REC CAMP (REC SAMPLE SCHEDULE (REC PROGRAM

The daily schedule may change from time to time, based on the activities for the day. Here is a sample of a park day with no off site activities.

Sign in procedures and quite inside time 7:30am to 8:30am Outside time: Morning stretches and small group activities 8:30am to 9:15am 9:15am to 9:45am Supervised outside child directed play 9:45am 10:00am Snack time provided by REC 10am to 10:30am Water/bathroom break/sanitize 10:30am to 11:30am Outside time: Big group activities Arts and Crafts 11:30am to 12pm 12pm to 12:30pm Lunch 12:30pm to lpm Supervised outside child directed play Ipm to 1:15pm Water/bathroom break/sanitize 1:15pm to 2:00pm Outside time: Big group activities 2:00pm to 3:00pm Arts and Crafts 3:00pm to 3:15pm Water/bathroom break/sanitize Supervised outside child directed play 3:15pm to 4:15pm 4:15pm to 5:00pm Outside time: Big group activities 5pm to 5:30pm Clean up, sign out and outside supervised child directed play

