

# SUMMER CAMPS

## AQUATICS

### JUNIOR AQUATICS CAMP

#### 8 but less than 11

Open to all boys and girls ages 8 to 10 who can swim 25 yards nonstop. Campers will enjoy the benefits of outdoor activities in and out of the water, learn some basic lifeguarding skills, and participate in hands-on arts and crafts projects while making new friends and lifelong memories. Fee include uniform (T-shirt, shorts, sweatshirt) and field trips transportation to the beach on every Tuesday. No class 7/4.

Instructor: Begg Pool Staff

Location: Begg Pool

**Res: \$364 Nonres: \$400(3 Weeks)**

**37745** 8:30am to 12:30pm 6/20-7/8 M Tu W Th F

**Res: \$389 Nonres: \$427(3 Weeks)**

**37746** 8:30am to 12:30pm 7/11-7/29 M Tu W Th F

**37747** 8:30am to 12:30pm 8/1-8/19 M Tu W Th F



## PARTY AT BEGG POOL

### SUMMER KICK-OFF PARTY

**June 18**

**10am to 2pm**

**Free for all ages**

Kick off the start of summer at Begg Pool! Meet the summer Aquatics staff and have a fun day in the sun! This event is FREE for the entire family. There will be water games, water balloon toss, swimming, and music. No food will be provided, but you are more than welcome to bring a picnic to eat on the grass area.

### 4TH OF JULY PARTY

**July 4**

**10am to 2pm**

**\$5 per person (ages 2 & under free)**

Kick-off your 4th of July celebration with the Aquatics staff and celebrate our nation's independence! You and your family are invited for a day of water games, water balloon toss, swimming, and music! No food will be provided, but you are more than welcome to bring a picnic to eat on the grass area.

For more information, please contact Begg Pool at (310) 802-5428 or the Parks and Recreation Department at (310) 802-5448.

## POOL RULES

All patrons entering the facility during recreational/lap swim times are required to pay the facility admission fee, including spectators, except those seated in the bleacher area.

- Swimsuit required
- Children not potty trained must wear a swim diaper
- Children under age 7 must be accompanied by an adult in the water at all times (4 children max per 1 adult)
- Water toys and U.S. Coast Guard approved lifejackets may be used at the Pool Manager's discretion. Each individual wearing a U.S. Coast Guard lifejacket must be accompanied by an adult in the pool, within arms reach

### NOT ALLOWED IN POOL OR POOL AREA

- Flotation devices
- Running
- Smoking
- Diving
- Pets
- Breath-holding games

### NO EXCEPTIONS

- The City reserves the right to refuse access at any time
- No outside coaching allowed

## LAP SWIM

**Online Reservation: Res: \$5 Nonres: \$7**

**Drop-in: Res and Nonres: \$7**

Monday - Friday 7am - 7:50am

Monday & Wednesday 7pm - 7:50pm

Saturday & Sunday 8am - 8:50am

## REC SWIM

**Online Reservation: Res: \$3 Nonres: \$5**

**Drop-in: Res and Nonres: \$5**

Monday through Sunday 12pm to 12:50pm

1pm - 1:50pm

See [www.manhattanbeach.gov/aquatics](http://www.manhattanbeach.gov/aquatics) to make an online reservation and for more information



**FACT ABOUT  
BEGG POOL**

*Begg Pool is heated at 84 degrees all year long!*

## TOT

### PARENT AND ME - SWIM LESSONS

**1 but less than 4**

**Res: \$68 Nonres: \$74 (4 Weeks)**

Develop your child's readiness to swim by joining them in the pool for water exploration! Parent (limit 1 parent per child) and child will learn how to be comfortable in, on and around the water. This class is not designed to teach your child to swim. Children must wear a swimming diaper. One make-up class allowed per session. No class 7/2-7/3.

Instructor: Begg Pool Staff

Location: Begg Pool

#### Session I

<b>38326</b>	9am to 9:40am	6/25-7/23	Sa
<b>38327</b>	9:45am to 10:25am	6/25-7/23	Sa
<b>38328</b>	10:30am to 11:10am	6/25-7/23	Sa
<b>38329</b>	9am to 9:40am	6/26-7/24	Su
<b>38524</b>	9:45am to 10:25am	6/26-7/24	Su
<b>38525</b>	10:30am to 11:10am	6/26-7/24	Su

#### Session II

<b>38526</b>	9am to 9:40am	7/30-8/20	Sa
<b>38527</b>	9:45am to 10:25am	7/30-8/20	Sa
<b>38528</b>	10:30am to 11:10am	7/30-8/20	Sa
<b>38529</b>	9am to 9:40am	7/31-8/21	Su
<b>38530</b>	9:45am to 10:25am	7/31-8/21	Su
<b>38531</b>	10:30am to 11:10am	7/31-8/21	Su

## YOUTH

### INTRO TO WATER POLO

**5 but less than 12**

**Res: \$165 Nonres: \$182 (6 Weeks)**

This class is designed for children ages 5 to 12 years old. Participants will learn ball handling, passing, shooting, team work skills, rules and regulations. Skills will be taught in a friendly and nurturing environment. Prerequisite: Must be able to swim 50 yards freestyle nonstop on the first day of class. No class 7/2.

Instructor: Begg Pool Staff

Location: Begg Pool

<b>38566</b>	8am to 8:50am	6/25-8/6	Sa
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### PRE-SWIM TEAM CLASS

**5 but less than 15**

**Res: \$305 Nonres: \$336 (8 Weeks)**

The Pre-Swim Team is the mandatory prerequisite class for the MB Dolphins Swim Team. Swimmers must be able to swim 50 yards freestyle and 50 yards backstroke without stopping, and have some knowledge of breaststroke technique. Swimmers must attend at least 50% of all the practices to be eligible to join the MB Dolphins Swim Team. No class 7/4.

Instructor: Begg Pool Staff

Location: Begg Pool

<b>38330</b>	6pm to 6:50pm	6/27-8/17	MW
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### SMALL GROUP SWIM LESSONS

**3 but less than 12**

Three-to-one learning environment for children levels 1-3, four-to-one learning environment for children levels 4 and 5 to focus on furthering their skills. Children must be potty trained and able to be in the water without a parent. For the safety of all children, parents must wait outside the fence during the lesson. One make-up class allowed per session. No class 7/4.

Instructor: Begg Pool Staff

Location: Begg Pool

#### Session 1

**Res: \$176 Nonres: \$194 (2 Weeks)**

<b>38464</b>	9:45am to 10:25am	6/20-6/30	M Tu W Th
<b>38465</b>	10:30am to 11:10am	6/20-6/30	M Tu W Th
<b>38466</b>	3pm to 3:40pm	6/20-6/30	M Tu W Th
<b>38467</b>	3:45pm to 4:25pm	6/20-6/30	M Tu W Th
<b>38468</b>	4:30pm to 5:10pm	6/20-6/30	M Tu W Th

#### Session 2

**Res: \$154 Nonres: \$170 (2 Weeks)**

<b>38469</b>	9:45am to 10:25am	7/5-7/14	M Tu W Th
<b>38470</b>	10:30am to 11:10am	7/5-7/14	M Tu W Th
<b>38471</b>	3pm to 3:40pm	7/5-7/14	M Tu W Th
<b>38472</b>	3:45pm to 4:25pm	7/5-7/14	M Tu W Th
<b>38473</b>	4:30pm to 5:10pm	7/5-7/14	M Tu W Th

#### Session 3

**Res: \$176 Nonres: \$194 (2 Weeks)**

<b>38474</b>	9:45am to 10:25am	7/18-7/28	M Tu W Th
<b>38475</b>	10:30am to 11:10am	7/18-7/28	M Tu W Th
<b>38476</b>	3pm to 3:40pm	7/18-7/28	M Tu W Th
<b>38477</b>	3:45pm to 4:25pm	7/18-7/28	M Tu W Th
<b>38478</b>	4:30pm to 5:10pm	7/18-7/28	M Tu W Th

#### Session 4

**Res: \$176 Nonres: \$194 (2 Weeks)**

<b>38479</b>	9:45am to 10:25am	8/1-8/11	M Tu W Th
<b>38480</b>	10:30am to 11:10am	8/1-8/11	M Tu W Th
<b>38481</b>	3pm to 3:40pm	8/1-8/11	M Tu W Th
<b>38482</b>	3:45pm to 4:25pm	8/1-8/11	M Tu W Th
<b>38483</b>	4:30pm to 5:10pm	8/1-8/11	M Tu W Th

#### Session 5

**Res: \$88 Nonres: \$97 (1 Week)**

<b>38484</b>	9:45am to 10:25am	8/15-8/18	M Tu W Th
<b>38485</b>	10:30am to 11:10am	8/15-8/18	M Tu W Th
<b>38486</b>	3pm to 3:40pm	8/15-8/18	M Tu W Th
<b>38487</b>	3:45pm to 4:25pm	8/15-8/18	M Tu W Th
<b>38488</b>	4:30pm to 5:10pm	8/15-8/18	M Tu W Th



**POPULAR  
ACTIVITY**

*These activities fill quickly, so register early and claim your spot!*

## ALL AGES

### PRIVATE SWIM LESSONS

#### 3 and up

One-on-one learning environment for children or adults to focus on furthering the individual's skill. Children must be at least three years old, potty trained, and able to be in the water without a parent. Private lessons are for all skill levels. One make-up class allowed per session. No class 7/4.

Instructor: Begg Pool Staff

Location: Begg Pool

#### Session 1

**Res: \$376 Nonres: \$414 (2 Weeks)**

<b>38338</b>	9am to 9:40am	6/20-6/30	M Tu W Th
<b>38339</b>	9:45am to 10:25am	6/20-6/30	M Tu W Th
<b>38340</b>	10:30am to 11:10am	6/20-6/30	M Tu W Th
<b>38341</b>	11:15am to 11:55am	6/20-6/30	M Tu W Th
<b>38342</b>	3pm to 3:40pm	6/20-6/30	M Tu W Th
<b>38343</b>	3:45pm to 4:25pm	6/20-6/30	M Tu W Th
<b>38344</b>	4:30pm to 5:10pm	6/20-6/30	M Tu W Th

#### Session 2

**Res: \$329 Nonres: \$362 (2 Weeks)**

<b>38346</b>	9am to 9:40am	7/5-7/14	M Tu W Th
<b>38347</b>	9:45am to 10:25am	7/5-7/14	M Tu W Th
<b>38348</b>	10:30am to 11:10am	7/5-7/14	M Tu W Th
<b>38349</b>	11:15am to 11:55am	7/5-7/14	M Tu W Th
<b>38350</b>	3pm to 3:40pm	7/5-7/14	M Tu W Th
<b>38351</b>	3:45pm to 4:25pm	7/5-7/14	M Tu W Th
<b>38352</b>	4:30pm to 5:10pm	7/5-7/14	M Tu W Th

#### Session 3

**Res: \$376 Nonres: \$414 (2 Weeks)**

<b>38358</b>	9am to 9:40am	7/18-7/28	M Tu W Th
<b>38359</b>	9:45am to 10:25am	7/18-7/28	M Tu W Th
<b>38360</b>	10:30am to 11:10am	7/18-7/28	M Tu W Th
<b>38361</b>	11:15am to 11:55am	7/18-7/28	M Tu W Th
<b>38362</b>	3pm to 3:40pm	7/18-7/28	M Tu W Th
<b>38363</b>	3:45pm to 4:25pm	7/18-7/28	M Tu W Th
<b>38364</b>	4:30pm to 5:10pm	7/18-7/28	M Tu W Th

#### Session 4

**Res: \$376 Nonres: \$414 (2 Weeks)**

<b>38370</b>	9am to 9:40am	8/1-8/11	M Tu W Th
<b>38371</b>	9:45am to 10:25am	8/1-8/11	M Tu W Th
<b>38372</b>	10:30am to 11:10am	8/1-8/11	M Tu W Th
<b>38373</b>	11:15am to 11:55am	8/1-8/11	M Tu W Th
<b>38374</b>	3pm to 3:40pm	8/1-8/11	M Tu W Th
<b>38375</b>	3:45pm to 4:25pm	8/1-8/11	M Tu W Th
<b>38376</b>	4:30pm to 5:10pm	8/1-8/11	M Tu W Th

#### Session 5

**Res: \$188 Nonres: \$207 (1 Week)**

<b>38391</b>	9am to 9:40am	8/15-8/18	M Tu W Th
<b>38392</b>	9:45am to 10:25am	8/15-8/18	M Tu W Th
<b>38393</b>	10:30am to 11:10am	8/15-8/18	M Tu W Th
<b>38394</b>	11:15am to 11:55am	8/15-8/18	M Tu W Th
<b>38395</b>	3pm to 3:40pm	8/15-8/18	M Tu W Th
<b>38396</b>	3:45pm to 4:25pm	8/15-8/18	M Tu W Th
<b>38397</b>	4:30pm to 5:10pm	8/15-8/18	M Tu W Th

### PRIVATE SWIM LESSONS- WEEKENDS

#### 3 and up

**Res: \$188 Nonres: \$207 (4 Weeks)**

One-on-one learning environment for children or adults to focus on furthering the individual's skill. Children must be at least three years old, potty trained, and able to be in the water without a parent. Private lessons are for all skill levels. One make-up class allowed per session. No class 7/1-7/3.

Instructor: Begg Pool Staff

Location: Begg Pool

#### Session I

<b>38400</b>	9am to 9:40am	2/24-7/22	F
<b>38401</b>	9:45am to 10:25am	2/24-7/22	F
<b>38402</b>	10:30am to 11:10am	2/24-7/22	F
<b>38403</b>	11:15am to 11:55am	2/24-7/22	F
<b>38404</b>	9am to 9:40am	6/25-7/23	Sa
<b>38405</b>	9:45am to 10:25am	6/25-7/23	Sa
<b>38406</b>	10:30am to 11:10am	6/25-7/23	Sa
<b>38407</b>	11:15am to 11:55am	6/25-7/23	Sa
<b>38408</b>	9:00am to 9:40am	6/26-7/24	Su
<b>38409</b>	9:45am to 10:25am	6/26-7/24	Su
<b>38410</b>	10:30am to 11:10am	6/26-7/24	Su
<b>38411</b>	11:15am to 11:55am	6/26-7/24	Su

#### Session II

<b>38412</b>	9am to 9:40am	7/29-8/19	F
<b>38532</b>	9:45am to 10:25am	7/29-8/19	F
<b>38533</b>	10:30am to 11:10am	7/29-8/19	F
<b>38534</b>	11:15am to 11:55am	7/29-8/19	F
<b>38535</b>	9am to 9:40am	7/30-8/20	Sa
<b>38536</b>	9:45am to 10:25am	7/30-8/20	Sa
<b>38537</b>	10:30am to 11:10am	7/30-8/20	Sa
<b>38538</b>	11:15am to 11:55am	7/30-8/20	Sa
<b>38539</b>	9:00am to 9:40am	7/31-8/21	Su
<b>38540</b>	9:45am to 10:25am	7/31-8/21	Su
<b>38541</b>	10:30am to 11:10am	7/31-8/21	Su
<b>38542</b>	11:15am to 11:55am	7/31-8/21	Su



## ADULTS

### ADULT SWIM LESSONS

#### 18 and up

It's never too late to learn how to swim! Our adult swim lessons provide a place for adults to learn how to swim in a friendly small-group setting. These lessons are for those individuals who wish to learn to swim or those who want to improve their technique, and feel safe and secure in the water. No class 7/4.

Instructor: Begg Pool Staff

Location: Begg Pool

#### Session I

**Res: \$134 Nonres: \$148 (4 Weeks)**

**38568** 7pm to 7:45pm 6/20-7/18

M

**Res: \$170 Nonres: \$187 (5 Weeks)**

**38569** 7pm to 7:45pm 6/22-7/20

W

#### Session II

**Res: \$134 Nonres: \$148 (4 Weeks)**

**38570** 7pm to 7:45pm 7/25-8/15

M

**38571** 7pm to 7:45pm 7/27-8/17

W

## FITNESS

### BEGG POOL MASTERS

#### 16 and Up

Begg Pool Masters is designed to help swimmers improve fitness and/or train for specific goals, and offer active support for a healthy lifestyle through friendship and camaraderie. Workouts are structured for all swimming abilities ranging from beginning lap swimmers to college athletes. We invite you to come and swim with us! No class 7/4.

**Res: \$65 Nonres: \$72 (Monthly)**

6am to 7am 4/1-12/31

M-F

8pm to 9pm 4/1-12/31

M-Th

### WATER AEROBICS

#### 16 and up

**Standard charge: \$135 (9 Weeks)**

Improve muscular endurance, core strength, and flexibility in this class designed for men and women looking for a great low-impact workout. Workout includes aerobic, stretching and relaxation exercises. Knowing how to swim is not a prerequisite for participation in this class. You may also drop in for \$10 per day if there are open spaces. No class 7/4.

Instructor: Begg Pool Staff

Location: Begg Pool

#### AM

**38423** 8am to 8:50am 6/20-8/18 M Tu W Th

#### PM

**38424** 2pm to 2:50pm 6/20-8/18 M Tu W Th



## POOL RENTAL

**BEGG POOL** 1402 North Peck Ave.  
(310) 802-5428 • (310) 802-5448

**Begg Pool is available for rent SATURDAYS & SUNDAYS**

**Res:** \$180/hour

**Nonres:** \$200/hour

Bookings are on a first come, first served basis. For reservation information, call **(310) 802-5448** or email [reservations@manhattanbeach.gov](mailto:reservations@manhattanbeach.gov)