council on February 6, 2007 authorized the City Manager to sell the City's entire CDBG allocation; and

The City Manager is authorized to cooperate with the City of Hawaiian Gardens in the exchange of CDBG funds; and

The City Manager is authorized to amend the attached agreement as necessary to complete the exchange of funds on behalf of the City of Manhattan Beach based on the final adopted agreement from The City of Hawaiian Gardens; and

The City of Manhattan has the entire CDBG allocation of approximately \$151,652 available to purchase and exchange with The City of Hawaiian Gardens; and

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF MANHATTAN BEACH, CALIFORNIA, DOES HEREBY RESOLVE, DECLARE, FIND, DETERMINE AND ORDER AS FOLLOWS.

SECTION 1. The attached CDBG Exchange of Funds Worksheet and draft agreement between the City of Manhattan Beach and the City of Hawaiian Gardens and the findings stated therein, is hereby approved, and the City Manager is authorized and directed to execute the final adopted agreement with the City of Hawaiian Gardens on behalf of the City of Manhattan Beach,

SECTION 2. Pursuant to Government Code Section 65907 and Code of Civil Procedure Section 1094.6, any action or proceeding to attack, review, set aside, void or annul this decision, or concerning any of the proceedings, acts, or determinations taken, done or made prior to such decision or to determine the reasonableness, legality or validity of any condition attached to this decision shall not be maintained by any person unless the action or proceeding is commenced within 90 days of the date of this resolution and the City Council is served within 120 days of the date of this resolution. The City Clerk shall send a certified copy of this resolution to the applicant, and if any, the appellant at the address of said person set forth in the record of the proceedings and such mailing shall constitute the notice required by Code of Civil Procedure Section 1094.6.

SECTION 3. This resolution shall take effect immediately. The City Clerk shall make this resolution readily available for public inspection within thirty (30) days of the date this resolution is adopted.

SECTION 4. The City Clerk shall certify to the adoption of this resolution and thenceforth and thereafter the same shall be in full force and effect.

PASSED, APPROVED and ADOPTED this 6th day of February, 2007.

Ayes:
Noes:
Absent:
Abstain:

Mayor, City of Manhattan Beach, California

ATTEST:

City Clerk

APPROVED AS TO FORM:

By

City Attorney

AGREEMENT

This Agreement is made on this 6th day of February 2007, by and between the City of Hawaiian Gardens, a municipal corporation, and the City of Manhattan Beach, a municipal corporation.

RECITALS

- A. The City of Manhattan Beach has executed a three-year cooperation agreement with the County of Los Angeles concerning Community Development Block Grant (CDBG) Funds for Fiscal Years 2006-2007, 2007-2008 and 2008-2009;
- B. The City of Manhattan Beach has executed a three-year reimbursable agreement with the County of Los Angeles concerning Community Development Block Grant Funds (CDBG) for Fiscal Years 2006-2007, 2007-2008, and 2008-2009;
- C. The City of Manhattan Beach will receive CDBG Funds which can be made available to the City of Hawaiian Gardens during fiscal year 2007-2008. In exchange for the assignment by the City of Hawaiian Gardens of the amount of its general funds indicated in Section 1 below, the City of Manhattan Beach is willing to assign unexpended CDBG funds to the City of Hawaiian Gardens.
- D. The two cities will enter into an agreement under which the City of Hawaiian Gardens would exchange \$98,573.80 of its general funds for approximately \$151,652 of the City of Manhattan Beach's unexpended entitlement of CDBG Funds for Fiscal Year 2007-2008.

NOW, THEREFORE, the Cities agree as follows:

1. **EXCHANGE.** The City of Manhattan Beach agrees to assign approximately one hundred fifty one thousand, six hundred fifty-two dollars and zero cents (\$151,652) of its unexpended CDBG allocation to the City of Hawaiian Gardens. In return, the City of Hawaiian Gardens agrees to assign ninety eight thousand, five hundred seventy three dollars and eighty cents (\$98,573.80) of its general funds to the City of Manhattan Beach. The exchange rate will be \$.650/1.00.
2. **CONSIDERATION.** The City of Manhattan Beach shall assign the agreed upon CDBG Funds in one lump sum payment. The City of Hawaiian Gardens shall assign the agreed upon general funds to the City of Manhattan Beach in one lump sum payment. The City of Hawaiian Garden's lump sum payment shall be due and payable 30 days after the Community Development Commission of the County of Los Angeles notifies the City of Hawaiian Gardens in writing and on its letterhead that the funds have been transferred to the City of Hawaiian Gardens unallocated funds account.

3. **BEST EFFORTS.** The City of Manhattan Beach shall use its best efforts to obtain any consent required of any other governmental or administrative agency to effectuate the assignment of approximately \$151,652 of its CDBG funds to the City of Hawaiian Gardens no later than 30 days after both cities have executed the agreement and any required documents. The City of Manhattan Beach and the City of Hawaiian Gardens shall agree to execute any and all additional documents which such agencies may request in connection with the assignment and receipt of grant.
4. **TERM.** The Agreement is effective on the date above written and for such time as is necessary for both parties to complete their mutual obligations under this Agreement.
5. **TERMINATION.** Termination of this Agreement may be made by either party so long as written notice of intent to terminate is given to the other party at least five (5) days prior to the termination.
6. **NOTICE.** Notices shall be given pursuant to this Agreement by personal service on the party to be notified, or by written notice upon such party deposited in the custody of the United States Postal Service addressed as follows:

CITY OF HAWAIIAN GARDENS
Ernesto Marquez, City Administrator
21815 Pioneer Boulevard
Hawaiian Gardens, CA 90716

CITY OF MANHATTAN BEACH
Geoff Dolan, City Manager
1400 Highland Avenue
Manhattan Beach, CA 90266

7. **GOVERNING LAW.** This Agreement shall be governed by the laws of the State of California.

IN WITNESS WHEREOF, the parties have executed this Agreement the 6th day of February 2007.

CITY OF HAWAIIAN GARDENS:

CITY OF MANHATTAN BEACH:

Ernesto Marquez, City Administrator

Geoff Dolan, City Manager

ATTEST:

ATTEST:

Sue Underwood, City Clerk

Liza Tamura, City Clerk

APPROVED AS TO FORM:

By _____

City Attorney

Public Service Agency	Final Allocation FY 2006-2007	Percentage of Total Allocation	Estimated Allocation FY 2007-2008	Requested Funding
Care Management for Manhattan Beach Seniors (Service provided by Jan Buike)	36,125.00	NA	37,315.00	37,315.00
1736 Family Crisis Center	21,050.16	34%	20,649.04	53,000.00
South Bay Family Healthcare Center	15,875.33	25%	15,572.82	25,000.00
South Bay Center for Counseling	13,156.35	21%	12,905.65	20,810.00
South Bay Youth Project	4,648.58	7%	4,560.00	9,310.00
The Salvation Army-Operation Sunshine	3,069.81	5%	3,011.32	6,000.00
The Salvation Army-Meals on Wheels	0	0%	0	5,000.00
Project Touch	2,192.72	4%	2,150.94	4,678.00
Wellness Community	1,227.93	2%	1,204.53	1,800.00
South Bay Adult Care Center	1,227.93	2%	1,204.53	3,000.00
Totals	98,573.81	100%	98,573.81	

CARE MANAGEMENT FOR MANHATTAN BEACH SENIORS

Program Description and References

The Care Management for Manhattan Beach Seniors program provides assistance in obtaining services that help to promote and maintain the optimum level of functioning. The goal of the Care Management program is to assist seniors to access services enabling them to live in the safest and least restrictive environment possible, reducing the possibility of inappropriate institutionalization. The Manhattan Beach Care Manager works with disabled adults and seniors age 60 or older who are at the most risk for physical, mental and/or functional impairment.

Clients for Care Management come through a number of referral sources. Because the Care Manager regularly attends the meetings of the two senior clubs in Manhattan Beach, she is able to establish a relationship with many of the attendees and is able to notice changes in appearance or behavior that may signify a decreasing ability to manage activities of daily living. She is able to approach the senior to initiate intervention.

Referrals also come from family members, neighbors, hospital discharge planners, and other social service providers. A strong relationship with the Manhattan Beach Police and Fire Departments has resulted in those most vulnerable and isolated to be identified and assistance offered where appropriate. The Care Manager has been able to provide linkages to services that help in reducing repeat calls to the paramedics because of living situations rather than emergency medical needs. The Care Manager assists the Police Department in maintaining a Memory Impaired File. Other City employees utilize the Care Manager when they encounter seniors and/or disabled who could benefit from increased support.

Care Management begins with an in-home assessment. To develop a care management plan, the Care Manager evaluates an individual's physical environment, psychological and social needs. A comprehensive assessment of a person's capacities, resources, and attributes is needed in understanding the problems, needs, resources and strengths of an older person to develop a plan of care. With the input of the individual and based upon the individualized needs, the Manhattan Beach Care Manager develops a care plan that may include: referrals to community resources such as Meals on Wheels, transportation, or public benefits; co-ordination and arrangement of in-home help; home safety assessments with recommendations for improvements; collaboration with community agencies to provide support groups and activities; and increased socialization through Beach Cities Health District programs such as Friend to Friend, Peer Counseling and Errand Volunteers. The Care Manager assists the individual in accessing the appropriate services and provides regular follow-up. In Fiscal Year 2005-2006 the Manhattan Beach Care Manager worked with 239 senior and adult disabled residents of Manhattan Beach. Eighty percent (80%) of these clients



CARE MANAGEMENT FOR MANHATTAN BEACH SENIORS

met the verified low and moderate-income criteria. Thus far, this program year, she has worked with 206 clients.

In addition to providing the direct assessment and linkage service to the seniors and disabled Manhattan Beach residents, the Manhattan Beach Care Manager is a member of several coalitions that directly benefit the residents of Manhattan Beach. She is an original member and is now a Board Member of the KEEP-SAFE Coalition, a coalition of social service providers, law enforcement, and financial institutions that provides training and education for seniors to prevent financial abuse and exploitation. After establishing a relationship with the faith community as part of the KEEP-CARING Coalition, she continues to participate in the Parish Nurse quarterly meetings to maintain and strengthen the relationship between social service providers and the faith community, increasing the knowledge of community resources. The Manhattan Beach Rotary Club's Rotary CARES program has provided housing rehabilitation to senior clients of the Care Manager. She also staffs Beach Cities Health District's Friend to Friend program where trained volunteers provide weekly visits to lonely, isolated seniors and disabled residents of the community.

References:

Dennis Groat, Fire Chief, City of Manhattan Beach, (310) 802-5202

Karen Liebig, Julius Sumner Miller Foundation and KEEP-SAFE, (310) 320-8291

Tim Lilligren, (310) 545-6891(h) and (310) 798-4382 (w).



RECEIVED
CITY OF MANHATTAN BEACH

JAN 09 2007

January 8, 2007

Mayor Nicolas W. Tell, Jr. and Members of the City Council
City of Manhattan Beach
1400 Highland Avenue
Manhattan Beach, CA 90266

Dear Mayor Tell and Members of the City Council:

On behalf of the entire Center, please accept my sincerest thanks for the City's many years of unwavering support to help 1736 Family Crisis Center keep its doors open 24 hours a day in service to local residents.

Since its beginnings in 1972 as "1736 House," 1736 Family Crisis Center has grown to operate four shelters for battered women and their children, two shelters for runaway and homeless adolescents, two Community Service Centers offering non-residential services, four 24-hour hotlines, and ancillary programs designed to help our neediest community members.

Manhattan Beach's support of 1736 Family Crisis Center is extremely important to our ability to keep our doors open 24 hours a day, 365 days a year, providing services that South Bay residents, including those of Manhattan Beach, so urgently need. We are hopeful that the City will continue to provide generous support as it has in the past. To that end, please find enclosed our proposal requesting an allocation of \$53,000 for fiscal year 2007/2008.

To each of you personally, and to the City of Manhattan Beach as a whole, thank you for your continuous and strong commitment to our programs. I would like to extend an open invitation to the council members to tour our Center. I think you would be as proud as we are of the good work your dollars do for so many people.

Our best wishes.

Sincerely,

Carol A. Adelkoff
Executive Director

24 Hour Hotlines: (310) 379-3620 (310) 370-5902 (213) 745-6434 (562) 388-7652 www.1736familycrisiscenter.org

2116 Arlington Avenue, Suite 200, Los Angeles, California 90018 (323) 737-3900 fax: (323) 737-3993
 Service sites in Los Angeles, Redondo Beach, Long Beach, Hermosa Beach, and Torrance

**1736 FAMILY CRISIS CENTER
PROPOSAL TO THE CITY OF MANHATTAN BEACH**

Overview. Since 1972, 1736 Family Crisis Center (1736 FCC) has provided critical services to battered women and their children, runaway and homeless teens, adults, children and families in crisis in the South Bay. 1736 FCC offers comprehensive, nonjudgmental support, with effective, and often life-saving intervention. Some clients might need a bed, food, clothing, counseling, and comprehensive case management in one of our shelters. Others might need comprehensive case management and counseling in our outpatient clinic, emergency 24-hour telephone hotline response to prevent a suicide or other crisis, 24-hour in-person emergency room response, or other immediate emergency assistance. 1736 FCC's commitment is to never turn away an individual in need and to provide the maximum level of care for long-term safety and stability. Through this proposal, 1736 FCC respectfully requests a grant of \$53,000 from the City of Manhattan Beach's CDBG allocation.

CDBG Objectives. Services offered under this proposal will meet CDBG objectives. 1) Services will be provided to Manhattan Beach residents meeting verified low and moderate income criteria as established by the U.S. Department of Housing and Urban Development; more than 51% of clients served will meet these criteria (by federal definition, domestic violence victims and child abuse victims are considered low-income). 2) Services will aid in elimination of blight by reducing truancy, homelessness, and community violence. 3) Services will meet urgent community development needs by providing life-saving emergency and transitional shelter to homeless battered women and their children and runaway/homeless youth, as well as non-residential counseling and 24-hour hotline response to Manhattan Beach residents.

Program Descriptions. Manhattan Beach residents can access any of 1736 FCC's programs to obtain shelter, counseling, case management, and referrals associated with spousal abuse, child abuse, and other crises. These programs include:

Emergency Adolescent Shelter: This program offers a two-week stay and comprehensive supportive services (counseling, case management, life skills training, consequences of high-risk behaviors, etc.) to runaway and homeless boys and girls, ages 10 through 17, with 24-hour intake. The primary goals of this program are to facilitate family reunification, when safe and possible, or arrange for other safe post-shelter placement and to provide teenagers with the tools they need to redirect their lives into productive avenues. Approximately 50% of youth served in this shelter run from homes in which there is domestic violence, and nearly all have experienced abuse. The shelter is licensed by the California Community Care Licensing Division.

Four Domestic Violence Shelters: Confidentially located in three local cities, these shelters offer 128 beds providing emergency and transitional care ranging from one month to two years, free of charge to clients. Services include comprehensive counseling and case management, job development and placement, life skills training, parenting education, a specialized children's program, household establishment assistance, and ancillary services to help battered women and their children (boys and girls ages birth through 17) establish safe, self-sufficient lifestyles. Post-shelter support services include counseling, case management, and ongoing ancillary support to help clients maintain their achievements through the years.

Two Community Service Centers: For persons not requiring acute shelter care, these outpatient centers offer comprehensive case management and counseling to families, adults, and children in need, regardless of ability to pay. In addition to services provided to clients at its Torrance facility, 1736 FCC staff also provide 24-hour response to battered women presenting in local emergency rooms (Little

Company of Mary, Torrance Memorial, and others). Response can be in person or by telephone, as desired by the client, to provide counseling and referrals (including intake into 1736 FCC shelters if appropriate); this program is part of the CAVA collaborative. The Community Service Centers are certified by the L.A. County Department of Mental Health to provide Early Prevention, Screening, Detection and Treatment services to low-income children and their families.

24-Hour Hotline and Drop-In Program: Four 24-hour crisis hotlines provide round-the-clock professional help to several thousand callers each year, assisting with issues such as suicidality, child abuse, domestic violence, need for referrals, shelter intake, and other assistance. The Drop-In Program offers individuals places to go to receive counseling, referrals, bus tokens, and other needed assistance from our trained staff.

Welfare-to-Work Services: This extremely successful program component provides a comprehensive continuum of services for eligible battered women designed to overcome barriers to employment and link them with concrete jobs suited to their experience and employment goals. The program provides comprehensive supportive services by 1736 FCC staff (e.g., case management, counseling, life skills training, resume preparation, juggling work and home life, etc.), free legal services through subcontract with the Harriett Buhai Center for Family Law, and education support for continuing education, technical training, etc., by linking women to national scholarships designed for this purpose. The program also works with employers to educate and provide support in an effort to make employment settings friendlier for battered women, who are often penalized by losing their jobs as a result of batterer harassment or the need to take time off work to manage legal, medical or children care matters. The program has placed more than 200 women in jobs of their choice. While our very successful Department of Labor five-year contract has come to a planned completion, we have integrated our most successful practices to help people get and keep good jobs.

Community Education and Outreach: This program offers educational outreach services to schools, churches, businesses, other service providers, clubs, and other groups.

References. References include, but are not limited to, the City of Manhattan Beach and the City of Redondo Beach.

Ability to Execute Certified City Contract. 1736 FCC has 35 years of experience in managing private and public funds (federal, state, county, and city), including many years of successful provision of services in agreement with the City of Manhattan Beach. Our programs are strategically developed and overseen by a volunteer Board of Directors with expertise in a variety of areas (e.g., human resources, legal, etc.). Services are provided by more than 130 full-time, part-time, and on-call professionals, highly trained paraprofessionals, and master's-level interns, all working under the supervision of licensed mental health professionals. Close to 200 volunteers enhance services in a variety of capacities. 1736 FCC maintains a strong staff training program, including 40 hours of domestic violence training mandated by the State of California, extensive training as required by the Community Care Licensing Division, and First Aid/CPR training for all direct service staff. 1736 FCC's programs have success rates ranging from 85% to 95%, as measured by clients establishing the goals they have set for themselves at intake, and by moving toward permanent safe self-sufficiency. 1736 FCC is fully able to execute a certified City of Manhattan Beach contract.

**ENSURING ACCESS TO HIGH-QUALITY DENTAL CARE
A PROPOSAL TO THE CITY OF MANHATTAN BEACH
ON BEHALF OF SOUTH BAY FAMILY HEALTHCARE CENTER**

South Bay Family Healthcare Center (SBFHC) is grateful to the City of Manhattan Beach for its generous past support through a Community Development Block Grant, which has helped to ensure that low-income residents of Manhattan Beach have access to critical dental care services, regardless of their ability to pay.

At this time, SBFHC respectfully requests a Community Development Block Grant (CDBG) from the City of Manhattan Beach to continue to provide dental visits to low-income, uninsured and underinsured Manhattan Beach residents. Specifically, SBFHC provides care to Manhattan Beach residents through our clinic located at 2114 Artesia Boulevard, Redondo Beach, California 90278.

RESPONDING TO URGENT COMMUNITY NEED: Oral health is an essential aspect of overall health and well-being. Oral diseases and other conditions of the mouth including tooth decay, gum disease, oral cancer and tooth loss are among the most prevalent of all chronic health conditions. According to the U.S. Surgeon General's report on oral health in America for 2000, most adults show signs of periodontal or gingival disease.

Low-income residents of Manhattan Beach face many of the challenges inherent in urban settings, including overcrowded living conditions, substandard housing, high rates of under- and unemployment, and low levels of adult literacy and formal education. While real estate prices are typically high — leading to perceptions of Manhattan Beach as a wealthy community — data compiled in 2003 by the United Way of Greater Los Angeles for Manhattan Beach (zip codes 90277 and 90278) reveals that approximately four in every 100 residents live below the federal poverty level, and many others, while not below poverty, live on low or very low incomes. The city is also diverse, with more than one in ten residents from minority communities.

Many such low-income and minority residents in Manhattan Beach lack the resources and dental education they need to practice proper oral hygiene — and lack dental insurance and alternative resources for care. Combined, these factors often result in numerous, compounded dental problems by the time our patients turn to us. Furthermore, inadequate oral hygiene and/or inadequate access to needed care can result in or exacerbate other conditions, including diabetes, and can increase the risk for premature birth among pregnant women.

To help serve this critical need for dental care for low-income residents of Manhattan Beach and the greater South Bay, SBFHC began providing essential dental services to our patients in the 1970s. With the opening of our 8,300-square-foot Redondo Beach clinic in 1999, we doubled the number of dental operatories available. The Redondo Beach dental clinic is the primary location for services to patients drawn from Manhattan Beach.

Apart from the dental services we provide, only two other organizations — Assistance League of San Pedro and South Bay Children's Health Center — offer free and low-cost dental care to Manhattan Beach residents. The former is much more distance, reducing access, and the latter serves only children.

MEETING CDBG OBJECTIVES: For nearly 40 years, SBFHC has continued to provide critical healthcare services to low-income residents of the greater South Bay and Harbor Gateway communities, including Manhattan Beach, regardless of the patient's ability to pay. To ensure that we are reaching those most in need, SBFHC verifies client eligibility by requiring address information and copies of paycheck stubs, W-4s or social security or unemployment checks, confirming Manhattan Beach residence and income level.

In fiscal year 2005-06, SBFHC provided more than 47,000 patient visits, including more than 2,100 dental visits, to patients at all of our clinic locations combined. Our dental program served 1,040 patients, including 200 Manhattan Beach residents all of whom are designated as low-income.

PROGRAM DESCRIPTION AND REFERENCES: SBFHC's dental care services provide significant oral health benefits to Manhattan Beach patients. The overarching goal of SBFHC's dental services is to ensure the continued health and well-being of our patients by preventing and addressing oral health problems. Dental services are available by appointment at our Redondo Beach clinic on Monday, Wednesday and Friday from 8:00 a.m. until 4:30 p.m., Tuesdays

and Thursdays from 10:00 a.m. until 7:30 p.m. and on Saturdays from 7:30 a.m. until noon. Dental patients from Manhattan Beach will receive care based on our dental clinic's procedures and protocols for all visits, including:

- Most visits for first-time dental patients last 45 minutes, and include a full set of oral x-rays and a thorough oral examination. During this examination, one of SBFHC's dentists assesses the patient's dental health needs and prescribes any needed care.
- Dentists also provide oral health education during each visit. Educational topics include prevention of dental disease and appropriate dental hygiene. Additional information specific to the needs of special patients — such as the link between diabetes and periodontal disease — is also provided. Patients receive written materials available in both Spanish and English.
- Based on this initial oral visit, approximately 80 percent of dental patients are found to require cleaning or care, and are scheduled for a follow-up treatment appointment to address their oral health concerns. Services, provided during subsequent visits by one of our fully qualified dentists, include the full scope of primary dental care, including cleanings, fillings for cavities, repair of capped teeth, and tooth extractions. (*Excluding patients who return for a cleaning only, approximately 75 percent of patients require some form of treatment.*)
- If the dentist detects a dental health issue that we cannot address in-house, such as the need for orthodontic or periodontal care, the patient is referred to a facility that can provide these advanced dental services.
- After any initial presenting problems have been treated, patients are encouraged to return for an annual check-up and cleaning. During these yearly visits, dentists identify any emerging needs for care, and schedule patients for such care appropriately.
- Patients are also asked to contact us at any time if they experience oral pain or other dental health problems between annual visits.

Dental services are provided by our two fully certified dentists, with the support of appropriately trained dental assistants. **Azita Shahriarpour, D.D.S** has worked as a dentist for SBFHC since October 2006, and is licensed by the California Board of Dentistry. She earned her D.D.S. from the University of Southern California in 2000. **Tahani Garguri, D.D.S.** has worked as a dentist at SBFHC since 2002 and is licensed by the California Board of Dentistry. She earned her D.D.S. from Garyounis University in Behghazi, Libya. In addition to their clinical qualifications, our dental clinics' staff is capable of meeting the cultural and linguistic needs of our patients. All of our dental assistants are fluent in both English and Spanish. Dr. Shahriarpour speaks fluent English and Farsi, as well as basic Spanish, and Dr. Garguri is fluent in English, Spanish and Farsi. In addition, the majority of our staff and many of our volunteer corps — including all appointment schedulers, receptionists and intake workers — are bilingual in English/Spanish.

Other agencies and organizations SBFHC works with regularly and who could provide a reference attesting to our high-quality work include, among many others, Beach Cities Health District, City of Carson, City of Redondo Beach, Western Regional Center, Little Company of Mary Hospital and Good Samaritan Hospital.

INFORMATION FORM: See attached. The total budget for our dental services for Manhattan Beach residents totals \$68,181. We have attached the required information form for your review. We anticipate serving 166 Manhattan Beach residents in 2007-2008. The average number of hours spent annually per Manhattan Beach resident is 2.25 at a cost of \$150 per hour. SBFHC requests support from the City of Manhattan Beach through a Community Development Block Grant in the amount of \$25,000 toward dental services for Manhattan Beach residents.

ABILITY TO EXECUTIVE CERTIFIED CITY CONTRACT: SBFHC is fully able to executive a certified contract from the City of Manhattan Beach. We are currently providing services under a prior contract with the city.

CONCLUSION: SBFHC requests the City of Manhattan Beach's renewed support through a Community Development Block Grant in the amount of \$25,000 toward dental care services for low-income, uninsured Manhattan Beach residents. Your support will help ensure that we can continue to address the significant oral healthcare needs of medically indigent adults living in Manhattan Beach. Without the essential dental services we provide, these individuals would not have access to the dental care they need. They would thus be at risk for serious dental problems, as well as for a variety of serious complications related to poor oral health. Thank you for your consideration of our request.

Agency Profile

South Bay Center for Counseling (SBCC) is an incorporated, tax exempt, private, non-profit mental health organization that has provided community mental health services to the city of Manhattan Beach since its foundation in 1973. The founders, a group of mental health professionals, saw the need for quality, low cost mental health services for a population unable to afford private treatment within the South Bay area.

Located in El Segundo at the LAX Business Center site, SBCC is committed to providing services to everyone who seeks assistance. Services provided include: individual, conjoint and family counseling, parent support/education groups, adolescent groups, school-based counseling, case management, and economic development to assist families to become self-sufficient. In order to meet the mental health needs of low and moderate income individuals, SBCC uses a sliding scale fee rate for services based on the client's ability to pay. SBCC's goal has been to offer a wide variety of services to adults, adolescents, children and families. Moreover, its original philosophy, "to respond to community wide needs with community wide approaches", set in motion an evolutionary approach to the provision of community mental health services. This methodology has resulted in the creation of multiple mental health care programs with a total budget of approximately \$3,800,000.

SBCC has a successful history working with the City of Manhattan and has been funded for many years. Last year, SBCC's CDBG allocation totaled \$13,156.35. SBCC is seeking to increase our present level of community service with the aide of the CDBG. In the 2007-2008 fiscal year SBCC is requesting \$20,810 due to an increase in demand for psychotherapy and social service. The funding will be used in the programs that are most frequently utilized by the low to moderate income residents, as well as, other members of the Manhattan Beach community. These programs are the Counseling Services Program, Parents and Children Together Program, and the Beach Cities Health District Children's Program.

The Counseling Services Program

The Counseling Services Program provides low cost therapy to individuals, groups, children and families. The Counseling Services Program is open Monday through Thursday from 9 a.m. to 9 p.m., Fridays from 9 a.m. to 5 p.m. and Saturdays from 9 a.m. to 2 p.m. In crisis situations, clients have telephone access to counselors on a 24-hour basis, including holidays. In essence, the Counseling Services Program provides an ongoing service to our clientele, 24 hours a day, 365 days a year.

The Counseling Services Program provides services to the working class, lower and middle socioeconomic groups as well as the impoverished. Documentation of all clientele in this program is based upon a request for INCOME VERIFICATION. The Counseling Services Program provides mental health services for children, families and adults. Individual treatment may include several types of interventions that range from social networking to dynamic long-term psychotherapy. A single case may include self-help groups, employment setting analysis, behavioral environmental analysis, personality and intellectual assessment and/or referrals for the prescription of psychotropic medication. Many low to moderate income residents need assistance in accessing the social service bureaucracy and that assistance becomes part of the overall treatment plan.

Parents and Children Together Program (formerly known as the Diagnostic & Treatment Program)

In 1983, in response to a request from Detective Jim Noble of the Manhattan Beach Police Department, the Los Angeles County Sheriff's Child Abuse Task Force, and distraught parents of alleged child sexual abuse victims from preschools closed by State Licensing, SBCC created the Diagnostic and Treatment Program for child abuse. Our program became the primary management site for this enormous community crisis. Initially focused on cases of child sexual abuse, the Program now includes cases of child neglect, physical abuse and family violence. The Parents and Children Together Program serves a diverse population of approximately 350 children, adults and families each year. Services are provided to low and moderate income residents of Manhattan Beach as well as all other residents.

Documentation of all clientele in this program is based upon a request for INCOME VERIFICATION. The PACT Program for Child Abuse is a direct service program providing comprehensive prevention and intervention services to at-risk children and families. Services include short-term and long-term counseling, home-based support, parenting classes, group counseling, school-based counseling, substance abuse prevention/intervention for adolescents, and case management. Referrals to the program come from the Department of Children Services, law enforcement, schools, medical field, courts, therapists, private agencies, and former and current clients.

Beach Cities Health District Children's Program

The Children's Program located at a satellite office in Redondo Beach provides comprehensive screenings and assisted referrals to families with children and pregnant women. Intake interviews screen families for financial need as well as assessing a family's psycho-social and/or medical needs. Referrals to the appropriate medical or mental health services are given and funding is secured. The program is charged with serving over 500 families a year.

Documentation of all clientele in this program is based upon a request for INCOME VERIFICATION. Families with inadequate or no health insurance and with a child or pregnancy in the household are the target population. The Children's Program has service agreements with established non-profit and private practitioners which can provide prenatal care and delivery, pediatric care, dental care, urgent care for parents, prescription reimbursements, therapy for developmental lags, counseling services, parent education, caregiver education, respite care and some childcare.

Program Management

In the Counseling Services Program and Parents and Children Together Program each client is requested to provide the following information and documentation:

- | | |
|--|---|
| 1) Name, address, telephone and ethnicity. | 4) Emergency Contact |
| 2) Proof of income | 5) Intake/information Packet |
| 3) Proof of residency | 6) Client progress notes for each session |

Proposal Summary

For fiscal year 2007-2008 SBCC is requesting \$20,810 as shown in the program information form. This request is for a fraction of the funds necessary to support our services to the residents of Manhattan Beach. The agency will seek additional sources of funding to cover the remaining costs. This funding allocation will be used for direct services (\$6,139) and to supplement the salaries of the Clinical Director (\$1,597), Administrative Director (\$700) and Accounting Assistant (\$200). Funding will be used in non-administrative activities as well: (\$7,180) for agency space, (\$1,873) for equipment and supplies, (\$1,349) for insurance, (\$825) for telephone, (\$300) for printing, and (\$647) for maintenance and janitorial expenses.

Direct services will include: adult/child individual counseling, family, conjoint, couples and group counseling. In addition, SBCC has a new program available that is designed to address early substance use among adolescents (ages 13-19). The main objective is to provide a safe and supportive environment for teens to explore their current participation and/or experimentation with alcohol or drugs in a group format. Residents of Manhattan Beach will have access to all these services and a menu of social services including economic development, job training, and youth enrichment.

Not only does SBCC far exceed income requirements of the Community Development Block Grant program, but unique to other South Bay non-profit social service organizations, South Bay Center for Counseling has the ability to offer home-based services and economic development. The South Bay Center for Counseling is unquestionably an excellent candidate for the Manhattan Beach Community Block Grant funding.

***SOUTH BAY YOUTH PROJECT
MANHATTAN BEACH COMMUNITY DEVELOPMENT
BLOCK GRANT
PROPOSED PROGRAM SERVICES***

The goal of the South Bay Youth Project's Child Abuse Counseling Program is to provide counseling services to 30 abused children (and their parents) who are residents of Manhattan Beach. As is required, this program will target low and moderate income families living in Manhattan Beach.

Although many of the children in Manhattan Beach come from affluent homes, others come from impoverished families. However, one specific target population, children who have been neglected and/or abused physically, sexually, and emotionally, unfortunately, have not received adequate counseling services. Each of these forms of abuse can be found among school-age children. The South Bay Youth Project, in partnership with the Manhattan Beach Unified School District, has created Student Study Teams to help identify children in need. These teams provide an exceptional mechanism for identifying abused children and linking them up with the resources they need. The Manhattan Beach Unified School District has implemented student study teams throughout all of their schools (K-12).

The Student Study Team serves as the intervention tool for the entire Student Assistance Program. Through this intervention, school staff identifies students who are exhibiting "high risk" behavior and refer them to a Student Study Team. After three referrals from faculty and/or staff reflecting a concern about a particular student, a student study team is called. A Project counselor, with an expertise in mental health issues including abuse issues, is assigned to this team along with the student's school counselor, administrator, teacher, and study team coordinator. This team meets with the family and student and attempts to problem solve their issues, and then refers the family to appropriate school-based programs and/or community resources.

When the team identifies a child with abuse issues, they will refer the family to the South Bay Youth Project for counseling services. The Project will provide each family with a minimum of 15 counseling sessions.

The number of clients served will be documented by use of the client log. Provision of treatment services will be documented by use of the client log, monthly service summaries, and monthly invoices.

Our staff will track each client to ensure that they successfully completed their specific program. Successful completion of a program is defined as the mutual agreement to terminate services by all parties concerned: school staff, police, DCFS, South Bay Youth Project counselor, student and family. We will also conduct a therapy evaluation for each family questionnaire for each family that received Project services.

Since 1975, the South Bay Youth Project has been providing services to at-risk youth and their families in the cities of Manhattan Beach, Hermosa Beach, Redondo Beach, Rancho Palos Verdes, Palos Verdes Estates, Rolling Hills, Rolling Hills Estates, El Segundo and Lomita. The City of Redondo Beach serves as the proponent city for the purpose of grants administration.

In 2006 the South Bay Youth Project provided services to 773 Manhattan Beach families (please see 2006 Referral Report attached).

Since its inception, the Project has targeted its programs to serve the low and moderate income families in the South Bay Community. The Project has always offered a sliding fee schedule to every client that has accessed any of our services. However, it is our philosophy and policy to not deny any service if a family in need cannot afford to contribute toward the payment of services.

All of South Bay Youth Project's therapists are licensed professionals. Because of the Project's commitment to timely and quality services, no one has ever been placed on a waiting list, nor have we ever refused services to anyone.

References:

Dr. Beverly Rohrer, Superintendent, Manhattan Beach Unified School District, 310-318-7345 x5900

Lauren Nakano, Director - Community Based Services, Beach Cities Health District 310-374-3426 x115

**THE SALVATION ARMY REDONDO BEACH CORPS
MEALS-ON-WHEELS PROGRAM
HISTORY**

In May 1972, The Meals-On-Wheels Program began in the South Bay. The Salvation Army's Advisory Board had shown an interest in such a program for several years. We designed the Program to provide hot meals for people who, because of age and/or infirmities, could not prepare meals for themselves. The Advisory Board decided that The Salvation Army's Redondo Beach Corps would be the logical organization to be the umbrella under which the various organizations could provide this service to the area. The Program was designed to cover the Cities of Redondo Beach, Hermosa Beach, Manhattan Beach, and the western portion of Torrance. The Program previously operated in various South Bay communities under a variety of sponsorship--sometimes a church, sometimes a service club.

The Advisory Board designated Dr. W. Earl Brown to develop plans for such a service, put them into operation, and give leadership and direction to the project. Thus began a program that occupied Dr. Brown's life until his retirement 11 years later. Countless South Bay citizens and organizations have found a new avenue of enrichment, and a new purpose in life through this Program. Since its inception, there have been trials and tribulations, successes and failures, and a constant dedicated group of Volunteers without whom the Program would not run smoothly.

The number of clients has steadily grown. Last year we served 192 clients, of which 107 were Redondo Beach residents. In the Cities of Redondo Beach, Manhattan Beach, and Hermosa Beach, we serve approximately 140 clients daily. An average of clients in other areas is: Lawndale (17 -- no frozen meals), Palos Verdes (14 + 2 frozen meals), and West Torrance (14 + 8 frozen meals). Client referrals come from area hospitals, physicians, caseworkers, family members, volunteers, and other community information groups.

Staff and volunteers prepare and assemble the meals in our state-of-the-art kitchen five days a week. Meals include meat, potato or pasta, vegetable, salad, fruit, bread, butter, and dessert. Volunteer drivers deliver the meals to the clients between the hours of 10:00 AM and 1:30 PM. They deliver the hot food "hot," and the cold food "cold." We charge a fee of \$3 per meal; however, when a resident is unable to pay, the meals are delivered without charge. When clients request meals for the weekends, we have frozen meals available for reheating, which are delivered with the client's regular meal on Friday.

We are able to monitor and evaluate the Program by personal follow-up through telephone contact and visits by staff, volunteers, clients, relatives, and friends.

One of our most heartwarming traditions has been the complimentary dinners delivered to the clients on Thanksgiving and Christmas. We serve these dinners not only to the Meals-On-Wheels' clients, but also to any elderly resident in the community who would not otherwise enjoy nourishing meals on these holidays.

The Annual Volunteer Recognition Day Dinner is a special event held each year on the anniversary of the founding of the Program. Not only do volunteers from the women's and men's service clubs participate in the Program, but there are students and teachers from Mira Costa High School, and various retired individuals. Many local business organizations send us their surplus products.

The volunteers work approximately 3 hours per day, 260 days per year. Some volunteers serve one day a week, and others serve more often. Anyone interested in becoming a volunteer, in a very worthwhile Program, may call us at 318-2827.

The Meals-On-Wheels Program is a valuable asset to the residents of the Beach Cities. With our relocation to the new facility, we anticipate a greatly enhanced Program serving an even larger population. This Program is very vital to the welfare our of ever aging, fragile senior citizens, as well as those suffering from HIV/AIDS and other debilitating diseases. Good nutrition is essential for these people to maintain their well being, and to continue to live independently rather than being pushed into an institution. If everyone works together, The Salvation Army will reach its goal, to have healthy senior citizens in the South Bay.

YOUTH IN TRANSITION

A program for Presumed At-Risk Youth
and their families in the
City of Manhattan Beach Community
to be provided in 2007-2008
by
PROJECTtouch

Submitted by: Amanda MacLennan, Executive Director
PROJECTtouch
710 Pier Avenue
Hermosa Beach, California 90254

Telephone: (310) 379-5206
Fax: (310) 379-9267
Email: ptouch@earthlink.net

PROJECTtouch is a community-based non-profit corporation that was founded in 1974. We provide counseling, education and flexible intervention services to at-risk youth and their families. We are based in the South Bay of Los Angeles County and serve clients from all surrounding communities.

The mission of ***PROJECTtouch*** is to provide a supportive environment in which teens and pre-teens can strengthen their self-understanding, build self-esteem, and develop positive attitudes and lifestyles before behavior becomes destructive. In addition to crisis intervention and individual, group and family counseling, ***PROJECTtouch*** offers educational and social enrichment programs, support groups, adventure-based counseling and other services essential to successful individual and family development.

During its thirty-three year history, ***PROJECTtouch*** has offered services to youth and their families that have proven to be low-cost alternatives to hospitalization, foster care and other placements outside the home.

PROJECTtouch proposes to continue its emphasis on at-risk/challenged **YOUTH IN TRANSITION** services for Manhattan Beach youth and families that we have provided since 1974. ***PROJECTtouch*** counselor(s) are onsite at Mira Costa twice weekly to run the ACE, Alternative Classroom Education groups. This program is very successful and has been expanded due to identified student needs. IN addition to Mira Costa, ***PROJECTtouch*** serves many Manhattan Beach youth and their families through our once-weekly counseling/socialization program. These are very cost effective programs, considering that the youth receive an average of 3 hours of service per week.

Client eligibility is determined through an extensive intake and interview process by our clinical director. Residency is verified through Drivers License or utility bill,, and income documentation is required.

The average description of the highest risk or challenged **YOUTH IN TRANSITION** living in Manhattan Beach is: a 16 year old with a learning disability and poor social skills (severe shyness, awkward communication with both peers and adults).

He/she was referred to the program by the school district, he/she is living with a single mother who is in recovery of a substance abuse addiction, and the weekly psycho-social, dinner and recreation activity followed by counseling has become his/her extended family involvement.

Without this weekly support offered by **PROJECTtouch**, he/she could easily become a victim of negative peer pressure that could lead to criminal behavior. This, in the long run, would cost the Manhattan Beach community greatly.


SERVICE

MANHATTAN BEACH RESIDENTS

- | | |
|---|-----------------------|
| 1. Twice-weekly Alternative Classroom Education (A.C.E.) Groups with a PROJECTtouch counselor for students at Mira Costa High School and individual counseling as needed. | 22 to 40 youth |
| 2. Once-weekly 3-hour Counseling/Socialization | 10 to 15 youth |
| 3. School Attendance Review Board (S.A.R.B.) – PROJECTtouch staff | 15 to 25 youth |
| TOTAL | 47 to 80 youth |

The effectiveness of **PROJECTtouch** is directly related to its “open end” service philosophy, which puts no arbitrary boundary on the time it takes to create behavior change, trust and coping skills within an individual participant. The average length of stay in the program by at-risk youth is one year. But, an average always indicates some shorter or longer attendance. Participants are welcome to stay as long as it takes to achieve the desired outcome.

The **PROJECTtouch** program meets CDBG objectives by enhancing the suitable living environment for low and moderate income youth through activities which aid in the prevention or elimination of blight. We teach the young people the skills necessary to become responsible members of the community and encourage their commitment to respect and maintain the quality of life.



**City of Manhattan Beach Grant Application
The Wellness Community – South Bay Cities
2007 - 2008**

The Wellness Community – South Bay Cities respectfully requests a grant in the amount of \$1,800 from the City of Manhattan Beach to continue and expand our on and off-site program of *free* psychological, emotional and social support for cancer patients and their loved ones.

New treatments for cancer and earlier diagnosis have enabled millions of people affected by cancer to live with their disease, much like other chronic diseases. However, emotional issues continue to affect their life during and after treatment. These emotional issues are addressed on an ongoing basis in our *free* professionally facilitated program at The Wellness Community. Our goal is to enhance the lives of everyone affected by cancer, giving them a better quality of life.

Cancer patients and their families who come to The Wellness Community – South Bay Cities find a comprehensive program, available nowhere else in the South Bay. Evidence based research, conducted by The Wellness Community National, shows that support groups and educational programs do reduce stress, improve quality of life and enhance immune function. These improvements help the cancer patient live well with cancer.

Our Mission

The mission of The Wellness Community is to help people affected by cancer enhance their health and well-being through participation in a professional program of emotional support, education and hope. All of our programs are *free* and facilitated by licensed psychotherapists trained in The Wellness Community philosophy. We feel that those who participate in their recovery, along with their healthcare team will improve their quality of life and may enhance the possibility of recovery. The Wellness Community uses the Patient Active© model which provides tools and awareness to newly diagnosed and long term survivors - both patients and loved ones. This process enforces that survivors are not alone and that they are the experts on their cancer and experience.

Our History in the South Bay Community

The Wellness Community – South Bay Cities opened in 1987. The money to open this facility was raised by a group of concerned South Bay residents who saw the need to provide emotional support to those with cancer. In 1987, people didn't talk openly about cancer and there was a dreaded stigma attached to the disease. The Wellness Community was eagerly accepted in the community and the program was a success from inception. As we enter our 20th year of serving the diverse population of the South Bay, we are proud to have served over 30,000 people from all ethnic backgrounds through over 250,000 visits to our on and off-site programs.

Our programs are all completely *free* of charge. They are funded through the generosity of corporations, foundations, individual donations, fundraising events and grants. The program is the most comprehensive of its kind, offered in 22 Wellness Communities nationally, with all groups led by professionally *licensed* psychotherapists.

Our program is supported by a full-time staff of 3 along with a part-time staff of 13, 3 part-time interns and over 90+ devoted volunteers. Our 18 member Board of Directors is comprised of local residents and business leaders. Additionally, we are supported and advised by a Professional Advisory Board comprised of 23 physicians from the South Bay area whose prominence in their related field brings significant credibility to our program. Each of these physicians is also called upon to help educate the participant population through lectures and demonstrations at our facility. They assist The Wellness

Community by involving themselves in making the availability of the services of our community known to the public at large. Our services would be valueless without the support and recognition by this committed body of professionals who represent us for what we are - a part of the total care of cancer patients, adjunctive to conventional medical care.

Our Current On-Site Program

The Wellness Community – South Bay Cities, continues to offer more than 100 support programs per month for cancer patients and their families. The core of our program are the 10 weekly professionally facilitated support groups and 13 monthly cancer specific networking groups supplemented by stress reduction and mind-body activities, nutrition lunches with speakers, educational workshops and seminars, social events, on-line support and outreach programs in Long Beach and the Torrance area. All of our groups are offered in a homelike setting and are led by licensed psychotherapists. All of these programs are available to everyone we serve, including Manhattan Beach residents *free* of charge.

The Wellness Community-South Bay Cities, serves the geographic area covering 19+ communities in the Southwest portion of Los Angeles County, and is regarded as a key component of comprehensive cancer care. In 2006, the total number of on and offsite visits, by patient participants and their families, were 22,297. Of these visits, 5 percent were by residents of Manhattan Beach. It is estimated that 4.5 percent of Manhattan Beach residents were diagnosed with some form of cancer in 2006 (Cancer Facts & Figures, 2006). Many people participate in more than one group or activity every week. Of the 1065 people who came to various programs, 95 (or 8%) were Manhattan Beach residents. Income information collected on participant intake forms indicates that 20 percent of the Manhattan Beach residents who attended programs had an income below \$36,000. Information available at www.healthycity.org shows that 12.51 percent of Manhattan Beach residents earn less than \$35,000.

For the past 20 years, The Wellness Community - South Bay has provided psychological and educational programs for cancer patients and their families. We encourage cancer patients and their families, who come to The Wellness Community – South Bay Cities, to find professionally facilitated support, *available no where else* in the South Bay, from those fighting the same battle. A National survey of The Wellness Community support group participants revealed: 88% feel less alone, 87% are happier because they are in a group, 83% believe that they have improved, 82% gain hope, 75% strengthen their will to live, 72% believed that their relationship with their loved one was helped. Records kept by therapists, who facilitate the groups, record that the change in attitude of their cancer patients, as they continue in the program, is reflected in their comments during the group sessions and educational programs. The majority of those exiting the program feel that they have gained back a sense of control, greater self-esteem, and no longer feel overwhelmed by cancer or treatment and experience a better quality of life. These statistics are important as more and more people are living with cancer after treatment and it is now considered a chronic disease. We continue to develop our program to address survivorship issues and encourage our participants to live well with cancer.

While emotional support services are now considered an integral part of comprehensive cancer care, they are not available to everyone. There are few *free* professionally facilitated support services available to those fighting cancer in the South Bay community. These resources should be readily available to everyone. At The Wellness Community - South Bay Cities, cancer patients are encouraged to be with others who are fighting their illness and with those who have recovered. Participants discover that they are not alone, that they can take back control of their lives, and that hope and the will to live have a vital and continuing place in their lives...no matter who they are, what their economic status or where they live.

CITY OF MANHATTAN BEACH
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM PROPOSAL
SOUTH BAY ADULT CARE CENTER
FY 2007 – 2008

The South Bay Adult Care Center provides programs for adults in Manhattan Beach suffering from Alzheimer's, Parkinson's, stroke and other disabilities. The programs are designed to maintain psychological functioning levels as much as possible, and to delay institutionalization. Specifically, activities include sit down calisthenics, arts and crafts, group singing, outside entertainment, bingo, talking and visiting. Services are coordinated and run by professionals with degrees in Social Work specializing in gerontology.

More than 51% of the Manhattan Beach residents served meet the low and moderate income levels as established by both the U.S. Department of Housing and Urban Development (HUD) and the Los Angeles County Community Development Commission (COUNTY).

Our program has been in operation since 1993 and operates as a 503 (c) not-for-profit. We are proud to have served many Manhattan Beach residents over the years providing a quality day care experience for frail seniors while providing respite for their caregivers and look forward to continuing to provide this valuable community service for the City of Manhattan Beach.

We are respectfully requesting a grant of \$3,000 to help defray direct operating costs for staff members for the fiscal year 2007 – 2008. We thank you in advance for your consideration.

PROJECT DESCRIPTIONS

THE WELLNESS COMMUNITY SOUTH BAY CITIES

The Wellness Community South Bay Cities provides free psychological, emotional and social support for cancer patients and their loved ones. The core of the program consists of 15 ongoing weekly support groups and specialized monthly networking groups for specific types of cancer offered in a homelike setting, 6 days a week with all groups led by professionally licensed psychotherapists. This program provides an alternative to these types of services provided in the marketplace, which are expensive, a great benefit to those already dealing with the costs of cancer treatment.

SOUTH BAY ADULT CARE CENTER INC.

The South Bay Adult Care Center currently operates an Adult Day Care Center in Redondo Beach. The purpose of the center is to enrich the lives of adults suffering from Alzheimer's, Parkinson's, stroke, frailty, loneliness, etc. The center is designed to maintain psychological functioning levels as much as possible, as well as provide respite to family members. The center currently functions with limited hours and wishes to expand these hours as much as possible.

PROJECT TOUCH

Project Touch provides tutoring, counseling, social, and therapeutic services to at-risk youth in the South Bay. The goal of Project Touch is to provide a supportive environment in which teens and pre-teens can strengthen their self-understanding, build self esteem, and develop positive attitudes and lifestyles before behavior becomes a problem. Project Touch also provides counseling, social, and therapeutic services at Mira Costa High School for "at risk" youths who are making the transition to a regular school environment. This part of the program provides once-weekly Alternative Classroom Education (A.C.E.) groups for 9th and 10th grade students, and individual counseling as needed.

SOUTH BAY YOUTH PROJECT

The South Bay Youth Project identifies and provides counseling to "at risk" youths who are from low and moderate income households and who are residents of Manhattan Beach. Through its In Class Students Assistance Program, this project targets local high school youths who encounter problems associated with parental neglect, truancy, substance abuse, or involvement with criminal activity.

SOUTH BAY FAMILY HEALTHCARE CENTER

The South Bay Free Clinic provides preventive and emergency dental care to low and moderate residents of Manhattan Beach. Specific services include cleanings, X-rays, fluoride treatments, full examinations, fillings, extractions, limited orthodontics and periodontal services, as well as referrals in cases where the needs of the patient are beyond the scope of the clinic.

1736 FAMILY CRISIS CENTER

The 1736 Family Crisis Center is a non-profit agency providing residents of Manhattan Beach with a variety of counseling services and shelter services to resolve problems associated with child abuse, spousal abuse, and homelessness. Specifically, the Center offers five shelters for battered women and their children; one 24-hour Emergency Adolescent Shelter; 24-hour hotline services; walk-in services; out-patient services; support group counseling and intervention for families and individuals; crisis referral and advocacy; the Mentor Program; assertiveness training; and, community outreach services.

SOUTH BAY CENTER FOR COUNSELING

South Bay Center for Counseling provides mental health care for low and moderate income household residents of Manhattan Beach through three counseling programs. The Parents and Children Together Program nurtures children traumatized by abuse, loss, neglect, or behavioral/emotional difficulties. The Counseling Services program provides low cost therapy to families, groups, and individuals. The Beach Cities Health District's Children's Program provides comprehensive screening and referrals to pregnant women and families with hospitalized children.

CARE MANAGEMENT FOR MANHATTAN BEACH SENIORS

The Care Management for Manhattan Beach Seniors Program provides care management assistance in obtaining services to seniors of the City of Manhattan Beach which help to promote and maintain their optimum level of functioning. The goal of this program is to keep seniors in the least restrictive environment possible, so as to reduce inappropriate institutionalization. The target age group for this program is those persons 85 years plus, who are at the most risks for physical, mental and/ or functional impairment.

THE SALVATION ARMY-SENIOR MEALS

The Salvation Army Senior Meals project provides groceries on a bimonthly basis to senior citizen residents of Manhattan Beach. The groceries are provided in order to nutritionally enhance and supplement their diets and are distributed through the Salvation Army's "Operation Sunshine" brown bag program. The "Meals on Wheels" program provides nutritious hot meals to elderly, disabled and ill residents of Manhattan Beach.

Agency	Total Budget 2007-2008	Budget of Particular Program if Different from Total Budget	Number of MB Residents 2006-2007 Year to Date (Projected)	Number of MB Residents Projected 2007-2008	Average Number of Hours Spent per MB Client	Cost Per Hour MB Clients
The Wellness Community South Bay Cities	\$680,700	\$235,040	95(102)	102	25	\$62.50
South Bay Adult Care Center Inc.	\$112,000	NA	15(15)	15	650	\$7.00
Project Touch	\$175,583	\$10,289	54(100)	100	30.3	\$152.08
South Bay Youth Project	\$800,000	\$9,310	30(30)	30	15	\$21.00
South Bay Family Healthcare Center	\$4,400,000	\$68,181	100(200)	166	2.25	\$150.00
1736 Family Crisis Center	\$6,174,618	NA	250	500	*	*
South Bay Center For Counseling	\$3,800,000	NA	24(14)	25	36	\$23.12
Care Management For Manhattan Beach Seniors (Services Provided By Jan Buike)	\$67,846	NA	206(225)	220	2 to 40	\$33.26
Salvation Army (Operation Sunshine)	\$1,000,000	\$22,531	19(20)	20	8	\$5.85
Salvation Army (Meals on Wheels)	\$1,000,000	\$28,800	19(20)	20	4	\$4.00

* Costs can vary considerably due to the multitude of programs provided.



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December 22, 2006

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13191 Crossroads Parkway North, Suite 405
Industry, CA 91746

Dear Mr. Goode,

Please find enclosed the CDBG Exchange of Funds Worksheet signed by the Director of Community Development. This worksheet will formally start the authorization and approval process for the exchange of funds between the City of Manhattan Beach and the City of Hawaiian Gardens. Please have the City of Hawaiian Gardens and the Los Angeles Community Development Commission sign the attached agreement and return a copy back to me.

If you have any questions please do not hesitate to contact me at (310) 802-5517.

Thank you for your assistance.

Sincerely,

Angelica Ochoa
Assistant Planner

CDBG EXCHANGE OF FUNDS WORKSHEET

This worksheet is to be used for planning the exchange of Community Development Block Grant (CDBG) funds between jurisdictions participating in the Los Angeles County's CDBG Program.

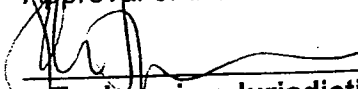
Completion of the worksheet will be the responsibility of the jurisdiction offering CDBG funds for exchange and will include only funding information specific to the two (2) jurisdictions exchanging funds (the transferring and recipient jurisdictions). If additional exchanges are planned, involving jurisdictions other than those indicated below they must be identified on a separate form.

This exchange will involve actions between City of Manhattan Beach (Transferring Jurisdiction) and City of Hawaiian Gardens (Recipient Jurisdiction) and must be approved by both participants' governing bodies, as well as the Los Angeles County Board of Supervisors before becoming effective. Completion of this worksheet and approval by the Community Development Commission will formally start the authorization and approval process.

CDBG FUNDS TO BE EXCHANGED					
Type of Funding		Program Authority*			
	Total Amount		Yes	No	Amount
• New Allocation (Fiscal Year 2007-2008)	\$ 151,652	Administration (10% Max of Total New Fiscal Year Allocation)	✓		\$ 15,165.20
		Public Service (15% Max of Total New Fiscal Year Allocation)	✓		\$ 22,747.80
• Prior Year Unallocated Funds	\$ 0				
• District Funds	\$ 0				
Total Funding (not final allocation)	\$ 151,652	Exchange rate will be @ .65 on the dollar.			

* Available for exchanges of total new allocation only. Partial exchanges of new allocation or midyear exchanges will not result in transfer of any additional authority to the recipient jurisdiction.

Approval of the intent to exchange CDBG funding:


12-21-06

 Exchanging Jurisdiction Date Recipient Jurisdiction Date

Approval of the availability of CDBG funds to be exchanged:

_____ _____
 Community Development Commission Date