Zoom Only Class Schedule

| DAY | CLASS | TIME | ZOOM ONLY | FEE |
|-----------------------------------|---|-----------------|---|------|
| 1st & 3rd TUESDAY of the month | Social Hour with Charlotte from BCHD | 10:00am-11:00pm | https://citymb- info.zoom. us/j/96657479120 | FREE |
| Tuesday July 26 | Travel Series with Jackie | 11:00am-12:00pm | https://citymb- info.zoom. us/j/91536731902 | FREE |
| Wednesday July 20 | Dine and Discover | 11:00am-12:00pm | https://citymb- info.zoom. us/j/91352842167 | FREE |
| THURSDAY | Movie Discussion Group | 1:00pm-2:00pm | https://citymb- info.zoom. us/j/92536852582 | FREE |

CENTER FOR HEALTH CARE RIGHTS

The HICAP Volunteer Counselor is back here in Manhattan Beach to help you with your questions. The state-registered Health Insurance Counseling and Advocacy Program (HICAP) volunteer counselors are part of the non-profit Center for Health Care Rights, and provide unbiased information, counseling, and assistance on Medicare (Parts A & B), Medicare Prevention Services, long-term care and much more.

When: Mondays Time: 10:00am-1:00pm Where: JCC/Sunset Room

Cost: Free. Appointment required by calling (310) 802-5430

DIAL-A-RIDE

Low cost, shared-ride, curb-to-curb service offered by the City of Manhattan Beach for its seniors (55+) and disabled citizens. All buses are equipped for the elderly and are wheelchair accessible. In addition, drivers will provide boarding and disembarking assistance as needed. Reservations can be made up to seven days in advance by calling Dial-A-Ride at (310) 545-3500. Please remember masks are required to ride the DAR bus.

The Manhattan Village Mall has partnered with the City's Dial-A-Ride Program by providing new transit stops (see map). The new transit stops will provide our senior residents with easier and safer access to visit and enjoy the newly renovated mall.

DIAL-A-RIDE WILL BE CLOSED JULY 4TH IN OBSERVANCE OF THE HOLIDAY Manhattan Village Mall Dial-A-Ride Transit Stops

Health Care Rights

