



SELF RATING

GUIDE FOR TENNIS CLASSES

National Tennis Rating Program General Characteristics of Various Playing Levels

BEGINNING 1.0 TO 1.5

1.0 This player is just starting to play tennis. 1.5 This player has limited experience and is still working primarily on getting the ball into play.

ADVANCED BEGINNING 2.0

2.0 This player needs on-court experience; this player has obvious stroke weakness but is familiar with basic positions for singles and doubles play.

INTERMEDIATE 2.5 TO 3.0

2.5 This player is learning to judge where the ball is going although court coverage is weak; this player can sustain a rally of slow pace with other players of the same ability.

ADVANCED INTERMEDIATE 3.5 TO 4.0

3.5 This player has achieved improved stroke dependability and direction on moderate shots, but still lacks depth and variety. This player is starting to exhibit more aggressive net play, has improved court coverage, and is developing teamwork in doubles.

ADVANCED 4.0

4.0 This player has dependable strokes, including directional intent and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots and volleys with some success. This player occasionally forces errors when serving and teamwork in doubles is evident.

www.citymb.info/tennis

