

Free Workshop

LiveWell, DieWell

Have the critical conversation necessary to live life fully, while preparing for the end of life.



At this workshop, you will:

- Learn about Advance Care Planning from Dr. Ira Byock
- Practice having the conversation with your family regarding your plan
- Complete the Five Wishes tool to help guide your personal, spiritual, medical and legal decision-making

Thursday, March 17, 2016, 11 a.m. – 2 p.m.

Joslyn Community Center
1601 Valley Drive, Manhattan Beach

Free, but advance registration is required.
Register at www.bchd.org/diewell.

Lunch will be provided.



Ira Byock, MD, is a leading palliative care physician, author, and public advocate for improving care through the end of life. He is the Founder and Chief Medical Officer for the Institute for Human Caring of Providence Health and Services in Torrance.



 **PROVIDENCE**
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