

Staff Report City of Manhattan Beach

TO:

Honorable Mayor Ward and Members of the City Council

THROUGH: Geoff Dolan, City Manager

FROM:

Richard Thompson, Director of Community Development

Dennis Groat, Fire Chief

Angelica Ochoa, Assistant Planner

DATE:

February 7, 2006

SUBJECT:

Consideration of Proposed Exchange of Community Development Block Grant

(CDBG) Funds Received by the City of Manhattan Beach to the City of Hawaiian

Gardens and the allocation of funds for the 2006-2007 Fiscal Year.

RECOMMENDATION:

Staff recommends that the City Council: CONDUCT the Public Hearing; ADOPT the attached Resolution (Exhibit A); AUTHORIZE the City Manager to execute the draft Agreement (Exhibit B) with the City of Hawaiian Gardens, APPROVE an allocation of general funds received to the identified public service agencies (Exhibit C), and APPROVE the Contract with Beach Cities Health District for the Senior Care Manager (Exhibit G).

FISCAL IMPLICATION:

The City will receive \$98,573.80 in General Funds in exchange for \$151,652 in CDBG funds to allocate to existing public service agencies to continue their programs that benefit low and moderate income residents of Manhattan Beach.

BACKGROUND:

The City receives CDBG funding as a participating City through the Los Angeles County Community Development Commission (CDC). The City's final CDBG allocation for FY 2006-2007 is \$151,652.

Federal (HUD) regulations currently allow only 15% of CDBG funds to be allocated to public service agencies. Historically the City has chosen to use its CDBG allocations to fund local public service agencies which meet the spirit of CDBG guidelines. In the past, the Community Development Commission granted the City of Manhattan Beach a waiver from the 15% cap, however beginning with the 1997-1998 program year the County notified all participating cities that no waivers would be granted. Therefore in order to maximize the amount of funds available to public service agencies the City has historically sold its allocation.

Projects funded through the CDBG program must meet certain mandated objectives, such as: (1) activities benefiting low and moderate income persons; (2) activities which aid in the prevention or elimination of blight; (3) activities that meet urgent community development needs; and (4) additional criteria as outlined in the Federal Register. Given the City's demographics it has been extremely difficult to develop non-public service projects which satisfy the program objectives. Consequently over the last seven program years the City has exchanged CDBG funds with another participating City.

Due to the relatively limited amount of funding the City receives, Capital Improvement Projects (CIP), Low Income, and other types of qualifying CDBG projects can be very difficult to program. The cost of actual construction, in addition to administrative costs associated with complying with the County's monitoring requirements, can deplete the benefits to this approach. This is the primary reason that some cities find it necessary to compound their CDBG allocation by purchasing the allocation of other participating communities. Due to the complexity of setting up such programs coupled with the higher costs, and that other sources of funding for the current public service agencies would need to be explored, staff is recommending against this approach at this time. Council has determined in the past that using the limited amount of CDBG funds for these types of projects was not cost effective, and would take valuable money away from the City's local public service agencies.

DISCUSSION:

On February 15, 2005, the City Council approved Resolution No. 5963, authorizing the exchange of the City's entire CDBG allocation with the City of West Hollywood for the 2005-2006 fiscal year. The City of West Hollywood has notified staff they no longer would be participating in the CDBG exchange process for the 2006-2007 fiscal year due to the completion of payment for their Section 108 loan. The Section 108 program is a loan program for CDBG entitlement jurisdictions that use these funds for large scale capital projects. In order to continue maximizing the amount of CDBG monies available to the City's local public service agencies, Staff has negotiated a rate of .65 cents to exchange the City's CDBG allocation with the City of Hawaiian Gardens for the upcoming 2006-2007 fiscal year. This is less than the .75 cents received from the City of West Hollywood last year as a number of cities have repaid their Section 108 loans and there is less of a demand for CDBG funds this year.

The attached completed CDBG Exchange of Funds Worksheet (Exhibit F) signed by both cities as well as the Community Development Commission starts the exchange and approval of CDBG funds between the City of Manhattan Beach and the City of Hawaiian Gardens. Since the payment received is general fund money, and not subject to CDBG guidelines, the City may allocate these funds as directed by the City Council. CDBG funds have declined over the years and it is anticipated that they will continue to decline an average of 5% annually. The Federal government has been, and is anticipated to continue, reviewing ways to restructure the program and possibility

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reduce funding even further.

Consistent with Council direction from previous years, Staff has required each agency to complete a questionnaire regarding the services each agency provides. A summary of the questionnaire submitted by each of current participating public service agencies has been attached as Exhibit E. Funds for some agencies are used for a particular program within an agency, and some funds are part of the overall budget for others. This is reflected in the first two columns of the table. The number of Manhattan Beach residents served is also reflected in the table, both current and projected for this fiscal year, and projected for next fiscal year. Lastly the table includes the average number of hours spent on each client, and the costs per hour. It should be noted that cost per hour can vary greatly. For example, the low cost shown for The South Bay Adult Care Center is because that particular program is largely administered by a staff of volunteers, while the high cost per hour indicated for The South Bay Family Health Care Center is because it is a Dental Care program administered by professionals (See Exhibit D, Public Agencies Descriptions).

Beach Cities Health District Care Manager Agreement:

In July of 2001 the City entered into a five year agreement with Beach Cities Health District to pay a portion of the costs associated with "Senior Care Services" provided by Jan Buike through the Beach Cities Health District (see Exhibit G, Beach Cities Agreement). This agreement expires on June 30, 2006 and a new 5 year agreement is attached for the City Council's review and approval in order to continue these services. The balance of these services will be paid by the Beach Cities Health District. The Senior Care Program provides care management and support services to seniors in the City of Manhattan Beach. The program utilizes a full-time specialized resource person to coordinate necessary living assistance for the City's senior population, rather than have these services spread across several different organizations. It was determined at the time the agreement was approved that the exclusive and immediate availability of the care manager position has proven to be a tremendous asset for not only our seniors who are in need of immediate assistance, but also to the City's employees who often are called upon to respond to these situations.

The CDBG program has historically funded a majority of the costs associated with this service, even before the City entered into an agreement with Beach Cities Health District. Due to the unpredictable fluctuations in the City's CDBG allocation, the Council has determined during the last two funding cycles that CDBG funds should be prioritized to cover the City's entire portion of our cost obligation as outlined in the attached Beach Cities Agreement. Staff is recommending that the Council continue to fund the City's entire share of senior care services each year as outlined in the agreement regardless of CDBG funding fluctuations (other agencies funding fluctuates year-to-year, based on their historical percentages). Should the Council allocate CDBG funds in another manner, funding for this service would have to come from another source. Support for senior care services, as well as the other public service agencies, is consistent with the goals, policies, and programs of the General Plan and specifically the Housing Element, Section 4.3 Overview of Housing Programs, Community Development Block Grant.

CONCLUSION:

Given the continuing County policy with regards to limited public service funding, the exchange of funds has allowed the City to maximize the amount of money available to its local public service agencies. As has been done in the past, Staff recommends that the City Council authorize the allocation of this general fund money to the agencies historically funded by the City. The proposed allocations are distributed in a manner that covers the costs of the Beach Cities Health District contract, and distributes the remaining funds to the other agencies based on the same percentages Council has deemed appropriate in the past. The proposed allocations are identified in Exhibit C. Project proposals submitted by the participating agencies are also identified in Exhibit C.

Pursuant to the attached Exhibits, Staff is recommending that the Council authorize the City Manager to enter into an Agreement with implementing the proposed exchange of funds. Exhibit A is a Resolution of the Council approving the proposed draft agreement, and authorizing the City Manager to amend the attached agreement (Exhibit B) in order to complete the exchange of CDBG funds based on the final adopted agreement between the City of Hawaiian Gardens and the City of Manhattan Beach.

Attachments: Exhibit A - Resolution No. 6016

Exhibit B - Proposed Draft Agreement with City of Hawaiian Gardens

Exhibit C - Proposed Allocations and Agency Project Proposals

Exhibit D - Public Service Agencies Descriptions

Exhibit E - Summary of Questionnaire

Exhibit F - CDBG Exchange Funds Worksheet with Hawaiian Gardens

Exhibit G- Beach Cities Health District Agreement

c: Raymond White, LA County Community Development Commission Public Service Agencies (9)

RESOLUTION NO. 6016

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF MANHATTAN BEACH, CALIFORNIA, APPROVING AN AGREEMENT BETWEEN THE CITY OF MANHATTAN BEACH AND THE CITY OF HAWAIIAN GARDENS REGARDING THE EXCHANGE OF COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG) FUNDS FOR THE FISCAL YEAR 2006-2007

The City Council of the City of Manhattan Beach conducted a public hearing, pursuant to applicable law, on February 7, 2006 to consider the allocation of CDBG funds for Fiscal Year 2006-2007; and

The City has historically (prior to 1997-1998 fiscal year) allocated 100% of its CDBG funds to regional public service agencies pursuant to a public service waiver from the Los Angeles County Community Development Commission (CDC); and

On June 7, 2005 the City of Manhattan Beach executed a three-year Cooperation Agreement with the County of Los Angeles concerning CDBG funds for Fiscal Years 2006-2007, 2007-2008, 2008-2009; and

The use of CDBG funds is strictly limited by law; and

The City Council on February 7, 2006 authorized the City Manager to sell the City's entire CDBG allocation; and

The City Manager is authorized to cooperate with the City of Hawaiian Gardens in the exchange of CDBG funds; and

The City Manager is authorized to amend the attached agreement as necessary to complete the exchange of funds on behalf of the City of Manhattan Beach based on the final adopted agreement from The City of Hawaiian Gardens; and

The City of Manhattan has the entire CDBG allocation of \$151,652 available to purchase and exchange with The City of Hawaiian Gardens; and

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF MANHATTAN BEACH, CALIFORNIA, DOES HEREBY RESOLVE, DECLARE, FIND, DETERMINE AND ORDER AS FOLLOWS.

SECTION 1. The attached CDBG Exchange of Funds Worksheet and draft agreement between the City of Manhattan Beach and the City of Hawaiian Gardens and the findings stated therein, is hereby approved, and the City Manager is authorized and directed to execute the final adopted agreement with the City of Hawaiian Gardens on behalf of the City of Manhattan Beach,

SECTION 2. Pursuant to Government Code Section 65907 and Code of Civil Procedure Section 1094.6, any action or proceeding to attack, review, set aside, void or annul this decision, or concerning any of the proceedings, acts, or determinations taken, done or made prior to such decision or to determine the reasonableness, legality or validity of any condition attached to this decision shall not be maintained by any person unless the action or proceeding is commenced within 90 days of the date of this resolution and the City Council is served within 120 days of the date of this resolution. The City Clerk shall send a certified copy of this resolution to the applicant, and if any, the appellant at the address of said person set forth in the record of the proceedings and such mailing shall constitute the notice required by Code of Civil Procedure Section 1094.6.

Res. 6016

 $\underline{\text{SECTION 3}}. \label{eq:SECTION 3}. This resolution shall take effect immediately. The City Clerk shall make this resolution readily available for public inspection within thirty (30) days of the date this resolution is adopted.$

 $\underline{\text{SECTION 4}}. \ \ \, \text{The City Clerk shall certify to the adoption of this resolution and thenceforth and thereafter the same shall be in full force and effect.}$

PASSED, APPROVED and ADOPTED this 7th day of February 2006

Ayes: Noes: Absent: Abstain:).
	Mayor, City of Manhattan Beac	h, California
ATTEST:		
City Clerk		

By City Attorney

DRAFT

AGREEMENT

This Agreement is made on this 7th day of February 2006, by and between the City of Hawaiian Gardens, a municipal corporation, and the City of Manhattan Beach, a municipal corporation.

RECITALS

- A. The City of Manhattan Beach has executed a three-year cooperation agreement with the County of Los Angeles concerning Community Development Block Grant (CDBG) Funds for Fiscal Years 2006-2007, 2007-2008 and 2008-2009;
- B. The City of Manhattan Beach has executed a three-year reimbursable agreement with the County of Los Angeles concerning Community Development Block Grant Funds (CDBG) for Fiscal Years 2006-2007, 2007-2008, and 2008-2009;
- C. The City of Manhattan Beach will receive CDBG Funds which can be made available to the City of Hawaiian Gardens during fiscal year 2006-2007. In exchange for the assignment by the City of Hawaiian Gardens of the amount of its general funds indicated in Section 1 below, the City of Manhattan Beach is willing to assign unexpended CDBG funds to the City of Hawaiian Gardens.
- D. The two cities will enter into an agreement under which the City of Hawaiian Gardens would exchange \$98,573.80 of its general funds for \$151,652 of the City of Manhattan Beach's unexpended entitlement of CDBG Funds for Fiscal Year 2006-2007.

NOW, THEREFORE, the Cities agree as follows:

- 1. **EXCHANGE.** The City of Manhattan Beach agrees to assign one hundred fifty one thousand, six hundred fifty-two dollars and zero cents (\$151,652) of its unexpended CDBG allocation to the City of Hawaiian Gardens. In return, the City of Hawaiian Gardens agrees to assign ninety eight thousand, five hundred seventy three dollars and eighty cents (\$98,573.80) of its general funds to the City of Manhattan Beach. The exchange rate will be \$.650/1.00.
- 2. CONSIDERATION. The City of Manhattan Beach shall assign the agreed upon CDBG Funds in one lump sum payment. The City of Hawaiian Gardens shall assign the agreed upon general funds to the City of Manhattan Beach in one lump sum payment. The City of Hawaiian Garden's lump sum payment shall be due and payable 15 days after the Community Development Commission of the County of Los Angeles notifies the City of Hawaiian Gardens in writing and on its letterhead that the funds have been transferred to the City of Hawaiian Gardens unallocated funds account.



- 3. **BEST EFFORTS.** The City of Manhattan Beach shall use its best efforts to obtain any consent required of any other governmental or administrative agency to effectuate the assignment of \$151,652 of its CDBG funds to the City of Hawaiian Gardens no later than 30 days after both cities have executed the agreement and any required documents. The City of Manhattan Beach and the City of Hawaiian Gardens shall agree to execute any and all additional documents which such agencies may request in connection with the assignment and receipt of grant.
- 4. **TERM.** The Agreement is effective on the date above written and for such time as is necessary for both parties to complete their mutual obligations under this Agreement.
- 5. **TERMINATION.** Termination of this Agreement may be made by either party so long as written notice of intent to terminate is given to the other party at least five (5) days prior to the termination.
- 6. **NOTICE.** Notices shall be given pursuant to this Agreement by personal service on the party to be notified, or by written notice upon such party deposited in the custody of the United States Postal Service addressed as follows:

CITY OF HAWAIIAN GARDENS Ernesto Marquez, Acting City Administrator 21815 Pioneer Boulevard Hawaiian Gardens. CA 90716

CITY OF MANHATTAN BEACH Geoff Dolan, City Manager 1400 Highland Avenue Manhattan Beach, CA 90266

7. **GOVERNING LAW.** This Agreement shall be governed by the laws of the State of California.

CITY OF HAWAIIAN GARDENS:	CITY OF MANHATTAN BEACH:
Michael Blazenski, Financial Director	
Ernesto Marquez, Acting City Administrator	Geoff Dolan, City Manager
ATTEST:	ATTEST:
Sue Underwood, City Clerk	Liza Tamura, City Clerk
	APPROVED AS TO FORM: By City Attorney

IN WITNESS WHEREOF, the parties have executed this Agreement the 7th day of February 2006.

Public Service Agency	Allocation Fiscal Year 2005-2006	Percentage of Total Allocation	Final Allocation FY 2006-2007	Requested Funding
*Care Management for Manhattan Beach Seniors (Service provided by Jan Buike)	33,763.00	NA	36,125.00	36,125.00
1736 Family Crisis Center	31,244.07	34%	21,050.16	53,000.00
South Bay Family Healthcare Center	23,563.24	25%	15,875.33	25,000.00
South Bay Center for Counseling	19,527.55	21%	13,156.35	20,810.00
South Bay Youth Project	6,899.73	7%	4,648.58	9,310.00
The Salvation Army- Senior Meals	4,556.43	5%	3,069.81	5,000.00
Project Touch	3,254.59	4%	2,192.72	4,455.00
Wellness Community	1,822.57	2%	1,227.93	1,800.00
South Bay Adult Care Center	1,822.57	2%	1,227.93	3,000.00
Totals	126,453.75	100%	98,573.80	

*New contract with Jan Buike for fiscal year 06-07. Allocations for all agencies were calculated based on Jan Buike's final contract amount and an exchange rate of .65 with City of Hawaiian Gardens.



Program Description and References

The Care Management for Manhattan Beach Seniors program provides assistance in obtaining services that help to promote and maintain the optimum level of functioning. The goal of the Care Management program is to assist seniors to access services enabling them to live in the safest and least restrictive environment possible, reducing the possibility of inappropriate institutionalization. The Manhattan Beach Care Manager works with disabled adults and seniors age 60 or older who are at the most risk for physical, mental and/or functional impairment.

Clients for Care Management come through a number of referral sources. Because the Care Manager regularly attends the meetings of the two senior clubs in Manhattan Beach, she is able to establish a relationship with many of the attendees and is able to notice changes in appearance or behavior that may signify a decreasing ability to manage activities of daily living. She is able to approach the senior to initiate intervention.

Referrals also come from family members, neighbors, hospital discharge planners, and other social service providers. A strong relationship with the Manhattan Beach Police and Fire Departments has resulted in those most vulnerable and isolated to be identified and assistance offered where appropriate. The Care Manager has been able to provide linkages to services that help in reducing repeat calls to the paramedics because of living situations rather than emergency medical needs. The Care Manager assists the Police Department in maintaining a Memory Impaired File. Other City employees utilize the Care Manager when they encounter seniors and/or disabled who could benefit from increased support.

Care Management begins with an in-home assessment. To develop a care management plan, the Care Manager evaluates an individual's physical environment, psychological and social needs. A comprehensive assessment of a person's capacities. resources, and attributes is needed in understanding the problems, needs, resources and strengths of an older person to develop a plan of care. With the input of the individual and based upon the individualized needs, the Manhattan Beach Care Manager develops a care plan that may include: referrals to community resources such as Meals on Wheels, transportation, or public benefits; co-ordination and arrangement of in-home help; home safety assessments with recommendations for improvements: collaboration with community agencies to provide support groups and activities; and increased socialization through Beach Cities Health District programs such as Friend to Friend, Peer Counseling and Errand Volunteers. The Care Manager assists the individual in accessing the appropriate services and provides regular follow-up. In Fiscal Year 2004-2005 the Manhattan Beach Care Manager worked with 217 senior and adult disabled residents of Manhattan Beach. 80% of these clients met the verified low and moderate-income criteria. Thus far, this year, she has worked with 206 clients.

In addition to providing the direct assessment and linkage service to the seniors and disabled Manhattan Beach residents, the Manhattan Beach Care Manager is a member

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CARE MANAGEMENT FOR MANHATTAN BEACH SENIORS

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of several coalitions that directly benefit the residents of Manhattan Beach. She is an original member and is now a Board Member of the KEEP-SAFE Coalition, a coalition of social service providers, law enforcement, and financial institutions that provides training and education for seniors to prevent financial abuse and exploitation. After establishing a relationship with the faith community as part of the KEEP-CARING Coalition, she continues to participate in the Parish Nurse quarterly meetings to maintain and strengthen the relationship between social service providers and the faith community, increasing the knowledge of community resources. The Manhattan Beach Rotary Club's Rotary CARES program has provided housing rehabilitation to senior clients of the Care Manager. She also staffs Beach Cities Health District's Friend to Friend program where trained volunteers provide weekly visits to lonely, isolated seniors and disabled residents of the community.

References:

Dennis Groat, Fire Chief, City of Manhattan Beach, (310) 802-5202

Claire Coignard, Torrance Memorial Medical Center, Advantage Program, (310) 325-9110

Elizabeth Yang, Alzheimer's Association of Los Angeles, Riverside and San Bernardino Counties, (323) 938-3379



January 26, 2006

Mayor Mitch Ward and Members of the City Council City of Manhattan Beach 1400 Highland Avenue Manhattan Beach, CA 90266

Dear Mayor Ward and Members of the City Council:

On behalf of the entire Center, please accept my sincerest thanks for the City's many years of excellent support to help 1736 Family Crisis Center keep its doors open 24 hours a day in service to local residents.

Since its beginnings in 1972 as "1736 House," 1736 Family Crisis Center has grown to operate five shelters for battered women and their children, two shelters for runaway and homeless adolescents, two community service centers offering non-residential services, four 24-hour hotlines, and ancillary programs designed to help our neediest community members.

Manhattan Beach support of 1736 Family Crisis Center is extremely important to our ability to keep our doors open 24 hours a day, 365 days a year, providing services that South Bay residents, including those of Manhattan Beach, so urgently need. We are hopeful that the City will continue to provide generous support as it has in the past. To that end, please find enclosed our proposal requesting an allocation of \$53,000 for Fiscal Year 2006-2007.

To each of you personally, and to the City of Manhattan Beach as a whole, thank you for your continuous and strong commitment to our programs. I would like to extend an open invitation to the council members to tour our Center. I think you would be as proud as we are of the good work your dollars do for so many people.

Our best wishes.

Sincerely,

Carol A. Adelkoff Executive Director



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1736 FAMILY CRISIS CENTER PROPOSAL TO THE CITY OF MANHATTAN BEACH

Overview. Since 1972, 1736 Family Crisis Center (1736 FCC) has provided critical services to battered women and their children, runaway and homeless teens, adults, children and families in crisis in the South Bay. 1736 FCC offers comprehensive, nonjudgmental support, with effective, and often life-saving intervention. Some clients might need a bed, food, clothing, counseling, and comprehensive case management in one of our shelters. Others might need comprehensive case management and counseling in our outpatient clinic, emergency 24-hour telephone hotline response to prevent a suicide or other crisis, 24-hour in-person emergency room response, or other immediate emergency assistance. 1736 FCC's commitment is to never turn away an individual in need and to provide the maximum level of care for long-term safety and stability. Through this proposal, 1736 FCC respectfully requests a grant of \$53,000 from the City of Manhattan Beach's CDBG allocation.

CDBG Objectives. Services offered under this proposal will meet CDBG objectives. 1) Services will be provided to Manhattan Beach residents meeting verified low and moderate income criteria as established by the U.S. Department of Housing and Urban Development; more than 51% of clients served will meet these criteria (by federal definition, domestic violence victims and child abuse victims are considered low-income). 2) Services will aid in elimination of blight by reducing truancy, homelessness, and community violence. 3) Services will meet urgent community development needs by providing life-saving emergency and transitional shelter to homeless battered women and their children and runaway/homeless youth, as well as non-residential counseling and 24-hour hotline response to Manhattan Beach residents.

Program Descriptions. Manhattan Beach residents can access any of 1736 FCC's programs to obtain shelter, counseling, case management, and referrals associated with spousal abuse, child abuse, and other crises. These programs include:

<u>Emergency Adolescent Shelter:</u> This program offers a two-week stay and comprehensive supportive services (counseling, case management, life skills training, consequences of high-risk behaviors, etc.) to runaway and homeless boys and girls, ages 10 through 17, with 24-hour intake. Primary goals of this program are to facilitate family reunification, when safe and possible, or arrange for other safe post-shelter placement and to provide teenagers with the tools they need to redirect their lives into productive avenues. Approximately 50% of youth served in this shelter run from homes in which there is domestic violence, and nearly all have experienced abuse. The shelter is licensed by the California Community Care Licensing Division.

Four Domestic Violence Shelters: Confidentially located in three local cities, these shelters offer 128 beds providing emergency and transitional care ranging from one month to two years, free of charge to clients. Services include comprehensive counseling and case management, job development and placement, life skills training, parenting education, a specialized children's program, household establishment assistance, and ancillary services to help battered women and their children (boys and girls ages birth through 17) establish safe, self-sufficient lifestyles. Post-shelter support services include counseling, case management, and ongoing ancillary support to help clients maintain their achievements through the years.

<u>Two Community Service Centers:</u> For persons not needing shelter care, this program offers comprehensive case management and counseling to families, adults, and children in need, regardless of ability to pay. In addition to services provided to clients at its Torrance facility, 1736 FCC staff also provide 24-hour response to battered women presenting in local emergency rooms (Little Company of

Mary, Torrance Memorial, and others). Response can be in person or by telephone, as desired by the client, to provide counseling and referrals (including intake into 1736 FCC shelters if appropriate); this program is part of the CAVA collaborative. The Community Service Centers are certified by the L.A. County Department of Mental Health to provide Early Prevention, Screening, Detection and Treatment services to low-income children and their families.

<u>24-Hour Hotline and Drop-In Program:</u> Four 24-hour crisis hotlines provide round-the-clock professional help to several thousand callers each year, assisting with issues such as suicidality, child abuse, domestic violence, need for referrals, shelter intake, and other assistance. The Drop-In Program offers individuals places to go to receive counseling, referrals, bus tokens, and other needed assistance from our trained staff.

<u>Welfare-to-Work Services:</u> This extremely successful program component provides a comprehensive continuum of services for eligible battered women designed to overcome barriers to employment and link them with concrete jobs suited to their experience and employment goals. The program provides comprehensive supportive services by 1736 FCC staff (e.g., case management, counseling, life skills training, resume preparation, juggling work and home life, etc.), free legal services through subcontract with the Harriett Buhai Center for Family Law, and education support for continuing education, technical training, etc., by linking women to national scholarships designed for this purpose. The program also works with employers to educate and provide support in an effort to make employment settings friendlier for battered women, who are often penalized by losing their jobs as a result of batterer harassment or the need to take time off work to deal with legal, medical or children's matters. The program has placed more than 200 women in jobs of their choice. While our very successful Department of Labor five-year contract has come to a planned completion, we have integrated our most successful practices to help people get and keep good jobs.

<u>Community Education and Outreach:</u> This program offers educational outreach services to schools, churches, businesses, other service providers, clubs, and other groups.

References. References include, but are not limited to, the City of Manhattan Beach and the City of Redondo Beach.

Ability to Execute Certified City Contract. 1736 FCC has 34 years of experience in managing private and public funds (federal, state, county, and city), including many years of successful provision of services in agreement with the City of Manhattan Beach. Our programs are strategically developed and overseen by a volunteer Board of Directors with expertise in a variety of areas (e.g., human resources, legal, etc.). Services are provided by more than 120 full-time, part-time, and on-call professionals, highly trained paraprofessionals, and master's-level interns, all working under the supervision of licensed mental health professionals. Close to 200 volunteers enhance services in a variety of capacities. 1736 FCC maintains a strong staff training program, including 40 hours of domestic violence training mandated by the State of California, extensive training as required by the Community Care Licensing Division, and First Aid/CPR training for all direct service staff. 1736 FCC's programs have success rates ranging from 85% to 95%, as measured by clients establishing the goals they have set for themselves at intake, and by moving toward permanent safe self-sufficiency. 1736 FCC is fully able to execute a certified City of Manhattan Beach contract.



Providing Essential Dental Services to Those in our Community That Have Nowhere Else to Turn A Proposal to the Manhattan Beach Community Development Block Grant Program 2006- 2007

South Bay Family Healthcare Center

For the past 34 years, South Bay Family Healthcare Center has provided health and human services to those in our community, becoming one of the nation's largest safety net providers. Our comprehensive program offers the following services to over 18,000 individuals through 40,000 visits each year. SBFHC services includes: primary health care for men and women, prenatal care, pediatric care, sexually transmitted disease screenings and treatment (including HIV/AIDS services), family planning, dental care, cancer screenings, and chronic disease diagnosis, treatment and management. In addition, SBFHC's extensive outreach efforts provide preventive education to more than 20,000 individuals each year.

SBFHC respectfully requests a grant in the amount of \$25,000 from the City of Manhattan Beach's Community Development Block Grant Program to continue to provide Manhattan Beach's extremely low, low and moderate income residents with free dental services upon their request.

Statement of Need: Families in Crisis

Of the one million individuals residing in the South Bay area, 26 % survive on incomes within 200 % of the poverty level. In Manhattan Beach, nearly 5 % of residents survive on incomes below \$15,000 and 3.8 % live on incomes below the poverty level. Additionally, one in ten Manhattan Beach families with children (10.3%) are female-headed households.

Two specific populations are particularly at-risk for serious health problems due to lack of access to oral health care and preventative dental education are adolescents and senior citizens. Hormonal changes during puberty, such as progesterone and possibly estrogen, cause increased blood circulation to the gums putting teens at greater risk for getting periodontal disease. Periodontal disease also effects seniors suffering from chronic diseases such as diabetes or heart disease because oral bacteria can affect the heart when they enter the blood stream. This process can also lead to heart attacks. Researchers have found that people with periodontal disease are almost twice as likely to suffer from coronary artery disease compared to those without periodontal disease.

Many families may have insufficient or no insurance to cover the cost of dental services. Struggling to make ends meets, oral health care may be low on the list of priorities, directly impacting general health.

Through our Redondo Beach and Gardena facilities, SBFHC provides quality medical and dental services for those with no where else to turn. Our Redondo Beach based dental program, administered by our staff dentist Dr. Barbara Saltzman, reaches a diverse and under-served population. Many of our adolescent patients have never seen a dentist prior to their visits and many seniors admit to not visiting a dentist in the last five or ten years. Through this program we can reach those in need and offer the dental services they need and deserve.

SBFHC's comprehensive Dental Program includes educational, preventive and extensive treatment services. During client visits, as well as through outreach to schools and community groups, Dr. Saltzman provides information on proper brushing and flossing techniques, as well as nutritional habits that promote good dental health. For those in need of treatment, the Dental Program offers cleaning and fluoride treatments, x-ray examinations, composite and amalgam fillings, sealant, extractions, and emergency procedures. The Dental Program also maintains a list of low-cost referrals for services we may not provide.

SBFHC's Outreach and Volunteer Coordinator also conducts an annual Senior Health Fair at the Community Center in Manhattan Beach which includes various health screenings for seniors including dental screenings and educational workshops on proper oral and health care.

During the most recently completed fiscal year (2004-2005), SBFHC provided over 2,100 dental visits and over 39,100 medical visits to under-insured and uninsured community members. Of the total visits, at least 490 were Manhattan Beach residents in need of medical or dental services, or both. Manhattan Beach residents in need of dental care visited the dental program at least twice throughout the year.

In 2005 - 2006, the City of Manhattan Beach CDBG Program funded a portion of the much-needed dental care visits for Manhattan Beach residents. SBFHC has worked diligently to supplement funding provided by the City in previous years, resulting in our ability to fund the remaining costs associated with offering these essential services. While we continue to secure alternative funding sources, we rely upon the support of the City of Manhattan Beach to serve residents in need of care. Through a Community Development Block Grant in the amount of \$25,000, the City will ensure that SBFHC can continue to provide dental services to Manhattan Beach residents in the upcoming year.

Reaching Those in Need/Verification of Client Eligibility

Dr. Saltzman will respond to requests to reach out to the community to raise public awareness about the importance of dental health and the availability of SBFHC's services. Other community health educators also provide information about how to access dental and medical services in high schools and local community newspapers. These outreach efforts coupled with recommendations from those who use our services are primarily how SBFHC reaches out to its target population. They have proven highly effective, maintaining a six-week waiting list for regular dental treatments.

To ensure that we are actually reaching those who need our services most, SBFHC verifies client eligibility by requiring copies of pay check stubs, W-4s or social security or unemployment checks.

SBFHC's Dental Program: The Benefits to Our Community

In recent decades, the importance of dental care to overall health has received significant attention. While public awareness campaigns have resulted in improvements nationwide, there has been significantly less improvement in California. One-quarter of all California residents,

for example, are still in urgent need of dental care for extensive decay, pain or infection – twice the number in need of such care nationally.

One of the fundamental factors, which have contributed to California's poor dental health, is a lack of affordable care, particularly for those residents who are un- and underinsured. South Bay Family Healthcare Center is dedicated to providing quality, free and low cost dental and medical care, as well as educational services to as many individuals as possible.

Through SBFHC's educational activities and regular dental treatments, our target population is encouraged to attend to their dental health before a dental or medical health crisis begins, thereby averting economic and physical hardship. By successfully promoting prophylactic care, SBFHC helps curtail the high costs associated with emergency care to service providers. Without these services, many extremely low to moderate-income residents would not receive the dental care they need and deserve.

Budget

SBFHC respectfully requests a grant in the amount of \$25,000 from the City of Manhattan Beach Community Development Block Grant Program. The funds requested will support 7.5 hours of dental services per week. At least 60 % of client visits will consist of low to moderate-income residents of Manhattan Beach.

Salaries (including 18% of the dentist's salary, 6% of the Director of Outreach and Volunteers Salary, and a portion of the Finance officer's and clerical staff's salaries) amount to \$20,661. Fringe benefits amount to 21% of direct personnel costs and total \$4,339. Personnel costs represent 100%, or \$25,000, of the total funding request.

SBFHC raises the balance of \$43,181, or 63%, of the program budget from private sources.

Summary

Award of the funds requested from the City of Manhattan Beach for fiscal year 2006 - 2007 will ensure continued quality dental services to Manhattan Beach residents in need. Specifically, the support from the City of Manhattan Beach in the amount of \$25,000 will fund 37 % of the Dental Program, representing 7.5 hours of dental services per week for low to moderate income Manhattan Beach residents.

South Bay Family Healthcare Center appreciates the City of Manhattan Beach's generous past support. The City's continued support will enable South Bay Family Healthcare Center to continue to provide essential services to Manhattan Beach residents.

Agency Profile

South Bay Center for Counseling (SBCC) is an incorporated, tax exempt, private, non-profit mental health organization that has provided community mental health services to the city of Manhattan Beach since its foundation in 1973. The founders, a group of mental health professionals, saw the need for quality, low cost mental health services for a population unable to afford private treatment within the South Bay area.

Located in El Segundo at the LAX Business Center site, SBCC is committed to providing services to everyone who seeks assistance. Services provided include: individual, conjoint and family counseling, parent support/education groups, adolescent groups, school-based counseling, case management, and economic development to assist families to become self-sufficient. In order to meet the mental health needs of low and moderate income individuals, SBCC uses a sliding scale fee rate for services based on the client's ability to pay. SBCC's goal has been to offer a wide variety of services to adults, adolescents, children and families. Moreover, its original philosophy, "to respond to community wide needs with community wide approaches", set in motion an evolutionary approach to the provision of community mental health services. This methodology has resulted in the creation of multiple mental health care programs with a total budget of approximately \$3,500,000.

SBCC has a successful history working with the City of Manhattan and has been funded for many years. Last year, SBCC's CDBG allocation totaled \$19,527.55. SBCC is seeking to increase our present level of community service with the aide of the CDBG. In the 2006-2007 fiscal year SBCC is requesting \$20,810 due to an increase in demand for psychotherapy and social service. The funding will be used in the programs that are most frequently utilized by the low to moderate income residents, as well as, other members of the Manhattan Beach community. These programs are the Counseling Services Program, Parents and Children Together Program, and the Beach Cities Health District Children's Program.

The Counseling Services Program

The Counseling Services Program provides low cost therapy to individuals, groups, children and families. The Counseling Services Program is open Monday through Thursday from 9 a.m. to 9 p.m., Fridays from 9 a.m. to 5 p.m. and Saturdays from 9 a.m. to 2 p.m. In crisis situations, clients have telephone access to counselors on a 24-hour basis, including holidays. In essence, the Counseling Services Program provides an ongoing service to our clientele, 24 hours a day, 365 days a year.

The Counseling Services Program provides services to the working class, lower and middle socioeconomic groups as well as the impoverished. Documentation of all clientele in this program is based upon a request for INCOME VERIFICATION. The Counseling Services Program provides mental health services for children, families and adults. Individual treatment may include several types of interventions that range from social networking to dynamic long-term psychotherapy. A single case may include self-help groups, employment setting analysis, behavioral environmental analysis, personality and intellectual assessment and/or referrals for the prescription of psychotropic medication. Many low to moderate income residents need assistance in accessing the social service bureaucracy and that assistance becomes part of the overall treatment plan.

Parents and Children Together Program (formerly known as the Diagnostic & Treatment Program) In 1983, in response to a request from Detective Jim Noble of the Manhattan Beach Police Department, the Los Angeles County Sheriff's Child Abuse Task Force, and distraught parents of alleged child sexual abuse victims from preschools closed by State Licensing, SBCC created the Diagnostic and Treatment Program for child abuse. Our program became the primary management site for this enormous community crisis. Initially focused on cases of child sexual abuse, the Program now includes cases of child neglect, physical abuse and family violence. The Parents and Children Together Program serves a diverse population of approximately 350 children, adults and families each year. Services are provided to low and moderate income residents of Manhattan Beach as well as all other residents.

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Documentation of all clientele in this program is based upon a request for INCOME VERIFICATION. The PACT Program for Child Abuse is a direct service program providing comprehensive prevention and intervention services to at-risk children and families. Services include short-term and long-term counseling, home-based support, parenting classes, group counseling, school-based counseling, substance abuse prevention/intervention for adolescents, and case management. Referrals to the program come from the Department of Children Services, law enforcement, schools, medical field, courts, therapists, private agencies, and former and current clients.

Beach Cities Health District Children's Program

The Children's Program located at a satellite office in Redondo Beach provides comprehensive screenings and assisted referrals to families with children and pregnant women. Intake interviews screen families for financial need as well as assessing a family's psycho-social and/or medical needs. Referrals to the appropriate medical or mental health services are given and funding is secured. The program is charged with serving over 500 families a year.

Documentation of all clientele in this program is based upon a request for INCOME VERIFICATION. Families with inadequate or no health insurance and with a child or pregnancy in the household are the target population. The Children's Program has service agreements with established non-profit and private practitioners which can provide prenatal care and delivery, pediatric care, dental care, urgent care for parents, prescription reimbursements, therapy for developmental lags, counseling services, parent education, caregiver education, respite care and some childcare.

Program Management

In the Counseling Services Program and Parents and Children Together Program each client is requested to provide the following information and documentation:

- 1) Name, address, telephone and ethnicity.
- 2) Proof of income
- 3) Proof of residency

- 4) Emergency Contact
- 5) Intake/information Packet
- 6) Client progress notes for each session

Proposal Summary

For fiscal year 2006-2007 SBCC is requesting \$20,810 as shown in the program information form. This request is for a fraction of the funds necessary to support our services to the residents of Manhattan Beach. The agency will seek additional sources of funding to cover the remaining costs. This funding allocation will be used for direct services (\$6,139) and to supplement the salaries of the Clinical Director (\$1,597), Administrative Director (\$700) and Accounting Assistant (\$200). Funding will be used in non-administrative activities as well: (\$7,180) for agency space, (\$1,873) for equipment and supplies, (\$1,349) for insurance, (\$825) for telephone, (\$300) for printing, and (\$647) for maintenance and janitorial expenses.

Direct services will include: adult/child individual counseling, family, conjoint, couples and group counseling. In addition, SBCC has a new program available that is designed to address early substance use among adolescents (ages 13-19). The main objective is to provide a safe and supportive environment for teens to explore their current participation and/or experimentation with alcohol or drugs in a group format. Residents of Manhattan Beach will have access to all these services and a menu of social services including economic development, job training, and youth enrichment.

Not only does SBCC far exceed income requirements of the Community Development Block Grant program, but unique to other South Bay non-profit social service organizations, South Bay Center for Counseling has the ability to offer home-based services and economic development. The South Bay Center for Counseling is unquestionably an excellent candidate for the Manhattan Beach Community Block Grant funding.

SOUTH BAY YOUTH PROJECT MANHATTAN BEACH COMMUNITY DEVELOPMENT BLOCK GRANT PROPOSED PROGRAM SERVICES

The goal of the South Bay Youth Project's Child Abuse Counseling Program is to provide counseling services to 30 abused children (and their parents) who are residents of Manhattan Beach. As is required, this program will target low and moderate income families living in Manhattan Beach.

Although many of the children in Manhattan Beach come from affluent homes, others come from impoverished families. However, one specific target population, children who have been neglected and/or abused physically, sexually, and emotionally, unfortunately, have not received adequate counseling services. Each of these forms of abuse can be found among school-age children. The South Bay Youth Project, in partnership with the Manhattan Beach Unified School District, has created Student Study Teams to help identify children in need. These teams provide an exceptional mechanism for identifying abused children and linking them up with the resources they need. The Manhattan Beach Unified School District has implemented student study teams throughout all of their schools (K-12).

The Student Study Team serves as the intervention tool for the entire Student Assistance Program. Through this intervention, school staff identifies students who are exhibiting "high risk" behavior and refer them to a Student Study Team. After three referrals from faculty and/or staff reflecting a concern about a particular student, a student study team is called. A Project counselor, with an expertise in mental health issues including abuse issues, is assigned to this team along with the student's school counselor, administrator, teacher, and study team coordinator. This team meets with the family and student and attempts to problem solve their issues, and then refers the family to appropriate school-based programs and/or community resources.

When the team identifies a child with abuse issues, they will refer the family to the South Bay Youth Project for counseling services. The Project will provide each family with a minimum of 15 counseling sessions.

The number of clients served will be documented by use of the client log. Provision of treatment services will be documented by use of the client log, monthly service summaries, and monthly invoices.

Our staff will track each client to ensure that they successfully completed their specific program. Successful completion of a program is defined as the mutual agreement to terminate services by all parties concerned: school staff, police, DCFS, South Bay Youth Project counselor, student and family. We will also conduct a therapy evaluation for each family questionnaire for each family that received Project services.

Since 1975, the South Bay Youth Project has been providing services to atrisk youth and their families in the cities of Manhattan Beach, Hermosa Beach, Redondo Beach, Rancho Palos Verdes, Palos Verdes Estates, Rolling Hills, Rolling Hills Estates, El Segundo and Lomita. The City of Redondo Beach serves as the proponent city for the purpose of grants administration.

In 2004 the South Bay Youth Project provided services to 884 Manhattan Beach families (please see 2004 Referral Report attached).

Since its inception, the Project has targeted its programs to serve the low and moderate income families in the South Bay Community. The Project has always offered a sliding fee schedule to every client that has accessed any of our services. However, it is our philosophy and policy to not deny any service if a family in need cannot afford to contribute toward the payment of services.

All of South Bay Youth Project's therapists are licensed professionals. Because of the Project's commitment to timely and quality services, no one has ever been placed on a waiting list, nor have we ever refused services to anyone.

References:

Dr. Gwen Gross, Superintendent, Manhattan Beach Unified School District, $310-318-7345 \times 5900$

Lauren Nakano, Director - Community Based Services, Beach Cities Health District $310-374-3426 \times 115$

PROGRAM DESCRIPTION

PROJECTtouch is a community-based non-profit corporation that was founded in 1974. We provide counseling, education and flexible intervention services to at-risk youth and their families. We are based in the South Bay of Los Angeles County and serve clients from all the surrounding communities.

The mission of *PROJECTtouch* is to provide a supportive environment in which teens and pre-teens can strengthen their self-understanding, build self-esteem, and develop positive attitudes and lifestyles before behavior becomes destructive. In addition to crisis intervention and individual, group and family counseling, *PROJECTtouch* offers educational and social enrichment programs, support groups, adventure-based counseling and other services essential to successful individual and family development.

During its thirty-two year history, *PROJECTtouch* has offered services to youth and their families that have proven to be low-cost alternatives to hospitalization, foster care and other placements outside the home.

PROJECT touch proposes to continue its emphasis on at-risk/challenged **YOUTH IN TRANSITION** services for Manhattan Beach youth and families that we have provided since 1974. **PROJECT touch** counselor(s) are onsite at Mira Costa twice weekly to run the ACE, Alternative Classroom Education groups. This program is very successful and has been expanded due to identified student needs. In addition to Mira Costa, **PROJECT touch** serves many Manhattan Beach youth and their families through our once-weekly counseling/socialization program. These are very cost effective programs, considering that the youth receive an average of 3 hours of service per week.

Client eligibility is determined through an extensive intake and interview process by our clinical director. Residency is verified through Drivers License or utility bill, and income documentation is required.

The average description of the highest risk or challenged **YOUTH IN TRANSITION** living in Manhattan Beach is: a 16 year old with a learning disability and poor social skills (severe shyness, awkward communication with both peers and adults). He/she was referred to the program by the school district, he/she is living with a single mother who is in recovery of a substance abuse addiction, and the weekly psycho-social, dinner and recreation activity followed by counseling has become his/her extended family involvement.

Without this weekly support offered by **PROJECTtouch**, he/she could easily become a victim of negative peer pressure that could lead to criminal behavior. This, in the long run, would cost the Manhattan Beach community greatly.

SERVICE

MANHATTAN BEACH RESIDENTS

1)	Twice-weekly Alternative Classroom Education (A.C.E.) Groups with a <i>PROJECTtouch</i> counselor for students at Mira Costa High School and individual counseling as needed.	22 to 40
2)	Once-weekly 3-hour Counseling/Socialization	6 to 10
3)	School Attendance Review Board (S.A.R.B.) - PROJECTiouch staff	15 to 25
	TOTAL	43 to 75

The effectiveness of *PROJECTtouch* is directly related to its "open end" service philosophy which puts no arbitrary boundary on the time it takes to create behavior change, trust and coping skills within an individual participant. The average length of stay in the program by at-risk youth is one year. But, an average always indicates some shorter or longer attendance. Participants are welcome to stay as long as it takes to achieve the desired outcome.

This program meets CDBG objectives by enhancing the suitable living environment for low and moderate income youth. We teach them the skills necessary to become responsible members of the community and encourage their commitment to respect and maintain the quality of life.

2006-2007 Proposal to the City of Manhattan Beach by The Wellness Community – South Bay Cities

Everyone has been touched at some point in their life with cancer. When people are diagnosed with this disease and are told they have cancer, their natural inclination is that they are facing a death sentence. They feel their life is out of control and they experience a sense of helplessness. At The Wellness Community – South Bay Cities we teach cancer patients to take control of their health care needs and become Patient Active® while they fight for recovery. Our philosophy is to combine the will of the patient with the skill of the physicians, and empower patients so they become a better partner in managing their disease, their treatments and recovery.

Our Mission

The Wellness Community-South Bay Cities provides *free* psychological, educational, and social support to cancer patients and their loved ones, as an integral part of their medical treatment. Our mission is to help people affected by cancer enhance their health and well-being through participation in a professional program of emotional support, education and hope.

Our Current On-Site Program

The core of our on-site program consists of over 100 program offerings per month including 10 ongoing weekly support groups and 13 specialized monthly networking groups for specific types of cancer offered in a homelike setting, 7 days each week. A complete description of scheduled weekly support groups, networking groups, and programs led by professionals who are experts in oncology, mind and body research, nutrition, exercise, and relaxation and visualization is attached. All of these programs are available to everyone we serve, including Manhattan Beach residents *free* of charge. Additionally, we provide offsite services in the Long Beach area, at Harbor UCLA and Kaiser Permanente.

The Wellness Community-South Bay Cities, serves the geographic area covering 19+ communities in the Southwest portion of Los Angeles County, and is regarded as a key component of comprehensive cancer care. In 2005, the total number of on and offsite visits, by patient participants and their families, were 19,866. Of these visits, 10 percent were by residents of Manhattan Beach. Many people participate in more than one group or activity every week. Of the 1179 people who came to various programs, 72 (or 6%) were Manhattan Beach residents. Income information collected on participant intake forms indicates that 30.5 percent of the Manhattan Beach residents who attended programs had an income below \$36,000. Information available at www.healthycity.org shows that 12.51 percent of Manhattan Beach residents earn less than \$35,000.

Our programs are all completely **free** of charge. They are funded through the generosity of corporations, foundations, individual donations, fundraising events and grants like this. The program is the most comprehensive of its kind, offered in 22 Wellness Communities nationally, with <u>all</u> groups are led by professionally *licensed* psychotherapists.

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Our program is supported by a full-time staff of 3 along with a part-time staff of 13, 4 part-time interns and over 40+ devoted volunteers. Our 18 member Board of Directors is comprised of local residents and business leaders. Additionally, we are supported and advised by a Professional Advisory Board comprised of 23 physicians from the South Bay area whose prominence in their related field brings significant creditability to our program. Each of these physicians is also called upon to help educate the participant population through lectures and demonstrations at our facility. They assist The Wellness Community by involving themselves in making the availability of the services of our community known to the public at large. Our services would be valueless without the support and recognition by this committed body of professionals who represent us for what we are - a part of the total care of cancer patients, adjunctive to conventional medical care.

For the past 18 years, The Wellness Community - South Bay has provided psychological and educational programs for cancer patients and their families. We encourage cancer patients and their families, who come to The Wellness Community - South Bay Cities, to find professionally facilitated support, available no where else in the South Bay, from those fighting the same battle. A National survey of The Wellness Community support group participants revealed: 88% feel less alone, 87% are happier because they are in a group, 83% believe that they have improved, 82% gain hope, 75% strengthen their will to live, 72% believed that their relationship with their loved one was helped. Records kept by therapists. who facilitate the groups, record that the change in attitude of their cancer patients, as they continue in the program, is reflected in their comments during the group sessions and educational programs. The majority of those exiting the program feel that they have gained back a sense of control, greater self-esteem, and no longer feel overwhelmed by cancer or treatment and experience a better quality of life. These statistics are important as more and more people are living with cancer after treatment and it is now considered a chronic disease. We continue to develop our program to address survivorship issues and encourage our participants to live well with cancer.

Our Collaborations

Collaborations are extremely important to the efforts of The Wellness Community. They not only assist us in more effectively reaching cancer patients but also in many cases provide important financial support, educational materials and medical resources. We are very fortunate to count on the positive associations we have formed and continue to expand with: The American Cancer Society, Lymphoma Society, Beach Cities Health District, Harbor/UCLA Medical Center, Kaiser Permanente, Little Company of Mary Hospital, Long Beach Memorial Medical Center and Torrance Memorial Medical Center.

While emotional support services are now considered an integral part of comprehensive cancer care, they are not available to everyone. There are few *free* professionally facilitated support services available to those fighting cancer in the South Bay community. These resources should be readily available to everyone. At The Wellness Community - South Bay Cities, cancer patients are encouraged to be with others who are fighting their illness and with those who have recovered. Participants will discover that they are not alone, that they can take back control of their lives, and that hope and the will to live have a vital and continuing place in their lives...no matter who they are, what their economic status or where they live.

2005 Program Summary

The Wellness Community – South Bay Cities has been able to provide a variety of lectures, workshops, stress reduction, networking groups and social events for cancer patients and their families in 2005. We are fortunate to have so many local physicians and other experts donate their time for these programs which supplement our regular support groups giving those who attend the sessions additional emotional support, education and hope.

Weekly Support Groups

Newly Diagnosed Breast Cancer Support Group is offered twice a week for women who are early stage and recently diagnosed with breast cancer. Sharing their diagnosis and medical treatment with others relieves the feeling of isolation and empowers them to fight the disease with tremendous support and education.

Ongoing Breast Cancer Support Group is an ongoing weekly group to meet the therapeutic needs of recently diagnosed, early-stage and post treatment patients. Their focus is on returning to the work force and everyday life routines, yet to still be able to address the fears that are still present about long-term health issues.

Participant Support Groups for all types of cancer are offered four times per week. These groups teach participants to be Patient Active© and take control of their lives so they are able to live well with cancer and improve their quality of life.

Family, Friends and Partner Support Groups for loved ones who are support to people with all types of cancer are offered twice a week to address specific needs for caregivers and teach family members how they can become "family active" to help their loved one achieve success with cancer their treatment.

Family Transition is a weekly support group offered to people who have lost a loved one to cancer.

Networking Groups

In addition to our 11 regularly scheduled support groups, the following drop-in groups for patients and their loved ones are provided monthly unless otherwise noted. These groups, like our scheduled groups are facilitated by licensed psychotherapists. These groups are for sharing information and learning from others who are going through experiences similar to their own.

- Carcinoid Cancer
- Gynecological
- Prostate (twice monthly at TWC; once a month off-site)
- Laryngectomy
- Leukemia, Lymphoma, Multiple Myeloma
- Lymphedema
- Prostate Partners
- Sarcoma Alliance
- Lung Cancer
- Young Adults
- Kids Community
- Celebrando La Vida!
- Alumni & After Cancer Series (survivorship issues)

2005 Stress Reduction, Mind-Body Activities

The following drop in stress reduction and mind-body activities are provided weekly:

- Relaxation & Visualization. Using well researched techniques; learn to relax the body and mind while increasing awareness and recognizing and developing visual healing images.
- Early Yoga. Relaxes and rejuvenates the body, mind and spirit.
- Ananda Yoga and Chanting. Gentle movements while seated in a chair.
- Tai Chi Chuan. Teaches perspectives on this relaxing and caual way of ancient movement.
- Gentle Hatha Yoga. Unites the body mind and spirit.
- Reiki Energy Circle, Heather Berry and other South Bay Reiki Masters
- Mindful Meditation with Linda Neal, MFT, a four week course teaching basic techniques to calm mind and body.
- Drumming for Your Life, Steven Angel brings drums together to reduce stress

2005 Nutrition Lunch Speakers

Nutrition Lunches are provided twice a month to give participants a chance to learn about ways they can support their regular medical treatment. A local restaurant donates a wholesome lunch. Many speakers repeat throughout the year.

- Information about chiropractic as an adjunctive part of living healthy, Matt Costantino, DC
- Kitchen Blessings, Peggy Curry
- "Nutrition as a part of Cancer Recovery," Larry Miller, L.Ac., AC & CH, MS.
- Marilyn Joyce RD, author if 5 Minutes to Health talks about how to integrate a healthy diet into a whole program of healthy living.
- Discussion on Nutrition led by Jeanne Peters, RD
- Oriental Medicine, Dennins Kinnane, OMD, Lac
- Safety of Using Dietary Supplements, Winey Chin, RD
- Supportive information and techniques that will help while living with cancer, Winy Chen, RD.
- "What the Body Needs," Diana Lipson-Burge, RD

2005 Workshops

Workshops are provided based on subjects of interest to educate participants on various cancer related topics. Most workshops are held at The Wellness Community; however some workshops draw over 100 people in which case they are held at an off-site location.

- "Frankly Speaking about Non-Hodgkin's Lymphoma"
- "Communicating About What Matters"
- "Writing for Wellness," Barbara Abercrombie, ongoing, monthly.
- "Scrap Booking," Sue McGettingan
- "Social Security Disability:, Jim Dolenga, Esq.
- "Reiki Energy Circle," Heather Berry, Reiki Master
- "Beat the Odds in Cancer Treatment," Drs. Aleksandra and Mariusz Wirga
- "Radiation Oncology & Prostate Cancer Treatment," Garth Green, MD
- "The ABC's of Nurtition Supplements for Prostate Cancer, Mark A. Moyad, MD, MPH
- "Couples, Cancer and Communication," TWC facilitators
- "Health Crisis-Helping Yourself," Peggy Maddox
- "Introduction to QiGong," Ticko Martin

- "Cancer: Health Insurance and the Law," Barbara Schwerin, Esq.
- Frankly Speaking about Cancer Treatments: "Take Control of Side Effects with Medicine Mind and Body." Syed M. Jilani, MD & Mary Byrne, AOCN from Cancer Care Redondo Beach
- "Poetic Medicine: The Art of Poem-Making," John Fox, CPT
- "Medication, Herbals & Other Stuff," Judy Shegemitsu, Phar.D.
- "Ask the Doctors: Surgery & Breast Cancer," Melanie Friedlander, MD and Chia Chi Kao,
 MD.
- "Strike Out Cancer," with ex-Dodger player and cancer survivor Eric Davis presented in conjunction with "Frankly Speaking about New Discoveries," Heinz-Josef Lenx, MD.
- "Patient Active Guide to Living with Ovarian Cancer," Fikret Atamdede, MD.
- "New Beginnings for Cancer Survivors: <u>The Road Not Taken</u>," Christine Campisi, MA Personal Life Coach.

2005 Social Events

Social events are an integral part of healing from cancer. At The Wellness Community, we provide opportunities for our participants and their families to enjoy each other in a social setting.

- Annual Holiday Party is an opportunity to share cheer, food and drink; meet old and new friends in our homelike setting.
- Spring Fling, a fundraiser for The Strides for Hope Marathon Team
- The Comedy & Magic Club in Hermosa Beach donate tickets on an ongoing basis to attend week night comedy performances.
- The Redondo Beach Civic Light Opera donates tickets to performance dress rehearsals on a regular basis.
- Joke Fest is a long standing tradition where people bring a potluck dinner and share their favorite jokes.
- Yoga Tea is held after a regular Yoga session as an opportunity to serenely socialize.
- Survivor's Day Celebration & Dinner held in conjunction with Torrance Memorial Medical Center is an evening to celebrate survivorship with inspirational speakers.
- Revion/Run Walk at the USC Coliseum is an opportunity to join Wellness Community Team 110 in a fun run/walk and fundraiser.
- Summer Fest' where we provide the main course and people bring a potluck and enjoy fun organized by Bernie DeKoven, New Games originator & www.JunkyardSports.com creator.
- Fido & Friends Dog Walk brings together cancer survivor dogs and participants to celebrate survivorship.
- Breast Cancer Awareness Month Fashion Show: Torrance Memorial Medical Center
- A Nite Out of Healthy Eating at Raleigh Studios sponsored by the Manhattan Chamber of Commerce with Wellness Community breast cancer survivor speaker
- Halloween: A Gathering of Spooks and Goblins is a never to be missed costume party.

Online Support

The Wellness Community – National Web Site http://www.thewellnesscommunity.org

http://www.thewellnesscommunity.org/virtual WC/support.htm provides professionally facilitated support for all types of cancer.

www.TalkingWellness.org is a site with Cards for Cancer to provide words of comfort. http://espanol.thewellnesscommunity.org provides support in Spanish. www.GroupLoop.org provides a forum for teens to talk online.

PROJECT DESCRIPTIONS

THE WELLNESS COMMUNITY SOUTH BAY CITIES

The Wellness Community South Bay Cities provides free psychological, emotional and social support for cancer patients and their loved ones. The core of the program consists of 15 ongoing weekly support groups and specialized monthly networking groups for specific types of cancer offered in a homelike setting, 6 days a week with all groups led by professionally licensed psychotherapists. This program provides an alternative to these types of services provided in the marketplace, which are expensive, a great benefit to those already dealing with the costs of cancer treatment.

SOUTH BAY ADULT CARE CENTER INC.

The South Bay Adult Care Center currently operates an Adult Day Care Center in Redondo Beach. The purpose of the center is to enrich the lives of adults suffering from Alzheimer's, Parkinson's, stroke, frailty, loneliness, etc. The center is designed to maintain psychological functioning levels as much as possible, as well as provide respite to family members. The center currently functions with limited hours and wishes to expand these hours as much as possible.

PROJECT TOUCH

Project Touch provides tutoring, counseling, social, and therapeutic services to at-risk youth in the South Bay. The goal of Project Touch is to provide a supportive environment in which teens and pre-teens can strengthen their self-understanding, build self esteem, and develop positive attitudes and lifestyles before behavior becomes a problem. Project Touch also provides counseling, social, and therapeutic services at Mira Costa High School for "at risk" youths who are making the transition to a regular school environment. This part of the program provides once-weekly Alternative Classroom Education (A.C.E.) groups for 9th and 10th grade students, and individual counseling as needed.

SOUTH BAY YOUTH PROJECT

The South Bay Youth Project identifies and provides counseling to "at risk" youths who are from low and moderate income households and who are residents of Manhattan Beach. Through its In Class Students Assistance Program, this project targets local high school youths who encounter problems associated with parental neglect, truancy, substance abuse, or involvement with criminal activity.



SOUTH BAY FAMILY HEALTHCARE CENTER

The South Bay Free Clinic provides preventive and emergency dental care to low and moderate residents of Manhattan Beach. Specific services include cleanings, X-rays, fluoride treatments, full examinations, fillings, extractions, limited orthodontics and periodontal services, as well as referrals in cases where the needs of the patient are beyond the scope of the clinic.

1736 FAMILY CRISIS CENTER

The 1736 Family Crisis Center is a non-profit agency providing residents of Manhattan Beach with a variety of counseling services and shelter services to resolve problems associated with child abuse, spousal abuse, and homelessness. Specifically, the Center offers five shelters for battered women and their children; one 24-hour Emergency Adolescent Shelter; 24-hour hotline services; walk-in services; out-patient services; support group counseling and intervention for families and individuals; crisis referral and advocacy; the Mentor Program; assertiveness training; and, community outreach services.

SOUTH BAY CENTER FOR COUNSELING

South Bay Center for Counseling provides mental health care for low and moderate income household residents of Manhattan Beach through three counseling programs. The Parents and Children Together Program nurtures children traumatized by abuse, loss, neglect, or behavioral/emotional difficulties. The Counseling Services program provides low cost therapy to families, groups, and individuals. The Beach Cities Health District's Children's Program provides comprehensive screening and referrals to pregnant women and families with hospitalized children.

CARE MANAGEMENT FOR MANHATTAN BEACH SENIORS

The Care Management for Manhattan Beach Seniors Program provides care management assistance in obtaining services to seniors of the City of Manhattan Beach which help to promote and maintain their optimum level of functioning. The goal of this program is to keep seniors in the least restrictive environment possible, so as to reduce inappropriate institutionalization. The target age group for this program is those persons 85 years plus, who are at the most risks for physical, mental and/ or functional impairment.

THE SALVATION ARMY-SENIOR MEALS

The Salvation Army Senior Meals project provides groceries on a bimonthly basis to senior citizen residents of Manhattan Beach. The groceries are provided in order to nutritionally enhance and supplement their diets and are distributed through the Salvation Army's "Operation Sunshine" brown bag program.

	2006-2007	2006-2007 Program if Different from Total Budget	Residents 2005-2006 Year to Date (Projected)	Residents Projected 2006-	Number of Hours Spent per MB Client	Hour MB Clients
The Wellness						
Community South				-	ne good and	
Bay Cities	\$636,100	202,000	72(70)	80	54	\$62.50
South Bay Adult Care						
Center Inc.	\$110,000	NA	12(14)	15	650	\$7.00
Project Touch	\$167,222	\$9,799	30(100)	100	30.3	\$152.08
South Bay Youth						
Project	\$850,000	\$9,310	30(30)	30	15	\$21.00
South Bay Family						
Healthcare Center	\$4,400,000	\$68,181	100(200)	166	2.25	\$150.00
1736 Family Crisis		,	-	-		
Center	\$6,626,600	NA	200	200	*	*
South Bay Center For		-				
Counseling	\$3,500,000	NA	10(14)	25	52	\$30.00
Care Management				-		
For Manhattan Beach						
Seniors (Sevices						
Provided By Jan						
Buike)	\$65,681	NA	206(225)	220	2 to 40	\$31.58
Salvation Army						
(Meals On Wheels)	\$1,000,000	21,875	19(19)	19	∞	\$5.85



CDBG EXCHANGE OF FUNDS WORKSHEET

This worksheet is to be used for planning the exchange of Community Development Block Grant (CDBG) funds between jurisdictions participating in the Los Angeles County's CDBG Program.

Completion of the worksheet will be the responsibility of the jurisdiction offering CDBG funds for exchange and will include only funding information specific to the two (2) jurisdictions exchanging funds (the transferring and recipient jurisdictions). If additional exchanges are planned, involving jurisdictions other than those indicated below they must be identified on a separate form.

This exchange will involve actions between <u>MANHATTAN BEACH</u> (Transferring Jurisdiction) and <u>HAWAIIAN GARDENS</u> (Recipient Jurisdiction) and must be approved by both participants' governing bodies, as well as the Los Angeles County Board of Supervisors before becoming effective. Completion of this worksheet and approval by the Community Development Commission will formally start the authorization and approval process.

CD	BG FUN	DS TO BE EXCH	ANG	BED		
Type of Funding		Program Authority*				
	Total Amount		Yes	No	Amount	
New Allocation (Fiscal Year 200 6 200 7)	\$ 151,652	Administration (10% Max of Total New Fiscal Year Allocation)	×		\$ 15,165	
		Public Service (15% Max of Total New Fiscal Year Allocation)	X		\$ 22,747	
Prior Year Unallocated Funds	\$ 0					
District Funds	\$ 0					
Total Funding	\$ 151,652	EXCHANGE RATE WIL	L BE	¢-65	ON THE DOLLA	

^{*} Available for exchanges of total new allocation only. Partial exchanges of new allocation or midyear exchanges will not result in transfer of any additional authority to the recipient jurisdiction.

Approval of the intent to exchange	e CDBG funding:		
MA	1-31-06	Solly	1/26/06
Exchanging Jurisdiction	Date	Recipient Jurisdiction	Date/
Approyal of the availability of CDE	BG funds to be exc	changed:	
Naumond Whit		1/26/66	

Date

Community Development Commission



AGREEMENT

THIS AGREEMENT is made by the CITY OF MANHATTAN BEACH, a municipal corporation, ("CITY"), and the BEACH CITIES HEALTH DISTRICT, a health district formed under the laws of the State of California ("DISTRICT").

RECITALS

The following recitals are a substantive part of this Agreement:

- 1. CITY is desirous of obtaining the services of the DISTRICT to provide the services of a Senior Care Manager for the residents of Manhattan Beach:
- 2. District is capable of providing these services

AGREEMENT

THE PARTIES MUTUALLY AGREE AS FOLLOWS:

- 1. <u>Term of Agreement</u>. This agreement shall commence on July 1st, 2006, and shall terminate June 30th, 2011, unless earlier terminated as provided below.
 - 1.1 <u>Termination</u>. The District shall have the right to terminate the Agreement by giving the City written notice no less than 60 days prior to July 1 of the next year of the term hereof. Upon such notice, termination will be effective on July 1 of such next year of the term.
- 2. <u>Services to be Provided</u>. The services to be provided under this agreement shall be those set forth below:
 - 2.1 Senior Care Services. The DISTRICT shall provide care management services for approximately 100 eligible residents of the CITY per year. Care Management Services shall be provided by a Care Manager and shall include needs assessment, resource identification, individualized action plans, advocacy and follow-up services. information and referral services. and outreach presentations to community groups.
 - 2.2 <u>Key Person.</u> So long as Jan Buike is employed by the DISTRICT in any capacity related to Senior Care Management services, Jan Buike shall be the Care Manager for providing Senior Care Management services under this agreement. For the duration of this agreement, if Jan Buike is not a full-time employee of the DISTRICT, a qualified, full-time Care Manager replacement acceptable to City shall be obtained by the DISTRICT.



- 2.3 Absence of Key Person. In the event of the authorized absence of the Care Manager provided for in Section 2.1, the DISTRICT will provide these services through other qualified members of its staff, as circumstances reasonably allow. Such services shall be provided during normal DISTRICT office hours and DISTRICT shall have no obligation to provide services after such hours or on weekends or holidays.
- 2.4 <u>Primary Function</u>. The Senior Care Manager provided through this Agreement shall be a full-time employee of the DISTRICT. In return for the compensation received by the DISTRICT from the CITY, the Primary Job Function of this Senior Care Manager shall be the delivery of Senior Care Management Services to the CITY and other assignments as determined by the DISTRICT.
- 3. **Compensation**. DISTRICT shall be compensated as follows:
 - 3.1 Cost Sharing Formula. The costs for Senior Care Services provided through this Agreement shall be divided between the CITY and the DISTRICT. Except as otherwise specifically provided in this agreement, the CITY shall pay 55% of service costs, and the DISTRICT shall pay 45% of service costs. The CITY shall pay the DISTRICT one-fourth (1/4) of the CITY'S annual share on the first of each quarter beginning on July 1st of each year upon receipt of invoice from the DISTRICT. The CITY'S pro-rata portion of first-year service costs under this agreement shall not exceed \$36,125. The DISTRICT and the CITY shall meet annually to review actual service costs and establish the maximum amount of CITY'S contribution for service costs for the next year of the term of this agreement. Service costs shall include, without limitation, salaries and benefits, training, overhead, repair, maintenance and indirect allocations.
 - 3.2 Cost of Living Increases and Salary Adjustments. On an annual basis, the DISTRICT may propose reasonable cost of living increases and/or salary adjustments for the Senior Care Manager position that is the subject of this Agreement. All such increases are subject to review and approval by the CITY. Costs for all such adjustments shall be shared per the formula provided above in section 3.1.
 - 3.3 <u>Workers' Compensation & Benefits</u>. All persons providing services to City under this Agreement shall, for purposes, be employees of DISTRICT which shall be responsible for providing workers' compensation insurance and all other benefits required by law.

4. Insurance Requirements.

4.1 Commencement of Work. DISTRICT shall not commence services under this Agreement until it has obtained CITY approved insurance. Before beginning work hereunder, during the entire period of this Agreement, for any extensions hereto, and for periods after the end of this Agreement as indicated below, DISTRICT must have an maintain in place, all of the insurance coverages required in this Section 4. DISTRICT'S insurance shall comply with all items specified by this Agreement.

All insurance policies used to satisfy the requirements imposed hereunder shall be issued by insurers authorized to do business in the State of California. Insurers shall have a current A.M. Best's rating of not less than A-:VII unless otherwise approved by CITY.

- 4.2 <u>Coverages, Limits and Policy Requirements</u>. DISTRICT shall maintain the types of coverages and limits indicated below:
 - (1) COMMERCIAL GENERAL LIABILITY INSURANCE a policy for occurrence coverage, including all coverages provided by and to the extent afforded by Insurance Services Office Form CG 0001 ed. 11/88 or 11/85, with no special limitations affecting CITY. The limit for all coverages under this policy shall be no less than one million dollars (\$1,000,000.00) per occurrence. CITY, its employees, officials and agents, shall be added as additional insureds by endorsement to the policy. The insurer shall agree to provide the City with thirty (30) days prior written notice of any cancellation, non-renewal or material change in coverage. The City of Manhattan Beach Insurance Endorsement Form No. 1 (General Liability) must be executed by the applicable insurance underwriters.
 - (2) COMMERCIAL AUTO LIABILITY INSURANCE a policy including all coverages provided by and to the extent afforded by Insurance Services Office form CA 0001, ed. 12/93, including Symbol 1 (any auto) with no special limitations affecting the CITY. The limit for bodily injury and property damage liability shall be no less than one million dollars (\$1,000,000.00) per accident. CITY, its employees, officials and agents, shall be added as additional insureds by endorsement to the policy. The insurer shall agree to provide the City with thirty (30) days prior written notice of any cancellation, non-renewal or material change in coverage. The City of Manhattan Beach Insurance Endorsement Form



No. 2 (Auto) must be executed by the applicable insurance underwriters.

- (3) WORKERS' COMPENSATION INSURANCE a policy, which meets all statutory, benefit requirements of the Labor Code, or other applicable law, of the State of California. The minimum coverage limits for said insurance shall be no less than one million dollars (\$1,000,000.00) per claim. The policy shall contain, or be endorsed to include, a waiver of subrogation in favor of CITY.
- 4.3 Additional Requirements. The procuring of such required policies of insurance shall not be construed to limit DISTRICT'S liability hereunder, nor to fulfill the indemnification provisions and requirements of this Agreement. There shall be no recourse against CITY for payment of premiums or other amounts with respect thereto. If DISTRICT does not deposit copies of its insurance policies with CITY within sixty (60) days of receipt of request from CITY, DISTRICT shall be deemed in default hereunder. DISTRICT may substitute self-insurance for the foregoing insurance requirements in this section 4 subject to approval of the CITY.

Any deductibles or self-insured retentions must be declared to the CITY.

- 4.4 <u>Verification of Compliance</u>. DISTRICT shall furnish CITY with original endorsements effecting coverage required by this Agreement. The endorsements are to be signed by a person authorized by the insurer to bind coverage on its behalf. All endorsements are to be received and approved by CITY before care management services commence. Not less than fifteen (15) days prior to the expiration date of any policy of insurance required by this Agreement, DISTRICT shall deliver to CITY a binder or certificate of insurance with respect to each renewal policy, bearing annotation evidencing payment of the premium therefore, or accompanied by other proof of payment satisfactory to CITY.
- 5. <u>Indemnification</u>. DISTRICT agrees to indemnify, defend, and hold harmless CITY and its elective or appointive boards, officers, agents, attorneys and employees from any and all claims, liabilities, expenses, or damages of any nature, including attorney's fees arising out of, or in any way connected with, performance of, the Agreement by DISTRICT, its agents, officers, employees, subcontractors, or independent contractor(s) hired by DISTRICT. This indemnity shall apply to all claims and liability

regardless of whether any insurance policies are applicable. The policy limits do not act as a limitation upon the amount of indemnification to be provided by DISTRICT.

CITY agrees to indemnify, defend, and hold harmless DISTRICT and its elective or appointive boards, officers, agents, attorneys and employees from any and all claims, liabilities, expenses, or damages of any nature, including attorneys' fees arising out of, or in any way connected with performance of, the Agreement by CITY, its agents, officers, employees, subcontractors, or independent contractor(s) hired by CITY. This indemnity shall apply to all claims and liability regardless of whether any insurance policies are applicable. The policy limits do not act as a limitation upon the amount of indemnification to be provided by CITY.

- 6. <u>Modification</u>. This Agreement constitutes the entire agreement between the parties and supercedes any other related agreements, oral or written. No promises, other than those in this Agreement, shall be valid. This Agreement may be modified only by a written agreement executed between the CITY and the DISTRICT.
- 7. <u>Independent Contractor</u>. It is agreed that DISTRICT shall act and be an independent contractor and not an agent or employee of CITY, and shall obtain no rights to any benefits which accrue to CITY'S employees.
- 8. <u>Preservation of Agreement</u>. Should any provision of this Agreement be found invalid or unenforceable, the decision shall affect only the provision interpreted, and all remaining provisions shall remain enforceable.
- 9. **Assignment**. This agreement may not be assigned by either party without the prior written consent of the other party.
- 10. <u>Notices</u>. Any notice required or permitted thereunder may be given by a party to the other party at the address set forth in the signature block of this agreement. Such notice shall be deemed delivered upon receipt in the event of delivery by overnight delivery, messenger service or facsimile, and two days after deposit in the United States mail, postage prepaid, return receipt requested in the event of delivery by mail. Either party may change its address for purposes of notice by complying with the requirements of this section.



IN WITNESS THEREOF, the parties hereto have executed this Agreement on the day and year shown below

DISTRICT		CITY	
Ву		Ву	
Date		Date	
Address	514 North Prospect Ave. 3 rd Floor Redondo Beach, CA 90277	Address	1400 Highland Avenue Manhattan Beach, CA, 90266
APPROVED	O AS TO FORM:	APPROV	/ED AS TO FORM:
Attorney for	the DISTRICT	City Att	orney
4 .	A	TTEST:	
	C	ity Clerk	