



Agenda Item # _____

Staff Report

City of Manhattan Beach

TO: Honorable Mayor Fahey and Members of the City Council

FROM: Geoff Dolan, City Manager

DATE: September 6, 2005

SUBJECT: Consideration of a Presentation by the Manhattan Beach Unified School District Task Force on Substance Abuse Prevention and Education

RECOMMENDATION:

Staff recommends that the City Council receive and file the presentation from the Manhattan Beach Unified School District on its Substance Abuse Prevention and Education Task Force.

FISCAL IMPLICATION:

There are no fiscal implications associated with staff's recommendation.

DISCUSSION:

The attached report from the Manhattan Beach Unified School District provides an overview of its Substance Abuse Prevention and Education Task Force. After last year's death of a Mira Costa High School student, a subcommittee was formed in order to address and provide recommendations to the Board of Trustees on prevention, education and intervention aspects of substance abuse in our community. Over a five month period, forty participants developed and approved a set of recommendations for the Board of Trustees, administration, parents, students and the community.

The goal of the Task Force is "to reduce the number of students using, buying, and selling alcohol and drugs by making it harder to do so; by identifying those who do; by directing students and their families toward education, help and recovery; by creating a campus culture at all school sites which advocates and supports health lifestyle choices; and by involving the community in our ongoing efforts."

Dr. Gwen Gross, Superintendent of the Manhattan Beach Unified School District, Task Force Members, and other school district representatives will provide an update to the City Council on the program and action plan.

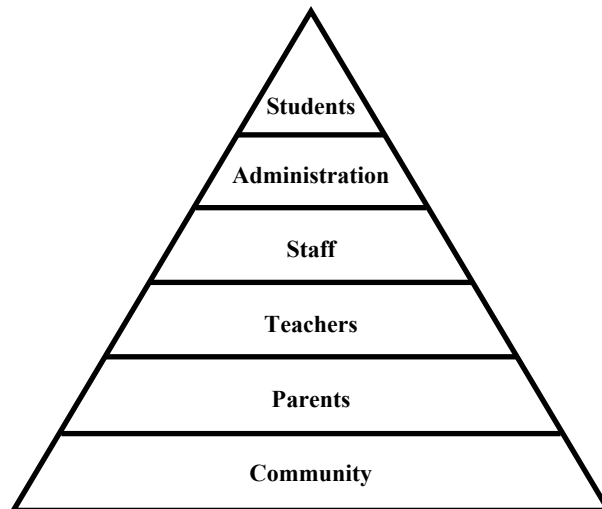
Attachments: A. Manhattan Beach Unified School District's Presentation
B. Substance Abuse Prevention and Education Task Force Booklet – June 2005



**Manhattan Beach
Unified School District**

325 South Peck
Avenue
Manhattan Beach,

SUBSTANCE ABUSE PREVENTION AND EDUCATION TASK FORCE



June 2005



**Manhattan Beach
Unified School District**

**SUBSTANCE ABUSE
PREVENTION AND EDUCATION
TASK FORCE**

Goal: To reduce the number of students using, buying, and selling alcohol and drugs by making it harder to do so; by identifying those who do; by directing students and their families toward education, help and recovery; by creating a campus culture at all school sites which advocates and supports healthy lifestyle choices; and by involving the community in our ongoing efforts.

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Substance Abuse Prevention and Education Task Force

Goal: To reduce the number of students using, buying, and selling alcohol and drugs by making it harder to do so; by identifying those who do; by directing students and their families toward education, help and recovery; by creating a campus culture at all school sites which advocates and supports healthy lifestyle choices; and by involving the community in our ongoing efforts.

Objective 1: Task Force Recommendations to the MBUSD Board of Trustees

	Action Steps	Responsibility
Prevention/Education		
1.1	Designate one person/phone number at each school site (grades 6-12) as first contact for students, community health care providers, parents, faculty and staff with substance abuse issues or questions and communicate this contact community-wide.	Dr. Gwen Gross
1.2	Augment and fund peer programs that emphasize education and prevention; formalize faculty advisor position; require “non-use agreements” for student mentors. <ul style="list-style-type: none"> • Peer Support Program • PACE <ul style="list-style-type: none"> - Extend outreach to MBMS • Peer Mentoring • Peer Education • Student-driven clubs (i.e., Teens Against Tobacco) 	Dr. Gwen Gross
1.3	Extend relevant curriculum. <ul style="list-style-type: none"> • Every student taught physical/emotional risks of abused substances • Expand coping strategy curriculum (i.e., Adolescent Coping Education Skills – ACES – to high school). 	Administration/ Faculty & Staff
1.4	Support a Voluntary Drug Testing Program consistent with current best practice and effective programs.	MBUSD Board/ Dr. Gwen Gross
1.5	Investigate the implementation of software applications that enable parents/guardians to access and track their students’ academic performance records.	
Intervention		
1.6	Pursue the creation of an on-site confidential drop-in support group led by a professional.	Administration/ Faculty & Staff
Enforcement		
1.7	Ensure enforcement of existing policies regarding substance abuse, consistent with California Education Code, at all school sites.	Administration/ Faculty & Staff
1.8	Recommend use of periodic K-9 searches on campus, including classrooms.	MBUSD Board/ Dr. Gwen Gross
1.9	Revise Board Policy to include substance possession and use in employee “mandatory reporting” guidelines.	MBUSD Board/ Dr. Gwen Gross
Ongoing		
1.10	Convene ongoing Substance Abuse Task Force with all stakeholders represented (MCHS, MBMS, Hermosa Valley).	Dr. Gwen Gross

Creative funding solutions for the above recommendations may be found in partnership with PT(S)As, Manhattan Beach Education Foundation, Hermosa Beach Education Foundation, Manhattan Beach Athletic Foundation, Beach Cities Health District, South Bay Coalition, community and service organizations, and local, state and federal grants. We implore the Board to explore these options, as well as forging connections with the Manhattan and Hermosa Beach City Councils.

Substance Abuse Prevention and Education Task Force

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Objective 2: Administrative Action Plan		
	Action Steps	Responsibility
Prevention/Education		
2.1*	Designate one person/phone number at each school site (grades 6-12) as first contact for students, community health care providers, parents, faculty and staff with substance abuse issues or questions and communicate this contact community-wide.	Administration/ Faculty & Staff
2.2	Develop “Core Message” to communicate District position on student substance abuse.	MBUSD Board/ Dr. Gwen Gross
2.3*	Augment and fund peer programs that emphasize education and prevention; formalize faculty advisor position; require “non-use agreements” for student mentors. <ul style="list-style-type: none"> • Peer Support Program • PACE <ul style="list-style-type: none"> - Extend outreach to MBMS • Peer Mentoring • Peer Education • Student-driven clubs (i.e., Teens Against Tobacco) 	MBUSD Board/ Dr. Gwen Gross
2.4*	Extend relevant curriculum. <ul style="list-style-type: none"> • Every student taught physical/emotional risks of abused substances • Expand coping strategy curriculum (i.e., Adolescent Coping Education Skills – ACES – to high school). 	Administration/ Faculty & Staff
2.5	Maximize opportunities to deliver “Core Message” and to educate parents and the community about adolescent substance abuse and resources. <ul style="list-style-type: none"> • Grade level orientations • PTSA meetings • Email blasts • Expand website presence to include community-wide events (South Bay Coalition, Parent Education Network, MB/HB PTAs, etc.) • Healthy Kids Survey/results • Parent and Home Survey • Special substance abuse forum (MBPD) • Mandatory meetings with new parents • Circulate South Bay Coalition Handbook 	Administration/ Faculty & Staff/ MBPD
2.6	Kick off public information campaign to inform community and stakeholders about Substance Abuse Prevention and Education Task Force findings/recommendations and programs.	MBUSD Board/ Dr. Gwen Gross/ PTSA
2.7	Support “Safe Space” program. <ul style="list-style-type: none"> • Parents pledge to guarantee a drug-free and alcohol-free home environment for student social events (Loyola HS Model). 	PTSA/ MBUSD Board/ Dr. Gwen Gross/ PTSA
2.8	Evaluate “no cash on campus” policy.	MBUSD Board/ Dr. Gwen Gross
2.9	Re-invent Red Ribbon program (not just one week). <ul style="list-style-type: none"> • Presentations/endorsements from celebrities, athletes, family members, etc. 	PTSA designee
2.10	Consider “non-use agreements” for students. <ul style="list-style-type: none"> • Require for students involved in peer support (2.3). 	Administration/ Faculty & Staff/

***Items in bold are specific recommendations from the Task Force to the MBUSD Board of Trustees.**

Objective 2: Administrative Action Plan		
	Action Steps	Responsibility
Prevention/Education		
2.11	Support, publicize, and participate in Thelma McMillen symposium on substance abuse.	Administration/ Faculty & Staff
2.12*	Investigate the implementation of software applications that enable parents/guardians to access and track their students' academic performance records.	
Intervention		
2.13*	Pursue the creation of an on-site confidential drop-in support group led by a professional.	Administration/ Faculty & Staff
2.14	Actively address the specific stresses of each grade level. <ul style="list-style-type: none"> Educate parents, faculty, and students. Implement monthly stress release programs. <ul style="list-style-type: none"> Lunch hours PE 	Administration/ Faculty & Staff
2.15	Convene core group, and establish process, to review progress of students who have been found in violation.	Administration/ Faculty & Staff
Enforcement		
2.16*	Ensure enforcement of existing policies regarding substance abuse, consistent with California Education Code, at all school sites.	Administration/ Faculty & Staff
2.17*	Recommend use of periodic K-9 searches on campus to include classrooms.	MBUSD Board/ Dr. Gwen Gross
2.18	Coordinate with MBPD: Substance Recognition and Influence <ul style="list-style-type: none"> Emphasize faculty accountability to report and increase faculty/staff training. Increase We-Tip awareness. Encourage use of local police dispatch number for immediate response. Encourage faculty to access services provided by School Resource Officer for increased in-class presentations. Explore ways to further increase campus security, e.g., security staff training, locking gates, limiting student exits, video surveillance. 	Administration/ Faculty & Staff/ MBPD
2.19*	Support a Voluntary Drug Testing Program consistent with current best practice and effective programs.	MBUSD Board/ Dr. Gwen Gross
2.20*	Revise Board Policy to include substance possession and use in employee "mandatory reporting" guidelines.	MBUSD Board/ Dr. Gwen Gross
Ongoing		
2.21	Review current level of funding for substance abuse prevention and education. Explore joint funding opportunities with PTSAs, MBEF, HBEF, MBAF, and local, state and federal grants.	
2.22*	Convene ongoing Substance Abuse Task Force with all stakeholders represented (MCHS, MBMS, Hermosa Valley).	Dr. Gwen Gross
2.23	Forge community connections to support Substance Abuse Prevention and Education goals, e.g.: <ul style="list-style-type: none"> Hermosa Beach City Elementary School District Manhattan Beach/Hermosa Beach City Councils Service Organizations Scouts and youth sports Business News Media South Bay Coalition Manhattan Beach Education Foundation/ Manhattan Beach Athletic Foundation Beach Cities Health District 	MBUSD Board/ Dr. Gwen Gross/ PTSA

***Items in bold are specific recommendations from the Task Force to the MBUSD Board of Trustees.**

Objective 2: Administrative Action Plan

	Action Steps	Responsibility
Ongoing		
2.24	Utilize US Mail for critical school-home communications (i.e., excessive school absences).	

***Items in bold are specific recommendations from the Task Force to the MBUSD Board of Trustees.**

Substance Abuse Prevention and Education Task Force

Goal: To reduce the number of students using, buying, and selling alcohol and drugs by making it harder to do so; by identifying those who do; by directing students and their families toward education, help and recovery; by creating a campus culture at all school sites which advocates and supports healthy lifestyle choices; and by involving the community in our ongoing efforts.

Objective 3: Parental Responsibilities

	Action Steps	Responsibility
3.1	Implement "Safe Space" program. <ul style="list-style-type: none"> • Parents pledge to guarantee a drug-free, alcohol-free, home environment for student social events (Loyola HS Model). • Lock up and monitor alcohol and prescription medications at home. 	PTSA/ MBUSD Board/ Dr. Gwen Gross
3.2	Take responsibility for communications. <ul style="list-style-type: none"> • Provide school with accurate contact information, including cell phone numbers. • Access websites regularly. • Sign up for email blast: District, Principal 	PTSA
3.3	Sign up students for voluntary drug testing/ non-use agreements.	Parents/ PTSA
3.4	Take responsibility for reporting substance abuse. <ul style="list-style-type: none"> • Utilize We-Tip • Utilize MBPD Dispatch for immediate response. 	Parents/ PTSA
3.5	Assist with funding to support a designated contact at the high school to coordinate resources and services for at-risk students.	Parents/ PTSA
3.6	Participate in school site Substance Abuse Task Force.	Parents/ PTSA
3.7	Increase parent involvement on secondary campuses. <ul style="list-style-type: none"> • Young At Art • Growing Great • Train to deliver coping strategies curriculum. 	Administration/ Faculty & Staff
3.8	Assist with redesigned Red Ribbon Week.	Parents/ PTSA
3.9	Support and enhance Grad Night efforts.	Parents/ All stakeholders

Substance Abuse Prevention and Education Task Force

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Objective 4: Student Participation

	Action Steps	Responsibility
4.1	Create public information campaign at grades 6-12 school sites to educate peers about “Core Message” and consequences of substance abuse. <ul style="list-style-type: none"> • Posters • La Vista • Broadcast Journalism 	Students/ ASB Clubs
4.2	Become advocates for drug-free lifestyle and programs, including Peer Support, PACE, Peer Mentoring and student-based clubs. <ul style="list-style-type: none"> • Participate in Substance Abuse Prevention and Education Task Force. • Develop empowerment program for non-using students. 	Students/ ASB Clubs
4.3	Help to plan and participate in grade-specific anti-stress programs.	Students/ ASB Clubs
4.4	Give feedback to help assess results of above proposals and recommendations. Revise, as needed. <ul style="list-style-type: none"> • Student surveys, focus groups, Substance Abuse Task Force, etc. 	Students/ ASB Clubs
4.5	Sign up for Voluntary Drug Testing.	Students/ ASB Clubs
4.6	Help re-invent Red Ribbon program.	Students/ ASB Clubs
4.7	Participate in We-Tip.	Students/ ASB Clubs
4.8	Sign “non-use” agreement annually.	Students/ ASB Clubs
4.9	Help distribute South Bay Coalition Handbook and other resources.	Students/ ASB Clubs

Substance Abuse Prevention and Education Task Force

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Objective 5: Community Involvement

	Action Steps	Responsibility
5.1	MBPD to coordinate with MBUSD regarding identifying students under the influence. <ul style="list-style-type: none"> • Faculty and staff training • Increased We-Tip awareness • Encourage faculty to access services provided by School Resource Officer. • Explore ways to further increase campus security, e.g., locking gates, limited student exits, video surveillance. • SRO presentations to other community members, parents and faculty • Support “Safe Space” program. 	
5.2	Forge relationship between MBUSD/HBCSD and Manhattan Beach/Hermosa Beach City Councils to address community-wide substance use/abuse problem. <ul style="list-style-type: none"> • City Council members participate on Substance Abuse Task Force. • City Council members visit school sites. 	
5.3	Define opportunities to contribute resources to support substance abuse programs.	
5.4	Participate in Substance Abuse Prevention and Education Task Force.	
5.5	Convene annual community-wide symposium on substance abuse issues (Thelma McMillen Center).	
5.6	Take responsibility for reporting substance abuse. <ul style="list-style-type: none"> • Utilize We-Tip. • Utilize MBPD Dispatch for immediate response. 	
5.7	Elected officials participate in re-vamped Red Ribbon program.	
5.8	Assist with public information campaign.	
5.9	Support and enhance Grad Night efforts.	
5.10	Support efforts of South Bay Coalition and circulate South Bay Coalition Handbook.	

Substance Abuse Prevention and Education Task Force

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Objective 6: Ongoing Evaluation

6.1	Create and implement a process to evaluate results of above proposals and recommendations. Revise, as needed.
6.2	Substance Abuse Prevention and Education Task Force will meet periodically to evaluate progress, revise goals, and report to the Board of Trustees and the community.

Substance Abuse Prevention and Education Task Force

Task Force Members, 2004-2005

Aldrich, DaeLea	Educational Advisor, MCHS
Alfano, Audrey	Parent
Anderson, Denise	Educational Advisor, MCHS
Armstrong, Ryan	Student, MCHS Junior
Bozeman, Paula	Peer Support Program Leader English Teacher, MCHS
Codron, Helen	Parent
Coggeshall, Diane	Parent
Cooper, Bill	MBUSD Board Member Parent
Fuller, Dr. Nick	Anesthesiologist, Cedars Sinai Hospital
Gelbart, Moe, Ph.D.	Psychiatrist, Thelma McMillen Center, Torrance Memorial
Giovati, John	Director of CDC Parent
Gross, Dr. Gwen	Superintendent, MBUSD
Hausch, Tana	Volunteer Athletic Drug Testing Program
Holtzinger, Colin	Student, MCHS Junior
Kaiserman, Dr. Kevin	USC Keck School of Medicine Parent
Klevesahl, Ernie	Chief of Police, City of MB
Kramer, Dr. Ian	Medical Advisory Board Parent
Loverich, Joe	MBUSD Board Member Parent
Maekawa, Mika	Student, MCHS Senior ASB President

Martin, Stephanie	School Resource Officer, MCHS
McClain, Dr. Sharon	Superintendent, Hermosa CSD
McDonald, Dr. Helene	Psychiatrist Parent
Morrow, Don	Teacher/Coach, MCHS
Oshita, Gretchen	Youth Administrator
Pipkin, Janice	Parent
Pitts, Ann	Parent
Schack, Dr. Linda	Adolescent Medicine
Seaton, Carolyn	Principal, MBMS
Simmons, Tami	Nurse, MBUSD
Stein, Bradley	Child Psychiatrist, RAND Corporation Parent
Torf, Kevin	Parent
Wayland, Gary	Manhattan Beach Athletic Foundation Parent
Widman, Lance	Hermosa CSD Board Member Parent
Wilbur, Dr. Scott	Principal, MCHS
Wilson, Dr. Rocky	Community Leader Teacher, MCHS
Woodie, Jennifer	Manager, Outreach, Thelma McMillen Center, Torrance Memorial
Zaun, Lani	Parent
Zimmerman, Judi	Nurse, MBUSD

Substance Abuse Prevention and Education Task Force

Task Force Presentations and Speakers, 2004-2005

Tuesday, November 23, 2004, 7:00 p.m.	
Welcome and Introductions	Dr. Gwen Gross
Task Force Focus - Prevention - Education - Intervention	Dr. Kevin Kaiserman
Problem Identification Sharing	Task Force Members
Action Plan Next Steps	Dr. Kevin Kaiserman

Thursday, January 18, 2005, 7:00 p.m.	
Voluntary Drug Testing Program	Tana Hausch
Programs/Treatment Programs in the Community	Dr. Moe Gelbart
A Parent's Perspective - Mitch Davis, Peer Support Student - Alana Drescher, Peer Support Student - Michelle Ross, Peer Support Student	Ann Pitts
Funds for Programs	Dr. Gwen Gross

Tuesday, November 30, 2004, 7:00 p.m.	
Overview of DATE Programs	Jennifer Woodie Gretchen Oshita
Healthy Kids Survey Process/ Results	Jennifer Woodie Gretchen Oshita
Overview of Parent Support/ Training	Dr. Rocky Wilson
Student Perceptions of Current Programs	Mika Maekawa Ryan Armstrong
Guidelines for Student Behavior, Policies and Procedures	John Giovati Scott Wilbur

Monday, February 7, 2005, 7:00 p.m.	
Community Resources	Dr. Linda Schack
Beach Cities Health District Services Support	Gretchen Oshita
Committee Recommendations for the Board of Trustees	Dr. Kevin Kaiserman

Tuesday, February 22, 2005, 7:00 p.m.	
Medical Advisory Board - Task Force Update	Dr. Kevin Kaiserman

Thursday, January 6, 2005, 7:00 p.m.	
Introductions: New Participants in Task Force	Dr. Gwen Gross
Special Guests:	Sara Lessor, Student Helena Montes, Student Colin Robertson, Student Kris Williams, Student Ann Pitts, Parent
Guidelines for Student Behavior, Policies & Procedures	John Giovati Scott Wilbur
The Role of the Manhattan Beach Police Department in School Safety	Chief Ernie Klevesahl Stephanie Martin

Tuesday, March 1, 2005, 7:00 p.m.	
Read, Discuss and Revise Task Force Action Plan	Task Force Members

Tuesday, April 26, 2005, 7:00 p.m.	
Welcome	Dr. Kevin Kaiserman
Update on Previous Meeting	Tana Hausch
Presentation of Draft Action Plan	Helen Codron Ann Pitts Lani Zaun
Capistrano USD Testing Program	Lani Zaun

Substance Abuse Prevention and Education Task Force

Local and Regional Resources for Chemically Dependent Teens

<p>Thelma McMillen Teen Outpatient Program</p>	<p>3333 Skypark Drive, 2nd Floor Torrance, CA 90505 310-257-5760 www.TorranceMemorial.org/tcmillen.htm</p> <p><i>Affiliated with Torrance Memorial Medical Center, ages 13-17. Adult outpatient program also available.</i></p>
<p>Del Amo Hospital Detox Facility</p>	<p>23700 Camino Del Sol Torrance, CA 90505 310-784-2217 www.delamohospital.com</p>
<p>Matrix Institute West L.A.</p>	<p>12304 Santa Monica Blvd., Suite 200 Los Angeles, CA 90025 310-207-4322 matrixinstitute.org/</p> <p><i>16-week adolescent outpatient program.</i></p>
<p>Peninsula Recovery Center</p>	<p>1386 W. 7th Street San Pedro, CA 90732 310-514-5304 www.lcmhs.org/services/dependency.html</p> <p><i>Affiliated with Little Company of Mary Hospital.</i></p>
<p>Touchstones</p>	<p>P.O. Box 849 Orange, CA 92856 714-639-5542 www.socialmodel.com</p> <p><i>6-month residential treatment for teens ages 13-17.</i></p>
<p>Cottonwood de Tucson</p>	<p>4110 W. Sweetwater Drive Tucson, AZ 85745 800-877-4520 www.cottonwooddetucson.com</p> <p><i>Separate inpatient programs for adolescents and adults. Girls only program available and young adult program (ages 18-23).</i></p>
<p>Sundown M Ranch</p>	<p>P.O. Box 217 Selah, WA 98942 800-326-7444 www.sundown.org/</p> <p><i>Separate inpatient programs for adolescents and adults.</i></p>

<p>Visions Adolescent Treatment Program</p>	<p>33335 Mulholland Highway Malibu, CA 90265 866-889-3665 www.visionsteen.com</p> <p><i>Minimum stay 45 days. Ages 13-17. Comprehensive aftercare.</i></p>
<p>Aspen Education Group</p>	<p>30251 Golden Lantern #175 Laguna Niguel, CA 90277 949-495-6115 Contact: Debbie Hopper www.aspeneducation.com</p> <p><i>Wide range of short and long term programs for chemically dependent/substance abusing adolescents and young adults, dual diagnosis, behavioral, academic, and social issues. Includes accredited boarding schools and student loan programs.</i></p>
<p>Sierra Tucson</p>	<p>39580 S. Lago del Oro Parkway Tucson, AZ 85739 800-842-4487 www.sierratucson.com</p> <p><i>Inpatient programs for adults ages 18 and over. Dual diagnosis and eating disorders programs available.</i></p>
<p>Betty Ford Center at Eisenhower</p>	<p>39000 Bob Hope Drive Rancho Mirage, CA 92270 800-854-9211 www.bettyfordcenter.org</p> <p><i>30-90 day program for adults age 18 and over.</i></p>
<p>Linda E. Shack, M.D. Adolescent & Young Adult Medicine</p>	<p>3400 Lomita Blvd., Suite 300 Torrance, CA 90505 310-325-4353 www.teensmd.yourmd.com</p> <p><i>Comprehensive health care, substance abuse evaluation and referral, in-office drug testing.</i></p>
<p>Ed Storti, I.C.A.D.C. Intervention Specialist</p>	<p>P.O. Box 2635 San Pedro, CA 90731 310-548-3973 www.stortimodel.com</p> <p><i>Motivates individuals to enter treatment programs with the help of their family and friends.</i></p>
<p>Al-Anon and Alateen</p>	<p>213-387-3158 www.al-anon.org/</p> <p><i>12-step support group for family members, partners, etc., of chemically dependent people.</i></p>
<p>Alcoholics Anonymous</p>	<p>800-923-8722 www.alcoholics-anonymous.org/</p>
<p>Cocaine Anonymous</p>	<p>310-216-4444 www.ca.org/</p>
<p>Marijuana Anonymous</p>	<p>800-766-6779 www.marijuana-anonymous.org</p>
<p>Narcotics Anonymous</p>	<p>310-372-9666 www.na.org/</p>