



**MANHATTAN BEACH PARKS & REC**  
**OLDER ADULTS PROGRAM**

1400 Highland Avenue, Manhattan Beach, CA 90266

# **MEDICARE, MEDI-CAL AND HEALTH INSURANCE HELP**

## **Center for Healthcare Rights**

The HICAP Volunteer Counselor is back here in Manhattan Beach to help you with your questions about Medicare. The state-registered Health Insurance Counseling and Advocacy Program (HICAP) volunteer counselors are part of the non-profit Center for Health Care Rights, and provide unbiased information, counseling, and assistance on Medicare (Parts A & B), Medicare Prevention Services, long-term care and much more.

**Mondays starting November 1, 2021**

**10:00am - 1:00pm**

**Joslyn Community Center**

**Manhattan Beach, CA 90266**

**By appointment only. Please call 310-802-5430**

