MANHAPPENINGS

MANHATTAN BEACH PARKS & REC

SUMMER 2024



2024 SUMMER ACTIVITY REGISTRATION DATES

MB RESIDENTS: 5/20 NON-MB RESIDENTS: 6/3

SOMETHING TO

CITY HALL HOURS: M-Th 8am to 5pm · F 8am to 4pm





- 8 YOUTH
- 13 SUMMER CAMPS
- 32 TEEN
- 33 ADULT
- 40 AQUATICS
- 44 TENNIS
- 47 OLDER ADULT



www.manhattanbeach.gov/summercamps

SUMMER 24 EVENTS

BRINGING THE HEAT BEYOND THE BEACH



ANNUAL COMMUNITY EXHIBITION

JULY 26 - OCTOBER 6

OPENING RECEPTION: July 26, 2024-5pm to 7pm

GALLERY HOURS:

Wednesday - Thursday 10am-9pm Friday - Sunday 10am-5pm

FREE

Celebrate national Parks and Rec Month and discover everything Manhattan Beach has to offer! Enjoy original artwork, by the community in a variety of mediums, that shows what makes the City a desirable place to live and visit. This exhibition is a portrait of Manhattan Beach and its progressive, laid back lifestyle familiar to all!



SHAKESPEARE BY THE SEA

JULY 18 & 19

7pm to 9:30pm Polliwog Park

FREE

CARDENIO Thursday, July 18
HENRY IV Friday, July 19

For audiences seeking quality, family entertainment, Shakespeare by the Sea's free performances can't be beat. Pack a picnic, a blanket and beach chair, gather loved ones, and settle in under the stars for a night of classic entertainment. The tales are timeless, the admission ticketless, and the experience priceless.



MANHATTAN BEACH OPEN GOLD SERIES BY AVP

AUGUST 18-20

Catch the AVP pros in the Super Bowl of beach volleyball! Witness the, big stage, big money and big rewards all weekend long, as AVP stars compete for a chance to enshrine their name on the Manhattan Beach Pier Walk of Fame.

JUNETEENTH CEREMONY

JUNE 19

10am to 11am Bruce's Beach Park

FREE

Join us for a ceremony to honor Juneteenth, a pivotal moment in American history marking the end of slavery.

JUNETEENTH CELEBRATION AND CONCERT

JUNE 22

llam to 3pm Polliwog Park

FREE

Come together with friends, family, and neighbors to honor the struggles and achievements of the Black community and to celebrate freedom and unity.

#juneteenthmb





UNIQUE ACTIVITIES

BIG & LITTLE GYMNASTICS

2 but less than 4

Res: \$280 Nonres: \$308 (8 Weeks)

Big & Little classes incorporate movement and fun to introduce gymnastics to our youngest participants. In our 40 minute class you and your "little" will work together to develop fine and gross motor skills, practice balancing, bouncing, and explore gymnastics through games, obstacle courses, and circle time. *This class requires parent/quardians participation. No class on 7/3. Instructor: South Bay Sprouts

Location: Manhattan Heights Park - Patio

9am to 9:40am

LITTLE WAVES GYMNASTICS

4 but less than 6

41968

Res: \$280 Nonres: \$308 (8 Weeks)

We are going to be moving and grooving in our Little Waves class! Get ready for 40 minutes of fun, sun, and cartwheels as we learn basic gymnastics skills through games, stations, and exercise. Gymnasts will use a variety of mats, equipment, and props throughout our session to develop their strength, master their skills, and rise to new challenges. No class on 7/3.

6/19 - 8/14

Instructor: South Bay Sprouts

Location: Manhattan Heights Park - Patio

42009 10:40am to 11:20am 6/19 - 8/14 SAND CRUISERS GYMNASTICS

3 but less than 5

Res: \$280 Nonres: \$308 (8 Weeks)

Our Sand Cruisers will be running, jumping, rolling, and swinging, as they learn basic gymnastics skills using mats, equipment, and props. Within a 40 minute class gymnasts will develop their strength, practice taking turns and cooperating with peers, while learning skills through engaging instructions. No class on 7/3.

Instructor: South Bay Sprouts

Location: Manhattan Heights Park - Patio

9:50am to 10:30am 6/19 - 8/14 42034 \/\/

REGISTRATION DATES

W

SAVE THE DATES FOR SUMMER REGISTRATION! Manhattan Beach Residents: May 20 Non-Manhattan Beach Residents: June 3

MUSIC RHAPSODY INSTRUMENT KITS

A confirmation email from Music Rhapsody will be sent with a link to purchase instrument kit. For more information or questions, call (310) 376-8646.

Th

DANCE, MUSIC AND THEATER

MUSIC RHÁPSODY BABIES & TODDLERS MAKE MUSIC

3m but less than 3

Res: \$225 Nonres: \$247 (9 Weeks)

Delightful songs, dances, and musical activities using percussion instruments develop the timing, coordination, pitch matching, and language skills of the toddler. High-quality instruments, puppets, stories, and colorful props make this an engaging time of learning! Precautions followed; Students use their individual instrument kit. No class on 7/4.

Instructor: Music Rhapsody Staff

Location: Manhattan Heights Park - Mt. Baldy Room

42953 10:45am to 11:30am 6/20 - 8/22

MUSIC RHAPSODY BABIES MAKE MUSIC 3m but less than 1

Res: \$250 Nonres: \$275 (10 Weeks)

Parents and babies learn delightful rhymes, lullabies, floor and lap games, action songs, and dances that stimulate your baby's natural response to music. Gather fascinating information each week on infant musical development and learn activities to use at home with your little one. Precautions followed; Students use their individual instrument kit.

Instructor: Music Rhapsody Staff

Location: Joslyn Community Center - Sunrise Room

42014 11:15am to Noon 6/17 - 8/19 M

MUSIC RHAPSODY FAMILY SPANISH MUSIC 1 but less than 10

Res: \$250 Nonres: \$275 (10 Weeks)

We are offering our amazing curriculum en Español! Whether you are fluent in Spanish or just beginning, our bilingual music teacher will help families grow in their abilities by providing a fun, creative approach to learning Spanish through the language of music! Music Rhapsody los invitan a cantar, bailar, y tocar música en Español! Precautions followed; Students use their individual instrument kit.

Instructor: Music Rhapsody Staff

Location: Joslyn Community Center - Sunrise Room

42015 12:15pm to lpm 6/17 - 8/19 M

MUSIC RHAPSODY TODDLERS & KIDS MAKE MUSIC

1 but less than 4

Res: \$225 Nonres: \$247 (9 Weeks)

The young child and parent will sing, dance, and play instruments. Solo singing is encouraged to develop listening, pitch matching, and language skills. Concepts such as high and low, soft and loud, up and down are taught in a game-like atmosphere and increases self confidence. Precautions followed; Students use their individual instrument kit. No class on 7/4.

Instructor: Music Rhapsody Staff

Location: Manhattan Heights Park - Mt. Baldy Room

42016 10:15am to 1lam 6/17 - 8/19 M **42954** 11:45am to 12:30pm 6/20 - 8/22 Th

MUSIC RHAPSODY TODDLERS MAKE MUSIC 1 but less than 3

Res: \$250 Nonres: \$275 (10 Weeks)

Delightful songs, dances, and musical activities using percussion instruments develop the timing, coordination, pitch matching, and language skills of the toddler. High-quality instruments, puppets, stories, and colorful props make this an engaging time of learning! Precautions followed; Students use their individual instrument kit, adults wear masks

Instructor: Music Rhapsody Staff

Location: Joslyn Community Center - Sunrise Room

42017 9:15am to 10am 6/17 - 8/19 M



SPORTS

BASKETBALL WITH SPORTBALL

4 but less than 6

Res: \$90 Nonres: \$99 (4 Weeks)

Basketball at Sportball teaches the fundamentals of the game. In our fun, skill-based program, children will learn dribbling, passing, shooting, defense and court positions, while working on teamwork and sportsmanship. Throughout our season, we will cover a new skill each week so we can form an all-star team at the end of our season! No class 7/7.

Instructor: Sportball South Bay

Location: Live Oak Park - South Half Basketball Court

42981 9am to 9:45am 6/23 - 7/21 Su **42992** 9am to 9:45am 7/28 - 8/18 Su



Instructor: Brit West Soccer

Location: Marine Avenue Park - Soccer Field

2 but less than 3½

Parents participate in their child's important first steps in sports. Age-appropriate soccer curriculum, focusing on kicking and shooting the ball, is taught through fun and playful games. We aim to instill our little team with a sense of confidence, coordination, friendship, and a love for soccer!

42868 9am to 9:35am 7/7 - 8/25 Su

3½ but less than 5

Age appropriate soccer curriculum, focusing on kicking and shooting the ball, is taught through fun and playful games. As technique improves, sessions will include a small-sided game to put learned skills into games situations. We aim to instill our little team with a sense of confidence, coordination, friendship, and a love of soccer!

42870 9:40am to 10:25am 7/7 - 8/25 Su

5 but less than 7

Athletes will develop dribbling, passing, turning and shooting through small group practices. We also introduce basic soccer rules and terms. Each session ends with a small-sided soccer game to put learned skills into the game situation and develop positional play.

42872 10:30am to 11:15am 7/7 - 8/25 Su





MULTI-SPORT WITH SPORTBALL 3 but less than 6

Res: \$90 Nonres: \$99 (4 Weeks)

Sportball Multi-Sport is a dynamic sports program that focuses on skill development in a different sport each class (basketball, football, volleyball, tennis, hockey, soccer, golf and baseball). Classes apply developmentally appropriate methodology to introduce, practice, and refine motor skills, progress sports skills, reinforce the benefits of teamwork and prepare your athlete for a future of confident sports participation. No class 7/6.

Instructor: Sportball South Bay

Location: Live Oak Park - North Grass Area

42892 10am to 10:45am 6/22 - 7/20 Sa **42989** 10am to 10:45am 7/27 - 8/17 Sa

PARENT & CHILD MULTI-SPORT WITH SPORTBALL

1½ but less than 3

Res: \$90 Nonres: \$99 (4 Weeks)

In our parent & child classes, children are introduced to the fundamental skills and concepts of game play associated with 6 different sports (basketball, football, volleyball, tennis, hockey, and baseball). Structured around a playbased & imaginative curriculum, these classes are a fantastic kick start for an active life. No class 7/6

Instructor: Sportball South Bay

Location: Live Oak Park - North Grass Area

42895 9am to 9:45am 6/22 - 7/20 Sa **42893** 9am to 9:45am 7/27 - 8/17 Sa

T-BALL & SOCCER WITH SPORTBALL

3 but less than 6

Res: \$90 Nonres: \$99 (4 Weeks)

In our Soccer & T-Ball class, we dive into two of the most loved sports, baseball and soccer. We will introduce your young athlete to the basics of both sports through imagination skill-based games that will constantly be improving cognitive and social skills, and most importantly learning to work together as a team. No class 7/6. Instructor: Sportball South Bay

Location: Live Oak Park - North Grass Area

42979	11:40am to 12:25pm	6/22 - 7/20	Sa
42993	11:40am to 12:25pm	7/27 - 8/17	Sa

T-BALL & SOCCER PARENT & CHILD WITH **SPORTBALL**

2 but less than 3

Res: \$90 Nonres: \$99 (4 Weeks)

In our Soccer & T-Ball class, we dive into two of the most loved sports, baseball and soccer. We will introduce your young athlete to the basics of both sports through imagination skill-based games that will constantly be improving cognitive and social skills, and most importantly learning to work together as a team. No class 7/6. Instructor: Sportball South Bay

Location: Live Oak Park - North Grass Area

42980	10:50am to 11:35am	6/22 - 7/20	Sa
42994	10:50am to 11:35am	7/27 - 8/17	Sa

T-BALL PARENT & CHILD WITH SPORTBALL 2 but less than 4

Res: \$90 Nonres: \$99 (4 Weeks)

Depending on the season and location, we also offer Parent and Child and Me and My Dad (Moms are welcomed) Outdoor T-Ball classes. This is a great way to get out in the sun and play with your Sportball family. No class 7/6.

Instructor: Sportball South Bay

Location: Live Oak Park - North Grass Area

42905	10am to 10:45am	6/22 - 7/20	Sa
42990	10am to 10:45am	7/27 - 8/16	Sa

REGISTRATION DATES

SAVE THE DATES FOR SUMMER REGISTRATION! Manhattan Beach Residents: May 20 Non-Manhattan Beach Residents: June 3

T-BALL WITH SPORTBALL

3 but less than 5

Res: \$90 Nonres: \$99 (4 Weeks)

In our outdoor t-ball classes learn the fundamentals of the game in a supportive non-competitive setting. While parent participation is not required, we request that parents remain on-site for the duration of all outdoor classes.Instructor: Sportball South Bay Location: Live Oak Park - North Grass Area

42906	10:15am to 11am	6/23 - 7/14	Su
42991	10:15am to 11am	7/28 - 8/18	Su



ARTS AND CERAMICS

PEE WEE PICASSO!

1½ but less than 3

Res: \$285 Nonres: \$313 (9 Weeks)

Your lil' Picasso will become a super creator! Lessons develop and strengthen fine motor skills, elevate problem solving, enhance ways to socialize and strengthen language development. Early math concepts and collaborative projects are integrated into lessons including tempera paints, clay, drawing tools, sensory collages, and more. Essential Art Boxes, Building and Manipulative Stations and Art Story Time too! New lessons rotate quarterly. No class on 7/4 or 7/5. Instructor: The Art Box Academy

Location: Marine Avenue Park - Rocket Ship Patio

42020	10am to 10:45am	6/20 - 8/22	Th
42961	llam to 11:45am	6/20 - 8/22	Th
42019	10am to 10:45am	6/21 - 8/23	F
42960	llam to 11:45am	6/21 - 8/23	F

OLLEYBALL BEACH & INDOOR

YOUTH VOLLEYBALL- BEGINNING 10 but less than 17

This class is for the beginner who is new at beach volleyball, focusing on slowly working on fundamental skills such as serving, passing, hitting, and setting. The drills will be slower-paced with each being explained in steps to make sure they are understood and performed with feedback.

Location: Manhattan Beach Pier - Southside

Res: \$160 Nonres: \$176 (8 Weeks)

42910 4:30pm to 5:45pm 6/17 - 8/7 M W

Res: \$75 Nonres: \$83 (6 Weeks)

42909 9am to 10:15am 6/22 - 7/27 Sa

YOUTH VOLLEYBALL- INTERMEDIATE 10 but less than 17

Continue to develop and refine the fundamental skills of the game! Players must demonstrate moderate ball control in passing, setting, hitting and serving with some consistency. Players will learn offensive and defensive strategies and sharpen their skills through moderately paced drills. No class 7/4.

Location: Manhattan Beach Pier - Southside

Res: \$160 Nonres: \$176 (8 Weeks)

42911 4:30pm to 5:45pm 6/18 - 8/8 Tu Th

Res: \$75 Nonres: \$83 (6 Weeks)

43001 10:30am to 11:45am 6/22 - 7/27 Sa





YOUTH BEGINNING INDOOR VOLLEYBALL 7 but less than 12

Res: \$105 Nonres: \$116 (8 Weeks)

For beginning volleyball players putting their knee pads on for the first time. Learn the fundamentals of indoor volleyball such as: serving, passing, hitting and setting. This session is designed for young players to develop a strong athletic foundation, grow their knowledge of indoor volleyball and learn how to work with a team while having fun.

Location: Mira Costa High School - Small Gym

42971 6pm to 7:30pm 6/21 – 8/9 F

YOUTH INTERMEDIATE INDOOR VOLLEYBALL 11 but less than 14

Res: \$105 Nonres: \$116 (8 Weeks)

Designed for middle school aged/young athletes with a fundamental volleyball skillset who want to use those skills in a technical environment or want to get ready for club. This session is designed for players to develop strategies and techniques that strengthen their volleyball skills while having fun playing the game.

Location: Mira Costa High School - Small Gym

42972 6pm to 7:30pm 6/21 – 8/9 F



REGISTRATION FOR THE REC AFTERSCHOOL PROGRAM WILL BEGIN MONDAY, JULY 8 AT 6 AM FOR ONLINE TRANSACTIONS AND 8 AM FOR IN PERSON.

The REC Program is a user-pay program open to children ages $5\frac{1}{2}$ to 12 or children in grades 1-5. Ratio is 1 leader to 8-10 children. Children will be participating in self-directed and organized recreational activities designed to positively impact social connections, human development and lifelong learning. All activities are supervised by trained CPR certified recreation leaders.

2024-2025 AFTERSCHOOL CARE FEE STRUCTURE

(10% SIBLING DISCOUNT)

RES: \$389/MONTH PER CHILD NONRES: \$428/MONTH PER CHILD JUNE: RES \$199 NONRES \$219

Sept.-May .

43005 43007

June

LIVE OAK PARK

Pacific Elementary Grand View Elementary

MANHATTAN HEIGHTS 43006 43008

Meadows Elementary Pennekamp Elementary

PROGRAM PERKS

After school pick up from four local elementary schools. REC Program staff will meet the children at each school and walk them to their home park.

Free access to the REC Vacation Camps (November, December, January, February and April).

Late Night REC on the first Friday of every month from 6pm to 8pm (dinner included).

All day REC on no school days 7:30am to 5:30pm.

HOURS OF OPERATION

AUGUST 21, 2025 - JUNE 12, 2025

M Tu Th F.....2:30pm to 6pm W......1:45pm to 6pm

LOCATION

MANHATTAN HEIGHTS PARK (MHP)

1600 Manhattan Beach Boulevard Manhattan Beach, CA 90266

Meadows REC Staff: (310) 877-0516 Pennekamp REC Staff: (310) 877-0511

LIVE OAK PARK (LOP)

1901 North Valley Drive Manhattan Beach, CA 90266

Pacific REC Staff: (310) 877-0503 Grand View REC Staff: (310) 877-0509

If your child will not be walking with the REC staff for any reason, please call or text the Park Staff number by noon of each occurrence.

MORE INFO

DAVID IBARRA

Recreation Supervisor

(310) 802-5419

≥ dibarra@manhattanbeach.gov

MB PARKS & REC

\((310) 802-5448

™ mbparksandrec@manhattanbeach.gov

\A/ERCITE

www.manhattanbeach.gov/recprogram

REC SUMMER CAMP

Continue the fun this summer with REC Summer Camp!

BEACH DAYS

FIELD TRIPS

POOL DAYS

AND MORE!

SEE PAGE 14 FOR DETAILS.





BEACH VOLLEYBALL TOURNAMENT

SUNDAY, AUGUST 4, 2024 • 9AM - 4PM MB PIER SOUTH SIDE STANDARD CHARGE: \$150

Dress up with friends and family to participate in the Manhattan Beach Jr. 6-Man Beach Volleyball Tournament during the International Surf Festival. We're carrying on Saikley's belief in fostering youth involvement in beach volleyball while embracing the culture of the game! All 14 U Teams will play in same division. Teams may register all boys, all girls or Co-Ed.



CAN ULTRA SHahabb ULTRA

12 & UNDER CO-ED (10-11) 42889

14 & UNDER CO-ED (12-14) 42890

16 & UNDER CO-ED (15-16) 42891





SUNSET BASKETBALL LEAGUE

Res: \$165 Nonres: \$182 (5 Weeks)

Your summer basketball league is here! Basketball players will enjoy hour-long games, twice a week. Team jersey is included. In consideration of all participants of the Sunset Basketball League, please do not register a child if he or she will be missing multiple games.

Location: Manhattan Heights Park, Basketball Courts

MINI DIVISION

Ages 5-6

Mini Division games take place on Tuesday evenings and Saturday mornings.

42903

7/9 - 8/10

Tu Sa

MINOR DIVISION

Ages 9-10

Minor Division games take place on Thursday evenings and Sunday mornings.

42904

7/11 - 8/11

Su Th

MIGHTY DIVISION

Ages 7-8

Mighty Division games take place on Tuesday evenings and Saturday afternoons.

42902

7/9 - 8/10

Tu Sa

MAJOR DIVISION

Ages 11-12

Major Division games take place Thursday evenings and Sunday afternoons.

42901

7/11 - 8/11

Su Th

SPORTS

BRIT WEST SOCCER- CLUB PROS (7-12)

7 but less than 12

Res: \$169 Nonres: \$186 (8 Weeks)

Coaching becomes more team oriented as the player's skills progress. Team formations and strategies in attacking and defensive situations are introduced. Technique is coached in more realistic situations where thinking and decision making are encouraged.

Instructor: Brit West Soccer

Location: Marine Avenue Park - Soccer Field

42866

11:15am to Noon

7/7 - 8/25

Su



ARTS AND CERAMICS

ADVENTURES IN CLAY

6 but less than 14

Res: \$285 Nonres: \$314 (8 Weeks)

Learn the Basics of working with clay while creating fun projects. Inspire imagination while making and decorating your pieces. Projects may include coil lanterns, crazy creatures, holiday ornaments, decorative cups, plates, planters and items of the artist's own design. Fee includes materials and firing. Release form required. No class 7/4. Instructor: Kate Tatsumi

Location: Live Oak Park - Ceramic Studio

Location.	LIVE Oakt ark Ceran	iic otoaio		
42986	9am to 10:30am	6/19 - 8/7	W	
42700	llam to 12:30pm	6/19 - 8/7	W	
Location: Outside behind Live Oak Park - Ceramic Studio				

42701 9am to 10:30am 6/20 - 8/15 Th **42702** 11:30am to 1pm 6/20 - 8/15 Th

GLAZE LAB 6 but less than 18 Res: \$40 Nonres: \$44

Explore the world of ceramics at the Manhattan Beach Art Center. Participants will choose a ceramic object to glaze from our curated selection of mugs, cups, bowls, figurines, and more! Children will be guided through the process of glazing by our Recreation Staff and learn about the ceramic's process. Items will be fired and available for pickup 2 weeks after class ends. All items are food and dishwasher safe.

Location: Manhattan Beach Art Center

42782	lpm to 3pm	8/14	W
42778	10am to Noon	6/20	Th
42779	lpm to 3pm	7/11	Th
42780	10am to Noon	8/1	Th
42781	lpm to 3pm	8/8	Th
42783	1pm to 3pm	8/15	Th

MAKERS SERIES:

8 but less than 15

Res: \$40 Nonres: \$44

Location: Manhattan Beach Art Center

CONCRETE CASTING

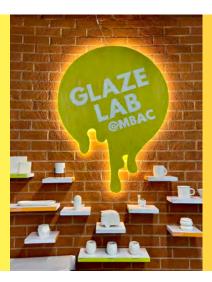
In this workshop, kids will explore the process of casting concrete. Using premade, silicone molds, kids will mix, tin and cast their own concrete. Kids will choose to make a planter, trinket tray or lidded container. Finally, participants will sand and perfect their piece before taking it home to enjoy. Objects are not food safe.

42785	10am to Noon	6/19	W
42786	10am to Noon	7/31	W

FABRIC PRINTING

Make your own block-printed wall art! In this workshop, kids will learn how to mix custom inks, try out block-printing tools and create a patterned print on fabric. Kids will leave this class with some new skills and understanding of printmaking, as well as framed, hang-ready piece of art.

42788	lpm to 3pm	7/10	W
42789	lpm to 3pm	8/7	\bigvee



GLAZE LAB at MBAC

Glaze Lab offers an array of premade ceramic pieces for participants to paint. The fee includes all materials, firing, and labor. No reservations needed

Saturday/Sunday 10 AM to 4 PM

Closed on the following holidays: New Year's Day, Independence Day (July 4th), and Christmas Day.





REC SUMMER CAMP SUMMER CAMP 2

JUNE 17-AUGUST 16 (M-F) 7:30 AM to 5:30 PM • AGES: 51/2-12

(10% SIBLING DISCOUNT) WEEKLY FEE*: RES: \$329 NONRES: \$362

SUMMER SPECIAL**: RES: \$2,566 NONRES: \$2,856









MANHATTAN HEIGHTS PARK (MHP) LIVE OAK PARK (LOP) **WEEKLY: 42622**

4TH OF JULY WEEK: 42624

ALL SUMMER SPECIAL: 42617



WEEKLY: 42620

4TH OF JULY WEEK: 42621

ALL SUMMER SPECIAL: 42616

SWIM LESSONS

ACTIVITY NUMBER: 42623 Weekly Fee: Res \$15 Nonres \$16

Friday • 9:00 AM to 9:45 AM (20 children max)

MHP REC staff will take camper to lesson LOP Parent/quardian is responsible for taking camper to lesson and back to park

REC Campers will enjoy the benefits of outdoor activities, sports, and participate in hands-on arts and crafts projects while making new friends and lifelong memories. Each week will feature a new theme and creative projects designed to keep campers engaged and having fun this summer!

Please bring a healthy bag lunch, snacks, refillable water bottle, and sunscreen. Campers are encouraged to wear sunscreen, appropriate clothing and comfortable footwear as the majority of activities will be outdoors. Lunch is included on Fridays, children must be present by 11 AM as lunch is at 12 PM daily.

*No camp 7/4; RES: \$264 NONRES: \$289 **SUMMER SPECIAL: Includes all 9 weeks of REC Summer Camp excluding swim lessons and field trips. Limited availability. No camp 7/4.

REC FIELD TRIPS: Field trips to amusement parks are in the planning stages. Dates, destinations and prices will be announced soon. Registration for each trip is separate from REC SUMMER CAMP registration and not included in the summer special.



CONTACT US

DAVID IBARRA (SUPERVISOR) (310) 802-5419 dibarra@manhattanbeach.gov MANHATTAN HEIGHTS PARK STAFF LIVE OAK PARK STAFF MB PARKS & REC (310) 877-0516

(310) 877-0503

(310) 802-5448 mbparksandrec@manhattanbeach.gov

www.manhattanbeach.gov/recsummer

TEEN CENTER SUMMER CAMP '24

JUNE 17-AUGUST 16 (M-F) 10 AM T○ 6 PM • AGES: 11-14

RES*: \$100 FOR THE ENTIRE SUMMER • A#: 42675

Residents are teens living in MB, attending MBMS or whose parents work in MB.

NONRES: \$110 PER WEEK* • A#: 42675 or \$550 FOR THE ENTIRE SUMMER • A#: 42676

*4TH OF JULY WEEK A# 42677

(NO SIBLING DISCOUNT FOR ENTIRE SUMMER PACKAGE)





The Manhattan Beach Teen Center has everything your teen needs to make sure your teen has a fantastic summer. The TC staff are here to make sure the teens learn, grow, and thrive this summer. As a team, the staff will accomplish this by providing a variety of fun structured indoor/outdoor activities. Through these activities, it is our mission to bring out the best in the teens by putting them in position to cultivate amazing friendships in a fun and safe environment! The program operates at Manhattan Heights Community Center, Teen Center Rooms 3 days out of the week. On-site, we have access to basketball courts, baseball field, patio, picnic tables, a climbing wall, ping pong tables, pool tables, arcade and video games, and a variety of sports equipment. The rest of the week we have off site park experiences which include Pool days, Beach days, and theme park trips!

TEEN CENTER FIELD TRIPS:

Registration for each trip is separate from TC SUMMER CAMP registration and NOT included in the summer special.

TEEN CENTER IS CLOSED ON TRIP DAYS.

JUNE 27	KNOTT'S BERRY FARM (\$50)	8:00AM - 6:00PM	A#42052
JULY 11	KNOTT'S SOAK CITY (\$50)	8:00AM - 6:00PM	A#42053
JULY 18	UNIVERSAL STUDIOS (\$130)	8:00AM - 6:00PM	A#42057
JULY 25	DODGERS TRIP (\$74)	8:00AM - 6:00PM	A#42054
AUGUST1	SIX FLAGS (\$75)	9:30AM - 7:30PM	A#42055
AUGUST 8	DISNEY CALIFORNIA ADVENTURE (\$150)	8:00AM - 10:00PM	A#42051

CONTACT

DAVID IBARRA (SUPERVISOR) (310) 802-5419

dibarra@manhattanbeach.gov

TEEN CENTER STAFF

(310) 802-5426 (310) 877-0514 **MB PARKS & REC**

(310) 802-5448

mbparksandrec@manhattanbeach.gov

www.manhattanbeach.gov/tcsummer

Teen Center at Manhattan Heights Community Center 1600 Manhattan Beach Boulevard



AQUATICS

JUNIOR AQUATICS CAMP

8 but less than 13

Res: \$389 Nonres: \$428 (2 Weeks)

Open to all boys and girls ages 8 to 12 who can swim 25 yards non-stop. Campers will enjoy the benefits of outdoor activities in and out of the water, learn some basic lifeguarding skills, and participate in hands-on arts and crafts projects while making new friends and lifelong memories. Camp will be very active and each session will focus on progressively building swim competencies and skills. Fee includes uniform (t-shirt and sweatshirt) and field trips transportation to the beach on every Tuesday. Instructor: Begg Pool Staff Location: Begg Pool

41810	8:30am to 12:30pm	6/17-6/28	M Tu W Th F
41808	8:30am to 12:30pm	7/8-7/19	M Tu W Th F
41809	8:30am to 12:30pm	7/22-8/2	M Tu W Th F
42064	8:30am to 12:30pm	8/5-8/16	M Tu W Th F



TOT

BRIT WEST SOCCER CAMP - TINY PROS

3½ but less than 5

Res: \$119 Non-resident: \$131 (1 Week)

Based on our successful Tiny Pros curriculum, this camp creates a love of soccer through fun exercises and games. Our Tiny Pros also learn how to play a "real" game of soccer through small sided scrimmages. Each player receives a Brit West soccer jersey.

Instructor: Brit West Soccer Coaches

Location: Marine Avenue Park - Soccer Field

9:30am to llam	6/17-6/21	M Tu W Th F
9:30am to llam	6/24-6/28	M Tu W Th F
9:30am to llam	7/15-7/19	M Tu W Th F
9:30am to llam	8/5-8/9	M Tu W Th F
9:30am to 11am	8/12-8/16	M Tu W Th F
	9:30am to llam 9:30am to llam 9:30am to llam	9:30am to llam 6/24-6/28 9:30am to llam 7/15-7/19 9:30am to llam 8/5-8/9

EPIC SPORTS WEEK CAMP

3 but less than 6

Rest: \$185 Nonres: \$204 (1 Week)

Sportballers will learn 8 different sports throughout the week with fun skill-based games, drills and game play (soccer, basketball, football, volleyball, golf, hockey, tennis and baseball). Your camper will be talking about the Epic Time (hosted daily) they had for the rest of the summer, with a different activity daily from water games, dodgeball tournaments, Lego building, Dodgeball Tournaments, Battleship, Kickball, and so much more! Please send a nut free snack and lots of water daily with your child. Instructor: South Bay Sportball

Location: Live Oak Park - North Grass Area

42122 9am to Noon 6/17-6/21 M Tu W Th F 42123 lpm to 4pm 7/8-7/12 M Tu W Th F 42125 lpm to 4pm 7/22-7/26 M Tu W Th F 42124 lpm to 4pm 7/29-8/2 M Tu W Th F

MUSICAL SPORTS WEEK

3 but less than 6

Res: \$185 Nonres: \$204 (1 Week)

Introduce your little ones to a magical world where music and sports work together in perfect harmony. Your Sportballers will be introduced to a new sport each day while also playing new games and having music time and music based games and crafts so that your Sportballer can explore what interests and skills are best for them! Please send a nut free snack and lots of water daily with your child. Children must be potty trained and able to use the restroom unassisted.

Instructor: South Bay Sportball

Location: Live Oak Park - North Grass Area

42137 9am to Noon 8/5-8/9 M Tu W Th F

SUPER HERO SPORTS CAMP

3 but less than 6

Res: \$185 Nonres: \$204 (1 Week)

Wear capes, defeat villains and Save the Day! Learn to be a Superhero at our Sportball Summer Camp! Participation Super Hero themed Sports Games, challenges and adventures as we discover our super powers together! Please send a nut free snack and lots of water daily with your child. Children must be potty trained and able to use the restroom unassisted.

Instructor: South Bay Sportball

Location: Live Oak Park - North Grass Area

42157	lpm to 4pm	6/24-6/28	M Tu W Th F
42155	9am to Noon	7/8-7/12	M Tu W Th F
42156	9am to Noon	7/22-7/26	M Tu W Th F

BEACH/SURF



Summer camp at the beach! Spend your summer playing games in the sand, body surfing, learn water safety, beach baseball, and other special beach activities. Drop off location: 11th and Ocean Avenue.

Instructor: Parks and Rec Staff

Location: 8th Street - Manhattan Beach

Res:	\$615	Nor	res: \$6	577	(3x	Week)
			_			

	10 110111 001 401 1 (01		
5 but le	ess than 9		
42085	9am to Noon	6/17-8/9	MWF
42087	12:30pm to 3:30pm	6/17-8/9	MWF
9 but le	ess than 13		
42086	9am to Noon	6/17-8/9	MWF
42088	12:30pm to 3:30pm	6/17-8/9	MWF

Rest: \$415 Nonres: \$457 (2x Week)

5	but	less	than	9
4	2089) C	am to	N

42089	9am to Noon	6/18-8/8	Tu Th
42091	12:30pm to 3:30pm	6/18-8/8	Tu Th

9 but less than 13

am to Noon	6/18-8/8	Tu Th
2:30pm to 3:30pm	6/18-8/8	Tu Th
	am to Noon 2:30pm to 3:30pm	

BEACH AND SURF CAMP BY CAMPSURF 6 but less than 13

Campers will enjoy a variety of activities from 9-llam. Activities will include individual volleyball skills, soccer, water play, and more. A short break for food, drink, and sunscreen from 11-11:30am. Then surf with Campsurf instructors from 11:30am to 1:30pm. Campers will need a towel, snacks/lunch, sunscreen, and water. Drop off will be just south of the Manhattan Beach Pier, at the stairs that go down to the sand, west of the bike path. No camp 7/4 & 8/2. Instructor: Campsurf Coaches

Location: Southside Pier

Res: \$415 Nonres: \$457 (1 Week)

42075	9am to 1:30pm	6/17-6/21	M Tu W Th F
42076	9am to 1:30pm	6/24-6/28	M Tu W Th F
42078	9am to 1:30pm	7/8-7/12	M Tu W Th F
42079	9am to 1:30pm	7/15-7/19	M Tu W Th F
42082	9am to 1:30pm	8/5-8/9	M Tu W Th F
42083	9am to 1:30pm	8/12-8/16	M Tu W Th F

Res: \$332 Nonres: \$365 (1 Week)

42077	9am to 1:30pm	7/1-7/5	M Tu W F
42081	9am to 1:30pm	7/29-8/1	M Tu W Th

BEACH CAMP BY CAMPSURF 6 but less than 13

Campers will enjoy a variety of activities which will include individual volleyball skills, soccer, water play, baseball, and more... Campers are welcome to bring body boards for water play. Parents can also pack their Camper with a



towel, snacks, and water. Drop off will be just south of the Manhattan Beach Pier at the stairs that go down to the sand, west of the bike path. No camp 7/4.

Instructor: Campsurf Coaches Location: Southside Pier

Res: \$210 Nonres: \$231 (1 Week)

42094	9am to llam	6/17-6/21	M Tu W Th F
42095	9am to llam	6/24-6/28	M Tu W Th F
42097	9am to llam	7/8-7/12	M Tu W Th F
42098	9am to llam	7/15-7/19	M Tu W Th F
42099	9am to llam	7/22-7/26	M Tu W Th F
42101	9am to llam	8/5-8/9	M Tu W Th F
42102	9am to llam	8/12-8/16	M Tu W Th F

Res: \$168 Nonres: \$185 (1 Week)

42096	9am to llam	7/1-7/5	M Tu W F
42100	9am to llam	7/29-8/1	M Tu W Th

SURF CAMP

7 but less than 18

Surfers will spend a week in small peer groups that are age and skill appropriate. Essential skills include balance training, paddling, the "pop-up", oceanography and catching waves. Dedicated counselors and a low staff/ student ratio ensure safety and allows for individual instruction. Drop off will be just north of the Manhattan Beach Pier, near the shower and bathroom structure just west of the bike path. No camp 7/4 & 8/2

Instructor: Campsurf Coaches Location: Southside Pier

Res: \$260 Nonres: \$286 (All Week)

		/	
42169	11:30am to 1:30pm	6/17-6/21	M Tu W Th F
42170	11:30am to 1:30pm	6/24-6/28	M Tu W Th F
42172	11:30am to 1:30pm	7/8-7/12	M Tu W Th F
42173	11:30am to 1:30pm	7/15-7/19	M Tu W Th F
42174	11:30am to 1:30pm	7/22-7/26	M Tu W Th F
42176	11:30am to 1:30pm	8/5-8/9	M Tu W Th F
42177	11:30am to 1:30pm	8/12-8/16	M Tu W Th F

Res: \$208 Nonres: \$229 (All Week)

42171 11:3	30am to 1:30pm	7/1-7/5	M W Th F
42175 11:3	30am to 1:30pm	7/29-8/2	M Tu W Th

Res: \$200 Nonres: \$220 (3 Days)

42160	9am to Ilam	6/1/-6/21	MWF
42161	9am to llam	6/24-6/28	MWF
42162	9am to 11am	7/1-7/5	MWF
42163	9am to 11am	7/8-7/12	MWF
42164	9am to llam	7/15-7/19	MWF
42165	9am to llam	7/22-7/26	MWF
42167	9am to 11am	8/5-8/9	MWF
42168	9am to llam	8/12-8/16	MWF

Res: \$135 Nonres: \$149 (2 Days)

No cam	p 8/2		
42166	9am to 11am	7/29-7/31	MW



TENNIS

HIGH SCHOOL TRAINING TENNIS CAMP

13 but less than 18

Res: \$150 Nonres: \$165 (3 Days)

Tennis camp designed for the high school students or aspiring high school student athletes. The camp will be run similar to a high school practice with athletes starting their own advanced drills with supervision from a high school tennis coach.

Instructor: West Coast Tennis Academy Location: Mira Costa High School Tennis Courts

42432 42433 42670 42671 42672 42673	4:30pm to 6:30pm 4:30pm to 6:30pm 4:30pm to 6:30pm 4:30pm to 6:30pm 4:30pm to 6:30pm 4:30pm to 6:30pm	6/17-6/21 6/24-6/28 7/1-7/5 7/8-7/12 7/15-7/19 7/22-7/26	MWF MWF MWF MWF MWF
42673	4:30pm to 6:30pm	//22-//26	M W F
42674	4:30pm to 6:30pm	7/29-8/2	

TENNIS WITH LILA SUMMER CAMP *****5 but less than 11

Learn the fundamentals of stroke, movement, hand-eye coordination and skill building through fun drills, games and rally play. Players will be separated into groups according to age and level. No camp 7/4. Instructor: Lila Brady

Location: Mira Costa High School - Tennis Courts

Res: \$225	Nonres: \$248	(All Week)
Res: 3223	Nonres: 3240	(All Week)

42499	9am to llam	6/17-6/21	M Tu W Th F
42502	9am to llam	6/24-6/28	M Tu W Th F
42506	9am to llam	7/8-7/12	M Tu W Th F
42509	9am to 11am	7/15-7/19	M Tu W Th F
42513	9am to 11am	7/22-7/26	M Tu W Th F
42516	9am to 11am	7/29-8/2	M Tu W Th F

Res: \$18	O Noi	res:	\$198	(All	Wee	ek)
AOFOA						7/5

42504 9am to llam 7/1	-7/5 M T	uWF
------------------------------	----------	-----

Res: \$150 Nonres: \$165 (3 Days)

42500	9am to 11am	6/17-6/21	MWF
42512	9am to 11am	6/24-6/28	MWF
42505	9am to 11am	7/1-7/5	MWF
42507	9am to llam	7/8-7/12	MWF
42510	9am to llam	7/15-7/19	MWF
42514	9am to 11am	7/22-7/26	MWF
42517	9am to 11am	7/29-8/2	MWF

Res: \$100 Nonres: \$110 (2 Days)

42501	9am to llam	6/18-6/20	Tu Th
42503	9am to llam	6/25-6/27	Tu Th
42508	9am to llam	7/9-7/11	Tu Th
42511	9am to llam	7/16-7/18	Tu Th
42515	9am to llam	7/23-7/25	Tu Th
42518	9am to llam	7/30-8/1	Tu Th

WEST COAST TENNIS JUNIOR CAMP

9 but less than 18

West Coast Tennis Academy will cover all aspects of tennis including technique, strategy, court positioning, footwork, serve, and supervised match play. Players will be separated into groups according to age and level. Instructor: West Coast Tennis Academy Location: Mira Costa High School - Tennis Courts

Res: \$3	40 Nonres: \$3/4		
42521	9am to Noon	6/17-6/21	M Tu W Th F
42524	9am to Noon	6/24-6/28	M Tu W Th F
42527	9am to Noon	7/1-7/5	M Tu W Th F
42529	9am to Noon	7/8-7/12	M Tu W Th F
42532	9am to Noon	7/15-7/19	M Tu W Th F
42535	9am to Noon	7/22-7/26	M Tu W Th F
42544	9am to Noon	7/29-8/2	M Tu W Th F
42538	9am to Noon	8/12-8/16	M Tu W Th F

12000	7 dili to 1400ii	0/12 0/10	7.110 11 1111
Res: \$2	25 Nonres: \$248		
42522	9am to Noon	6/17-6/21	MWF
42525	9am to Noon	6/24-6/28	MWF
42528	9am to Noon	7/1-7/5	MWF
42530	9am to Noon	7/8-7/12	MWF
42533	9am to Noon	7/15-7/19	MWF
42536	9am to Noon	7/22-7/26	MWF
42542	9am to Noon	7/29-8/2	MWF
42539	9am to Noon	8/12-8/16	MWF
Res: \$15	50 Nonres: \$165		

Res: \$15	00 Nonres: \$165		
42523	9am to Noon	6/18-6/20	Tu Th
42526	9am to Noon	6/25-6/27	Tu Th
42531	9am to Noon	7/9-7/11	Tu Th
42534	9am to Noon	7/16-7/18	Tu Th
42537	9am to Noon	7/23-7/25	Tu Th
42540	9am to Noon	8/13-8/15	Tu Th
42543	9am to Noon	7/30-8/1	Tu Th

YOUTH TENNIS CAMP *****8 but less than 18

Designed for beginning, advanced beginning, and intermediate players ages 8 - 18. Players learn and improve tennis basics, ground strokes, net play, serve, and footwork in an energetic and fun atmosphere of drills, games and point play. Players will be divided into groups by age/level. Instructor: Annie Lewis

Location: Mira Costa High School - Tennis Courts

Res: \$2	25 Nonres: \$248	(All Week)
42546	9am to llam	8/5-8/9

Res: \$15	0 Nonres: \$16	5 (3 Days)	
42547	9am to llam	8/5-8/9	MWF

M Tu W Th F

Res: \$100	Nonres:	\$110 (2 Days)
------------	---------	---------	---------

00000000000 0 00000			
2548	9am to 11am	8/6-8/8 8	Tu Th



SPORTS

BASKETBALL SUPER STARS!

5 but less than 11

Develop your basketball skills in this fun, educational, and active class! Students will learn the fundamentals of each position and basic basketball strategies as they hone their shooting, dribbling, passing, defending, and ball control skills! Our emphasis is on sportsmanship, teamwork, and character development. This class is a slam dunk! Instructor: Parker Anderson Enrichment

Location: Manhattan Heights Park - South Youth Basketball Court

Res: \$319 Nonres: \$351 (1 Week)

 42665
 9am to Noon
 6/17-6/21
 M Tu W Th F

 42666
 9am to Noon
 6/24-6/28
 M Tu W Th F

Res: \$189 Nonres: \$208 (3 Days)

42667 9am to Noon 7/1-7/3 M Tu W

BRIT WEST SOCCER CAMP

Full day campers spend the second half of their day using our soccer skills challenges, shooting, fun games and of course, more scrimmaging to progress their game and individual skills to the next level. Each camper receives a Brit West Soccer jersey.

Instructor: Brit West Soccer Coaches

Location: Marine Avenue Park - South Soccer Field

FULL DAY

6 but less than 14

Res: \$285 Noners: \$314 (1 Week)

42104	9am to 3pm	6/17-6/21	M Tu W Th F
42105	9am to 3pm	6/24-6/28	M Tu W Th F
42108	9am to 3pm	7/15-7/19	M Tu W Th F
42106	9am to 3pm	8/5-8/9	M Tu W Th F
42107	9am to 3pm	8/12-8/16	M Tu W Th F

MORNINGS

5 but less than 14

Res: \$180 Nonres: \$198 (1 Week)

42109	9am to Noon	6/17-6/21	M Tu W Th F
42110	9am to Noon	6/24-6/28	M Tu W Th F
42111	9am to Noon	7/15-7/19	M Tu W Th F
42112	9am to Noon	8/5-8/9	M Tu W Th F
42113	9am to Noon	8/12-8/16	M Tu W Th F





NINJA GYM CAMP 6 but less than 13 Res: \$395 Nonres: \$434 (1 Week)

This summer, embark on an fun-filled journey packed with ninja skills, exciting challenges, and loads of fun. Our expert ninja instructors will guide campers through thrilling obstacle courses, teaching them to navigate like true stealth warriors. From mastering the art of silent movement to conquering challenging ninja challenges, your child will develop strength, flexibility, and discipline—all while having a blast! Campers will forge new friendships as they collaborate on exciting challenges, emphasizing communication, cooperation, and the joy of shared victories.

Instructor: South Bay Sprouts

Location: Polliwog Park - Grassy Area near Begg Pool

42791 9am to Noon 7/22-7/26 M Tu W Th F

EPIC SPORTS WEEK CAMP 6 but less than 13

Res: \$185 Nonres: \$204 (1 Week)

Sportballers will learn 8 different sports throughout the week with fun skill-based games, drills and game play (soccer, basketball, football, volleyball, golf, hockey, tennis and baseball). Your camper will be talking about the Epic Time (hosted daily) they had for the rest of the summer, with a different activity daily from water games, dodgeball tournaments, Lego building, Dodgeball Tournaments, Battleship, Kickball, and so much more! Please send a nut free snack and lots of water daily with your child. Instructors: South Bay Sportball

Location: Live Oak Park - North Grass Area

42653	9am to Noon	6/24-6/28	M Tu W Th F
42126	9am to Noon	7/15-7/19	M Tu W Th F
42654	9am to Noon	7/29-8/2	M Tu W Th F
42127	lpm to 4pm	6/17/6/21	M Tu W Th F
42655	lpm to 4pm	7/15-7/19	M Tu W Th F
42656	lpm to 4pm	8/5-8/9	M Tu W Th F



GYMNASTICS CAMPS

6 but less than 12

Res: \$395 Nonres: \$434 (1 Week)

Our cartwheelin' campers will enjoy a morning full of fun, friends, and movement as they learn basic gymnastics skills. This camp is open to gymnasts of all levels who love taking on exciting and new challenges. We will work on multiple events including bars, beam, floor, vault, and rings in addition to playing movement based games, developing strength and flexibility, creating arts and crafts, all while soaking up the sun!

Instructor: South Bay Sprouts

Location: Polliwog Park - Grassy Area Near Begg Pool

41991	9am to Noon	6/17-6/21	M Tu W Th F
41992	9am to Noon	7/8-7/12	M Tu W Th F
41993	9am to Noon	7/29-8/2	M Tu W Th F

INTRODUCTION TO LACROSSE

5 but less than 11

Res: \$125 Nonres: \$138 (1 Week)

Through a series of fun activities, players will learn the basic fundamentals of lacrosse, including cradling, passing, scooping, and shooting the ball and defense techniques. Camp is designed for beginner players who have little or no experience in the sport of lacrosse. All equipment is provided.

Instructor: South Bay Lacrosse Coaches Location: Manhattan Village - Fields

42129	9am to Noon	6/17-6/20	M Tu W Th
42130	9am to Noon	6/24-6/27	M Tu W Th
42131	9am to Noon	7/8/7/11	M Tu W Th

SKATEDOGS SKATEBOARDING SUMMER CAMP 5 but less than 14

Res: \$275 Nonres: \$303 (1 Week)

Whether you are just learning or ready to learn advanced tricks, this camp is right for you. Make new friends, advance your skills, and most importantly, have fun in our mobile skatepark. Requirements: a signed Skatedogs waiver form, a "trick" skateboard, knee pads, elbow pads, helmet, and mask. Visit skatedogs.com to view our online skateboard shop and learn about what type of skateboard to bring. Bring a snack and plenty of water! More info: 714-313-8787. Instructor: Skatedogs Staff

Location: Marine Avenue Park - East Basketball Court

42151	9am to Noon	6/24-6/28	M Tu W Th F
42152	9am to Noon	7/8-7/12	M Tu W Th F
42153	9am to Noon	8/12-8/16	M Tu W Th F



TGA FLAG FOOTBALL CAMP

5 but less than 13

Res: \$350 Nonres: \$385 (1 Week)

Score a touchdown! TGA Premier Sports is bringing flag football to Manhattan Beach. Learn passing, catching and defending skills with TGA Flag Football.

Instructor: TGA Staff

Location: Marine Sports Complex - West Softball Field

42179	9am to 2pm	6/17-6/21	M Tu W Th F
42184	9am to 2pm	6/24-6/28	M Tu W Th F
42180	9am to 2pm	7/8-7/12	M Tu W Th F
42181	9am to 2pm	7/15-7/19	M Tu W Th F
42185	9am to 2pm	7/22-7/26	M Tu W Th F
42182	9am to 2pm	7/29-8/2	M Tu W Th F
42186	9am to 2pm	8/5-8/9	M Tu W Th F
42183	9am to 2pm	8/12-8/16	M Tu W Th F

TGA GOLF CAMP 5 but less than 13

Res: \$250 Nonres: \$275 (1 Week)

Tee it up at golf camp and discover how fun and exciting golf can be with TGA! Coaches lead students through station-based drills and games that develop the fundamental skills of grip, putting, chipping and full-swing. Instructor: TGA Staff

Location: Marine Sports Complex - West Softball Field

42188	9am to Noon	6/17-6/21	M Tu W Th F
42189	9am to Noon	6/24-6/28	M Tu W Th F
42190	9am to Noon	7/15-7/19	M Tu W Th F
42191	9am to Noon	7/22-7/26	M Tu W Th F
42192	9am to Noon	7/29-8/2	M Tu W Th F
42193	9am to Noon	8/5-8/9	M Tu W Th F



S.T.E.A.M.

ANIME, CARTOONING & COMIC CREATION!

6 but less than 11

Resident: \$319 Nonres: \$351 (1 Week)

Cartooning is a great way to learn how to sketch and draw. You will learn to create your own characters as well as popular characters from Disney, Anime, and more! Learn about storylines, design, coloring, and lettering, as you create your very own comic book! Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

41958 9am to Noon 7/29-8/2 M Tu W Th F

ARCHITECTURE ACADEMY!

5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

Part math, part science, and part art, this STEAM class has it all! Using assorted architectural and bridge building model sets, this class teaches basic drafting, scale, symmetry, proportion, and geometry. Students will build iconic models and learn about famous architects as they explore their creativity!

Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

41966 9am to Noon 6/24-6/28 M Tu W Th F

ARCHITECTURE AND BUILDING CAMP 5 but less than 11

Res: \$425 Nonres: \$468 (1 Week)

Campers get ready to build and have a ton of fun learning about 20th Century Architecture, Modern Architecture and the classic fundamentals of Roman Architecture. From clay to wood to a variety of building supplies, campers will take home a new architecture sculpture each and every day. Additional Art Stations include Engineering Straws, Sketching and Stenciling.

Instructor: The Art Box Academy

Location: Polliwog Park - Grassy Area near Begg Pool

42725 9am to Noon 7/15-7/19 M Tu W Th F

REGISTER EARLY!

CAMPS FILL UP FAST!

Manhattan Beach Residents: May 20 Non-Manhattan Beach Residents: June 3

ART LAB CAMP

5½ but less than 11

Res: \$300 Nonres: \$330 (1 Week)

Art Lab is an inclusive art exploration opportunity for kids. Focusing on developing the innate artistic voice of each child. Art Lab is all about confidence building. Each day of camp will focus on a different creative process and /or material. Example projects may include drawing, painting, working with beads, collaborative creation, collage and always an art journal that the kids can work on throughout the week. Artists of all abilities welcome!

Instructor: Natalie Strong

Location: Manhattan Beach Art Center

42356	2pm to 5pm	6/17-6/21	M Tu W Th F
42357	9am to Noon	7/8-7/12	M Tu W Th F
42358	2pm to 5pm	7/29-8/2	M Tu W Th F
42359	9am to Noon	8/5-8/9	M Tu W Th F
42360	9am to Noon	8/12-8/16	M Tu W Th F

BLUEPRINT, DRAFTING AND DESIGN CAMP

5 but less than 11

Res: \$395 Nonres: \$435 (1 Week)

Get ready to create awesome works of art and designs!
Campers will learn how to create their own blueprint
and design sketches. Themes include: Stadium Design,
Amusement Park Design, Tree House Design, Shoe Design,
Urban Planning and more. Each camper will receive their
very own Blueprint Design Art Box filled with essential
drafting and design supplies. Additional Art Stations include
Building, Sketching and Stenciling.

Instructors: The Art Box Academy

Location: Polliwog Park - Grassy Area near Begg Pool

42723 9am to Noon 6/24-6/28 M Tu W Th F

BLOWING OFF STEAM

5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

Chemistry is Ahhhmazing! Make your own elephant toothpaste, experience color changing beads, and density columns. Campers use their science skills to cook, build robots and even taste a burp! Get moving with physical fitness and get creative as campers make their own art masterpieces to take home!

Instructor: Parker Anderson Enrichment

Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

42040 9am to Noon 7/15-7/19 M Tu W Th F



CAMP CLAY 5 but less than 11

Res: \$425 Nonres: \$468 (1 Week)

Clay party time! Campers will learn a number of techniques at this awesome camp. Every day new techniques will be introduced in addition to great master sculptors. From learning the fundamental techniques such as coiling and pinch pot, campers will also learn about Oldenburg, Rodin and Degas. Each camper will receive their very own Camp Clay Art Box filled with tools and supplies for a week of amazing clay fun. Additional Art Stations include Building, Sketching and Stenciling. Instructor: The Art Box Academy Location: Polliwog Park - Grassy Area near Begg Pool

Location, Followog Fark - Orassy Area field begg Foor

42724 9am to Noon 7/8-7/12 M Tu W Th F

CHEM KIDZ! 5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

Chemistry is amazing! Conduct physical and chemical experiments and learn what makes them work. Make your own desiccators and Elephant Toothpaste, grow copper sulfate crystals, and get ready for an instant snowstorm! Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

41974 9am to Noon 6/17-6/21 M Tu W Th F





CHESS WIZARD CAMP 6 but less than 11

Chess Wizards has been teaching the game of chess since 2002. Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but full-day kids should bring a lunch. Unleash your brain power and spend part of your vacation with Chess Wizards! Instructor: Chess Wizards. INC

Location: Marine Avenue Park - Rocket Ship Hall

FULL DAY

Res: \$493 Nonres: \$542 (1 Week)

41977	9am to 3pm	6/17-6/21	M Tu W Th F
41979	9am to 3pm	7/15-7/19	M Tu W Th F
41980	9am to 3pm	7/29-8/2	M Tu W Th F
42661	9am to 3pm	8/12-8/16	M Tu W Th F

Res: \$347 Nonres: \$382 (3 Days)

41978 9am to 3pm 7/1-7/3 M Tu W

HALF DAY AM

Res: \$339 Nonres: \$373 (1 Week)

41981	9am to Noon	6/17-6/21	M Tu W Th F
41983	9am to Noon	7/15-7/19	M Tu W Th F
41984	9am to Noon	7/29-8/2	M Tu W Th F
42662	9am to Noon	8/12-8/16	M Tu W Th F

Res: \$254 Nonres: \$279 (3 Days)

41982 9am to Noon 7/1-7/3 M Tu W

HALF DAY PM

Res: \$339 Nonres: \$373 (1 Week)

41985	Noon to 3pm	6/17-6/21	M Tu W Th F
41987	Noon to 3pm	7/15-7/19	M Tu W Th F
41988	Noon to 3pm	7/29-8/2	M Tu W Th F
42663	Noon to 3pm	8/12-8/16	M Tu W Th F

Res: \$254 Nonres: \$279 (3 Days)

41986 Noon to 3pm 7/1-7/3 M Tu W



FIGURE IT OUT! 5 but less than 11

Resi: \$189 Nonres: \$208 (3 Days)

Put on your thinking cap and grab your magnifying glass! Think outside the box as campers come up with their own contraptions and inventions! Catapults, LEGO Engineering, Robotics and more! The Wright Brothers, Thomas Edison and Rube Goldberg are all on the agenda this week. With STEAM based projects, campers will have a blast while improving math and deductive reasoning skills. Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

41967 9am to Noon 7/1-7/3 M Tu W

FINE ART ACADEMY!

7 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

Learn about famous artists like Hockney, Cezanne, and Monet as we explore different hands-on art media such as charcoal, art pencils, acrylics, watercolor, etching and more! Your art dreams become real as you explore different styles, making the coolest art around...YOURS! Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

42024 9am to Noon 8/5-8/9 M Tu W Th F

FUNDAMENTALS OF CARTOONING CAMP

5 but less than 11

Res: \$395 Nonres: \$435 (1 Week)

Campers will have a ton of fun and will create their own comic strips and cartoons by learning how to create a layout and the process of narrative storytelling. Imaginations will soar at this camp as animation techniques, character design and more will be introduced. Each camper will receive their very own Cartoon Drawing Art Box filled with essential design supplies. Additional Art Stations include Building, Sketching and Stenciling. Instructor: The Art Box Academy Location: Polliwog Park - Grassy Area near Begg Pool

41960 9am to Noon 6/17-6/21 M Tu W Th F



FUNDAMENTALS OF DRAWING AND DESIGN CAMP

5 but less than 11

Res: \$395 Nonres: \$435 (1 Week)

Campers will have an amazing week learning about different painting techniques and styles. From Impressionism and Monet to Modern Art and Mondrian to Pointillism and Seurat, campers will create works of art inspired by the great masters each and every day. The fundamentals of line, shape and form will also be introduced in addition to a variety of paints: acrylic, watercolor, tempera and glitter paint. Each camper will receive their very own Painting Art Box filled with brushes, palettes, and a variety of paints. Additional Art Stations include Building, Sketching and Stenciling. Instructor: The Art Box Academy

Location: Polliwog Park - Grassy Area near Begg Pool

42726 9am to Noon 7/22-7/26 M Tu W Th F

GLAZE LAB

6 but less than 18

Res: \$40 Nonres: \$44 (1 Day)

Explore the world of ceramics at the Manhattan Beach Art Center. Participants will choose a ceramic object to glaze from our curated selection of mugs, cups, bowls, figurines, and more! Children will be guided through the process of glazing by our Recreation Staff and learn about the ceramic's process. Items will be fired and available for pickup 2 weeks after class ends. All items are food and dishwasher safe.

Location: Manhattan Beach Arts Center

42778	10am to Noon	6/20	Th
42779	lpm to 3pm	7/11	Th
42780	10am to Noon	8/1	Th
42782	lpm to 3pm	8/14	W
42783	lpm to 3pm	8/15	Th

GLOBETROTTERS

5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

3,2,1...Blast off! Explore the universe as we launch everything water powered rockets and film canister rockets! Learn about comets, constellations and our galaxy! Cook dishes from around the world including veggie quesadillas, pasta primavera and Thai spring rolls. Learn about famous artists like Hockney, Cezanne and Monet as we explore different hands-on art media such as charcoal, and watercolors.

Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

41975 9am to Noon 7/15-7/19 M Tu W Th F



HOGWARTS ACADEMY!

5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

Perfect your Wizardry skills in this interactive, creative, spellbinding class! Find out which house you belong to and learn how to make potions, use your wand, identify creatures, and more! Witches and wizards of all ages will graduate the Academy with the supplies and skills to use their magic for good.

Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

41994 9am to Noon

M Tu W Th F 8/12-8/16

KIDS COOKING ACADEMY: COOKING AROUND THE WORLD!

7/8-7/12

M Tu W Th F

KIDS COOKING ACADEMY: APPETITE FOR

Kids will tantalize their taste buds and have fun with food!

Explore different recipes each week including a Cubano

Sandwich, Breakfast Banana Split, Mediterranean Pasta,

Location: Manhattan Heights Park - Mt. Whitney Banquet

Crunchy Ramen Salad & More! All nut free. Vegetarian

5 but less than 11

ADVENTURE!

5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

9am to Noon

Res: \$319 Nonres: \$351 (1 Week)

Instructor: Parker Anderson Enrichment

Kids will tantalize their taste buds and have fun with food! Different recipes each week from appetizers to entrees, snacks, desserts and more! Learn about nutrition, dining etiquette, and cooperation skills in this delicious class! All nut free. Vegetarian options.

Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet

Hall

Hall

41996

41959 9am to Noon 6/24-6/28 M Tu W Th F 42659 9am to Noon 8/5-8/9 M Tu W Th F

KIDS COOKING ACADEMY: READY, SET, COOK! 5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

Kids will tantalize their taste buds and have fun with food! Explore different recipes each week including Italian Focaccia Sandwich, No Bake Energy bites, Fruity Chicken Salad Pitas, Cobb Salad, Ooey Gooey Apple Pie Cones and more! Learn about nutrition and cooperation skills in this delicious class! All nut free. Vegetarian options. Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet

42008 9am to Noon 6/17-6/21 M Tu W Th F 7/29-8/2 M Tu W Th F 42658 9am to Noon

IMPRESSIONISM AND MODERN ART PAINTING CAMP

5 but less than 11

Res: \$395 Nonres: \$435 (1 Week)

Awesome drawing and design projects here we come! Campers will learn the fundamentals of drawing: Line, Shape, Form, Space, Texture, Tone/Value and Color. Additional concepts such as scale, perspective, shading, 3-D shape and more will also be introduced. Genres such as still life, observation, and nature in addition to the great masters will be the week's inspiration. Each camper will receive their very own Drawing and Design Art Box filled with drawing tools such as charcoal, artists pencils, erasers, colored pencils and more. Additional Art Stations include Building, Sketching and Stenciling. Instructor: The Art Box Academy

Location: Polliwog Park - Grassy Area near Begg Pool

42727 9am to Noon 7/29-8/2 M Tu W Th F

JEDI TRAINING ACADEMY!

5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

The Force will be with you as you learn the ways of the Jedi! Play Star Wars games, build Star Wars vehicles and go from Padawan to Jedi Knight in one session! You will play characters, learn to draw the Clone Wars cartoon characters, create your own Jedi uniform, and even take home your very own Light Saber! Instructor: Parker Anderson Enrichment Location: Manhattan Heights Park - Mt. Whitney Banquet

42035 9am to Noon 7/22-7/26 M Tu W Th F

> REGISTER **EARLY!**

CAMPS FILL UP FAST! Manhattan Beach Residents: May 20



Hall





KIDS COOKING ACADEMY: THE ULTIMATE COOKOUT!

5 but less than 11

Kids will tantalize their taste buds and have fun with food! Explore different recipes each week including In-N-Out Style Burgers, Potato Salad, Baked Beans, BBQ Chicken Tacos and s'mores for the ultimate cookout! Learn about nutrition and cooperation skills in this delicious class! All nut free. Vegetarian options.

Instructor: Parker Anderson Enrichment

Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

Res: \$189 Nonres: \$208 (3 Days)

42010 9am to Noon 7/1-7/3 M Tu W

Res: \$319 Nonres: \$351 (1 Week)

42660 9am to Noon 8/12-8/16 M Tu W Th F

LEGO CAMP - A PIRATE'S QUEST

4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Shiver me timbers as we explore the popular culture behind the life of a pirate. Build a motorized pirate ship, a capstan, a helm and an anchor, as we batten down the hatches and prepare for mutiny. Protect the hands on deck by building a launching trebuchet. Beware me mateys, if it's too late, you must abandon ship and build a rowboat to escape. Anchors aweigh!

Instructor: Bricks 4 Kidz

Location: Live Oak Park - REC Room

42694 lpm to 4pm 8/5-8/9 M Tu W Th F

LEGO CAMP - AMUSEMENT PARK MANIA 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Get your ticket to ride at Bricks 4 Kidz very own Amusement Park! Campers will build a new ride each day, learning how to make things spin, roll, turn and rock. Then they will take what they have learned to design their own thrills and challenges. Motorized models maximize the action and the fun. Each camp day includes carnival-themed games, group challenges, model building and more.

Instructor: Bricks 4 Kidz

Location: Live Oak Park - REC Room

42688 9am to Noon 7/15-7/19 M Tu W Th F

LEGO CAMP - BRICK CITY ENGINEERS CAMP 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

There are many types of engineering jobs, and building is one of the most fun! What would a city be without the architects and engineers who come up with the ideas, plans and skills to make it all come together? Campers will put their engineering skills to work building models with motors. The sky is literally the limit.

Location: Live Oak Park - REC Room

42686 9am to Noon 7/8-7/12 M Tu W Th F

LEGO CAMP - BRICK CRITTERS - THE SECRET LIFE

4 but less than 12

Res: \$275 Nonres: \$330 (1 Week)

Ever wonder what your pets do while you are at school? Join Max, an adorable dog and Snowball the rabbit on this fun and furry adventure. Then, dive to the depths of the ocean with Dory to help her search for her family. Build other favorite aquatic movie sea life as well. In addition to imagining what pets do when left alone, build various critters, including motorized buzzing bees, fluttering butterflies and more. Show off your take-home handbook displaying all the brick critters you built at this exciting camp.

Instructor Bricks 4 Kidz

Location: Live Oak Park - REC Room

42691 9am to Noon 7/29-8/2 M Tu W Th F

LEGO CAMP - BUILDING IS AWESOME 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Do you think building is awesome? How about building with Emmet and Lucy? Then Join Emmet, Lucy, Unicorn Kitty and Benny on a journey to stop Bad Cop and Lord Business from super gluing the world. Campers will put their engineering skills to work as they build motorized models, 3D figure models and mosaics. They'll love these awesome models based on The LEGO® Movie and its sequel. Whether you take an imaginary ride on Metal Beard's ship or Emmet's double-decker couch, be sure to get on over to Bricks 4 Kidz where building is awesome!

Location: Live Oak Park - REC Room

42687 lpm to 4pm 7/8-7/12 M Tu W Th F





LEGO CAMP - CLASSIC ARCADE

4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Jump into the world of classic arcade and video games. People today have games with graphic animations and three dimensional capabilities. Let's take it back to when it all started, the 1980's. That was the time of 8-bit and later 16-bit technology, which gave these old games their classic appearance. Campers will build the famous plumber brothers, a brick eater, a jumping hedgehog, alien invaders and more! Can you guess which classic game each model represents?

Instructor: Bricks 4 KIDZ

Location: Live Oak Park - REC Room

42689 9am to Noon 7/22-7/26 M Tu W Th F

LEGO CAMP - CRUISING THE JUNGLE 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Come explore the jungle using LEGO® Bricks in our Cruising the Jungle camp! During this week-long adventure down the Amazon River, campers will encounter all of the wonders, dangers, and surprises the wild jungle has to offer! They will have to navigate around the chomping crocodiles of the river, sneak past the indigenous tribes protecting hidden treasures and make friends with the animals of the jungle like gorillas, elephants, and much more!!

Instructor Bricks 4 Kidz Location: Live Oak Park - REC Room

9am to Noon

Edeation. Live Oak Fark Rec Room

LEGO CAMP - FORTNITE - BRICK ROYALE CAMP 4 but less than 12

8/5-8/9

M Tu W Th F

Res: \$275 Nonres: \$303 (1 Week)

Skydive down from a flying bus into a world of brick building! Imagine living in this brick world for a fortnight, and working on a fun mission while you're here. Campers will love building popular game characters, llamas and motorized character models that really dance! This fun game-based camp focuses on the fun of building, navigating, and teamwork.

Instructor: Bricks 4 Kidz

42693

Location: Live Oak Park * REC Room

42682 lpm to 4pm 6/17-6/21 M Tu W Th F

LEGO CAMP - HEROES AND VILLAINS - MARVEL WORLD

Res: \$275 Nonres: \$303 (1 Week)

4 but less than 12

Wearing a dark cape and a mask, our bat hero steps out of the shadows to save the day. We're calling on LEGO-loving kids, especially Batman fans for a week of building villains & heroes, cool gadgets and hideouts, and so much more -- all with LEGO Bricks and our motorized models!

Location: Live Oak Park - REC Room

42692 lpm to 4pm 7/29-8/2 M Tu W Th F

LEGO CAMP - JURASSIC BRICK LAND CAMP 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Are you ready for the adventure of a lifetime? Put on your hiking boots and camouflage. You are about to enter Jurassic Brick Land! Campers will build a world that comes to life with gentle Brontosaurus, ferocious Velociraptor, terrifying T-rex and more. Come see them come to life in our motorized models!

Instructor: Bricks 4 Kidz

Location: Live Oak Park - REC Room

42683 9am to Noon 6/24-6/28 M Tu W Th F

LEGO CAMP - MINECRAFT CAMP 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Steve is jumping for joy as he introduces the newest members of his Minecraft® world. Whether or not your child has attended our first camp, reward them with the creativity and excitement this new camp has to offer. Campers will be challenged to bring their virtual designs to life by building new mob figures, mosaics and custom models, incorporating LEGO® Bricks. So, are you ready for the challenge?

Instructor: Bricks 4 Kidz

Location: Live Oak Park - REC Room

42690 Ipm to 4pm 7/22-7/26 M Tu W Th F

LEGO CAMP - NINJUTSU SPINNING CAMP 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Come play with all the new LEGO® Board Games & Ninjago characters. In addition we will be tapping into our imagination and discovering our creativity as we attempt to create anything related to games out of LEGO®. We will make replicas of game boards like tic-tac-toe, famous video game characters & more. What game can you come up with to make a replica of...or come up with your own game?

Instructor: Bricks 4 Kidz

Location: Live Oak Park - REC Room

42696 lpm to 4pm 8/12-8/16 M Tu W Th F





LEGO CAMP - POKE WORLD CAMP 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Get ready for an adventure in the world of Pokémon®! Capture wild creatures and train them for battle. Tap into your inner engineer as we build Dratini, Pikachu, Pokeballs and more. Do you have what it takes to become a Pokémon® master?

Instructor: Bricks 4 Kidz

Location: Live Oak Park - RFC Room

42681 9am to Noon 6/17-6/21 M Tu W Th F

LEGO CAMP - SPORTS FANATICS CAMP 4 but less than 12

Res: \$155 Nonres: \$171 (1 Week)

Play Ball! LEGO® Brick ball, that is! In our Bricks 4 Kidz Sports Fanatics Camp, our all-star Master Builder campers will be using LEGO® Bricks to create robotic athletes such as soccer players that shoot, hockey skaters that skate, gymnasts that tumble, and much more! Go Team LEGO® Bricks!

Instructor: Bricks 4 Kidz

Location: Live Oak Park - REC Room

42685 9am to Noon 7/1-7/3 M Tu W

LEGO CAMP - WORLDS OF WIZARD CAMP 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

"Worlds of Amusement" camp takes you on a thrilling adventure building amusement park themed models. Spend time visiting the Wizard World by building your favorite wizard and his magical owl! Build and give your despicable yellow movie characters a thrilling roller coaster ride! Get your amusement park ticket stamped as you turn games, food, rides and attractions into exciting model builds! All this and more awaits at Bricks 4 Kidz Worlds of Amusement Camp!

Instructor: Bricks 4 Kidz

Location: Live Oak Park - REC Room

42684 Ipm to 4pm 6/24-6/28 M Tu W Th F

LEGO CAMP - TRANSFORMATION CREATIONS 4 but less than 12

Res: \$275 Nonres: \$303 (1 Week)

Get ready to build and discover how your models transform. Campers will love the mash-up of combination models that can be rebuilt into something different. These awesome 2-in-1 models will include exciting characters, robots, vehicles and more!! Follow the step-by-step building plans and ignite your inner engineer by just using your imagination to transform your model into something unique. Join us for this fun-filled camp where you will use your creativity and engineering skills to build and transform!

Instructor: Bricks 4 Kidz

Location: Live Oak Park - REC Room

42695 9am to Noon 8/12-8/16 M Tu W Th F

MAKERS SERIES: CONCRETE CASTING 8 but less than 15

Res: \$40 Nonres: \$44 (1 Day)

In this workshop, kids will explore the process of casting concrete. Using premade, silicone molds, kids will mix, tint and cast their own concrete. Kids will choose to make a planter, trinket tray or lidded container. Finally, participants will sand and perfect their piece before taking it home to enjoy. Objects are not food safe.

Location: Manhattan Beach Arts Center

42785	10am to Noon	6/19	W
42786	10am to Noon	7/31	W

MAKERS SERIES: FABRIC PRINTING 8 but less than 15

Res: \$40 Nonres: \$44 (1 Day)

Make your own block-printed wall art! On this workshop, kids will learn how to mix custom inks, try out block-printing tools and create a patterned print on fabric. Kids will leave this class with some new skills and understanding of printmaking, as well as framed, hang-ready piece of art. Location: Manhattan Beach Arts Center

42788	lpm to 3pm	7/10	W
42789	lpm to 3pm	8/7	W







MB FINE ARTS CLUB 8 but less than 11

Res: \$329 Nonres: \$362 (1 Week)

Join our Parks and Recreation Fine Arts Club this summer, where our talented City Staff will instruct students on the fundamentals of ceramics while creating their own under the sea sculptures. Students will learn Basic Keywords from Famous Artists that represent this style. Supplies will be provided. Student will have a chance to explain their motives behind their piece(s) of work while celebrating with pizza! Please pack a lunch very day except on Friday! Snacks will be provided daily.

Instructor: Parks and Rec Staff

Location: Meadows Elementary - Cafetorium

PAINTING WITH PICASSO

42739	9am to 3pm	6/24-6/28	M Tu W Th F
42744	9am to 3pm	7/22-7/26	M Tu W Th F
	FE DRAWING 9am to 3pm 9am to 3pm	6/17-6/21 7/15-7/19	M Tu W Th F M Tu W Th F
42743	THE SEA CERAMICS 9am to 3pm 9am to 3pm P Nonres: \$219	7/29-8/2	M Tu W Th F
42975		8/5-8/9	M Tu W Th F
42740	9am to 3pm	7/1-7/3	M Tu W

7/8-7/12

M Tu W Th F

42741 9am to 3pm

NATURE UNLEASHED

PAPER MACHE BASICS

5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

This week is going to be wild! Campers learn about their favorite sea life and even do a prehistoric, egg-scavation. Write with squid ink and even dissect a shark! Campers make s'mores and create art projects using nature as their guide. Physical fitness is a must as campers move and groove all week long!

Instructor: Parker Anderson Enrichment

Location: Manhattan Heights Park - Mt. Whitney Banquet

Hall

42041 9am to Noon 7/8-7/12 M Tu W Th F

ROBOTICS CAMP - C++ CODING CIRCUITS AND SENSORS

10 but less than 15

Res: \$399 Non-resident: \$439 (1 Week)

For kids who are into tech. Arduino is one of the most valuable microprocessors for any project. Campers will code (using C language) an Arduino to make LEDs light blink, learn how circuits work, and build a simple game. Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

42773 Ipm to 4pm 6/24-6/28 M Tu W Th F **42774** 9am to Noon 8/5-8/9 M Tu W Th F

ROBOTICS CAMP - C++ CODING FOR ROBOTICS COMPETITION

10 but less than 15

Res: \$399 Non-resident: \$439 (1 Week)

Campers program in C++ for a competition robot. They learn texted based coding in C++ on a computer and test on a pre-build robot for a mini competition. Pre-requisite for all Rolling Robots VRC team members

Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

42776 Ipm to 4pm 7/8-7/12 M Tu W Th F

ROBOTICS CAMP - CAD FOR ROBOTICS COMPETITION

10 but less than 15

Res: \$445 Nonres: \$490 (1 Week)

Use CAD softwares to design a robot sub-assembly such as drive base and articulation. Campers learn techniques such as drawing, extruding, and mirroring. Pre-requisite for all VRC team members.

Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

42775 9am to Noon 7/15-7/19 M Tu W Th F

ROBOTICS CAMP - JR. ROBOT BUILDERS 5 but less than 8

Campers will build engineering kits and take home one robot per day. They will learn about motors, gears, electronics, and how to use tools. At the end of the camp, they will have built five functioning robots that can perform various tasks, such as drawing or swimming, and completed many other projects.

Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

Res: \$475 Nonres: \$523 (1 Week)

41970	lpm to 4pm	6/17-6/21	M Tu W Th F
41971	9am to Noon	6/24-6/28	M Tu W Th F
42745	lpm to 4pm	7/15-7/19	M Tu W Th F
42746	lpm to 4pm	7/22-7/26	M Tu W Th F
42747	lpm to 4pm	8/5-8/9	M Tu W Th F

Res: \$299 Nonres: \$329 (3 Days)

41972 9am to Noon 7/1-7/3 M Tu W



ROBOTICS CAMP - LITTLE ENGINEERS 5 but less than 8

Campers will be engineers - build games, toys and learn about engineering concepts and design process. They will take home their own creations.

Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

Res: \$475 Nonres: \$523 (1 Week)

 42750
 9am to Noon
 6/17-6/21
 M Tu W Th F

 42752
 9am to Noon
 7/22-7/26
 M Tu W Th F

 42753
 1pm to 4pm
 7/29-8/2
 M Tu W Th F

 42754
 9am to Noon
 8/5-8/9
 M Tu W Th F

Res: \$299 Nonres: \$329 (3 Days)

42751 lpm to 4pm 7/1-7/3 M Tu W

ROBOTICS CAMP - MINECRAFT BUILD & DESIGN ON COMPUTERS

7 but less than 12

Kids' favorite - Play Minecraft ON COMPUTERS. You will Learn Minecraft building techniques, using Red Stone, the details of command blocks, and downloading mods to change the game's look.

Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

Res: \$249 Nonres: \$274 (3 Days)

42012 9am to Noon 7/1-7/3 M Tu W

Res: \$388 Nonres: \$427 (1 Week)

42013 lpm to 4pm 7/15-7/19 M Tu W Th F

ROBOTICS CAMP - MINECRAFT MODDING 8 but less than 12

Res: \$388 Nonres: \$427 (1 Week)

Want to make a cyber-chicken or robo-pig? Learn to create your own Minecraft block, item, food, tools, and even a new mob or biome - forge MOD for Minecraft without coding! Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

42761 9am to Noon
 6/17-6/21
 M Tu W Th F

 42763 9am to Noon
 7/8-7/12
 M Tu W Th F

 42764 1pm to 4pm
 7/22-7/26
 M Tu W Th F

ROBOTICS CAMP - PYTHON CODING - BEGINNER

9 but less than 13

Python is one of the fastest growing and most popular programming languages. Learn the fundamentals and logic to create your own projects by coding in Python. Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

Res: \$249 Nonres: \$374 (3 Days)

42771 lpm to 4pm 7/1-7/3 M Tu W

Res: \$388 Nonres: \$427 (1 Week)

42772 lpm to 4pm 7/29-8/2 M Tu W Th F

ROBOTICS CAMP - ROBLOX CODE

10 but less than 15

Res: \$388 Nonres: \$427 (1 Week)

Design your own Roblox Game - This is a serious and super fun coding camp. Using the Roblox Game Studio, campers will design their own characters and levels to create a playable game. Campers will learn object-oriented programming using the LUA programming language. Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

42022 lpm to 4pm 6/17 - 6/21 M Tu W Th F **42748** 9am to Noon 7/29 - 8/2 M Tu W Th F

ROBOTICS CAMP - BATTLE ROBOTS BUILDING AND CODE

9 but less than 13

Res: \$399 Nonres: \$439 (1 Week)

One of our most popular camps - Learn robotics in the way kids like - campers will build their robots, code them, and participate in a robot battle royale just like the Battle Bots show.

Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

6/24-6/28	M Tu W Th F
7/8-7/12	M Tu W Th F
7/22-7/26	M Tu W Th F
8/5-8/9	M Tu W Th F
	7/8-7/12 7/22-7/26

ROBOTICS CAMP - SUPER CAR BUILD AND CODE

6 but less than 9

Res: \$399 Nonres: \$439 (1 Week)

Campers will build various machines and mechanisms using a robotics starter kit. Projects include a rubber-band powered car, a motorized supercar, and a robot car for coding and driving.

Instructor: Rolling Robots

Location: Meadows Elementary - Cafetorium

42756	lpm to 4pm	6/24-6/28	M Tu W Th F
42757	lpm to 4pm	7/8-7/12	M Tu W Th F
42758	9am to Noon	7/15-7/19	M Tu W Th F
42759	9am to Noon	7/29-8/2	M Tu W Th F







ROCKSTAR DANCE CAMP

5 but less than 12

Res: \$435 Nonres: \$479 (1 Week)

Join the Funky Divas & Dudes this summer at our Rockstar Dance Camp! Campers engage in specialized activities that encourage self-confidence, socializing, fitness and creativity. We'll be making an awesome Music Video in rockstar costumes that will be edited and emailed to all campers. Other activities include dance classes, arts & crafts, acting games, scavenger hunts, relays, theme days & more! Come ROCK OUT with us!

Instructor: Funky Divas and Dudes

Location: Marine Avenue Park - Rocket Ship Hall

42030	9am to 3pm	6/24-6/28	M Tu W Th F
42031	9am to 3pm	7/8-7/12	M Tu W Th F
42032	9am to 3pm	7/22-7/26	M Tu W Th F
42033	9am to 3pm	8/5-8/9	M Tu W Th F

TEEN SPEECH WORKSHOP

13 but less than 19

Res: \$300 Nonres: \$330 (1 Week)

Join our week-long camp for high schoolers, diving into complex texts, impromptu speaking, and crafting engaging speeches. Explore impactful presentation skills, learn research integration, and write clear outlines for informative speeches! Students will require access to a computer and should plan to bring a laptop.

Instructor: Komal Kapoor

Location: Marine Avenue Park - Rocket Ship Hall

42790 4pm to 5:30pm 6/24-6/28 M Tu W Th F

THE AMAZING RACE!

5 but less than 11

Res: \$319 Nonres: \$351 (1 Week)

STEM team challenges, relay races and an obstacle course highlight this week! Have fun and engage in some friendly competition. Brain games and puzzles, fingerprinting, nature art and healthy cooking round out the week. Campers take home their own cookbook to share with family and friends!

Instructor: Parker Anderson Enrichment

Location: Manhattan Heights Park - Mt. Whitney Banquet

Hall

41995 9am to Noon 7/22-7/26 M Tu W Th F



Pay by credit card.
All online transactions incur a 5.84% convenience fee

Begins at 6am online · 8am in person at City Hall

Res: May 20 · Nonres: June 3

MAIL-IN

Pay by credit card or check. Make checks payable to "City of Manhattan Beach"

Mail to:
City of Manhattan Beach
Parks & Recreation Department

ATTN: Registration 1400 Highland Ave. Manhattan Beach, CA 90266

WALK-IN

City Hall Parks & Recreation Department 1400 Highland Ave. Manhattan Beach, CA

Monday-Thursday 8am to 5pm Friday 8am to 4pm

Pay by credit card, check or cash



(310) 802-5448 • mbparksandrec@manhattanbeach.gov

SUMMER CAMP REFUND POLICY

A full refund (including convenience fee) will be issued for any program, activity, or event that is canceled for any reason by the department.

For camps, any person requesting a refund 5 business days before the camp starts may receive a refund minus the convenience fee.

Contact (310) 802-5448 for refund details. A "refund request form" may be downloaded from the City website, picked up at City Hall in the Parks & Rec Department during business hours, by mail or email by calling (310) 802-5448 or emailing mbparksandrec@manhattanbeach.gov.

POLICIES

Nonresident registration fees may include up to a 10% additional fee. Advanced registration is required for all classes. All activities, dates and fees are subject to change. Classes not reaching required enrollment may be canceled by the department. A resident is defined as an individual residing in Manhattan Beach. Acceptable proof of residency includes: government issued id or utility bill showing current Manhattan beach address. Must be the age specified for the activity. Proof of age may be required for all classes with an age requirement. False information regarding name, age, or address may result in being dropped from the class without refund. You may be asked for id at the first class. No registration will be taken over the phone. **NEW** - **Waiting lists for summer camps will not be offered; all open spots will be filled on a first come, first served basis.** ActiveNet requires that all activity registrations incur a convenience fee of 5.84% of the total charge.









TEEN CENTER

SCHOOL YEAR PROGRAM 2024-2025

REGISTRATION FOR THE TEEN CENTER AFTER SCHOOL PROGRAM WILL BEGIN MONDAY, JULY 8 AT 6 AM FOR ONLINE TRANSACTIONS AND 8 AM FOR IN PERSON.

AUGUST 21, 2024 TO JUNE 12, 2025 • M, TU, TH, F: 3PM TO 6PM W: 2:15 PM TO 6PM

RESIDENT:

Resident: 43019

\$299 for the entire school year

TEEN CENTER RESIDENTS: Middle school students who reside in Manhattan Beach or attend a Manhattan Beach School.

NONRESIDENT FEE:

Nonres: 43020 \$299 *monthly* fee

OPEN TO TEENS AGES 11-14 YEARS OLD

INCLUDES: Late Night TC on the 1st Friday of the month, we are open until 8pm. The daily program includes homework time, free time, drop-in activities (basketball, ping-pong, pool table, foosball, video games, etc.), arts and crafts, organized team and individual games, and special events (cooking days, movie days, barbecues, etc.) The TC is open on most middle school holidays and minimum days schedules.

TEEN CENTER SUMMER CAMP '24

Continue the fun this summer at the Teen Center!

AMUSEMENT PARKS • BEACH DAYS • POOL DAYS • AND MORE!

See page 15 for more information



LOCATION

Manhattan Beach Teen Center at Manhattan Heights Park 1600 Manhattan Beach Boulevard Manhattan Beach, CA 90266 (310) 802-5426

CONTACT US

DAVID IBARRA, RECREATION SUPERVISOR (310) 802-5419 · dibarra@manhattanbeach.gov

MB PARKS & REC (310) 802-5448 mbparksandrec@manhattanbeach.gov



HOW TO REGISTER

- 1. Go to www.manhattanbeach.gov/registration
- 2. Sign in to your ActiveNet account
- 3. Use the following activity numbers to register Resident: 43019 Nonres: 43020









FRIDAY & SATURDAY, AUGUST 2-3, 2024 8AM - 5PM MB PIER SOUTH SIDE DIVISIONS 35+: \$325 OPEN: \$650

MEN'S DIVISION

Men's 40+ 42875

Men's 50+ 42876

Men's Open 42877

WOMEN'S DIVISION

Women's Masters 35+ 42878

> Women's Open 42879



PICKLEBALL AND PADDLE TENNIS MONTHLY DROP-IN PASSES

RESIDENT SENIORS: \$10/month

RES: \$15/month · **NONRESIDENTS:** \$20/month

- · Passes must be purchased on the 1st of the month
- · Good for free play at Manhattan Heights Courts:

PICKLEBALL

Monday through Friday 8:00 AM to 12:00 PM Monday, Tuesday, Thursday - 7 courts available Wednesday, Friday - 3 courts available

PADDLE TENNIS

Saturday through Sunday 8:00 AM to 12:00 PM Court #3 ONLY

www.manhattanbeach.gov/tennis



SPORTS

ADULT BEGINNING INDOOR VOLLEYBALL

18 and up

Res: \$105 Nonres: \$116 (8 Weeks)

Ready to start your indoor volleyball journey? This class is thoughtfully designed for the player who has never played before or for someone who has a desire to brush up on the basics. The group session will focus on the fundamental volleyball drills; serving, passing, setting and hitting. Instructor: Nick DiMatteo

Location: Mira Costa High School - Small Gym

42967 8pm to 9:30pm 6/17 - 8/5

ADULT INTERMEDIATE INDOOR VOLLEYBALL 18 and up

Res: \$105 Nonres: \$116 (8 Weeks)

Further your skills to get ready for the advanced indoor classes! You must have basic knowledge of 6-person rotations, with the ability to consistently pass, pepper and hit. This session is designed for players to develop strategies and techniques that strengthen their indoor volleyball skills. Instructor: Ryan Olson

Location: Mira Costa High School - Small Gym

42968 8pm to 9:30pm 6/17 - 8/5 M

ADULT INTERMEDIATE/ADVANCED INDOOR VOLLEYBALL

18 and up

Res: \$105 Nonres: \$116 (8 Weeks)

You've got the fundamental indoor volleyball skillset, including rotations and now it's time to use those skills in a technical environment. This session is designed for players to develop strategies and techniques that strengthen their indoor volleyball skills.

Instructor: Nick DiMatteo

Location: Mira Costa High School - Small Gym

42969 7:30pm to 9pm

6/21 - 8/9

ADULT ADVANCED INDOOR VOLLEYBALL

18 and up

Res: \$105 Nonres: \$116 (8 Weeks)

Reinforce and sharpen your skills in passing, setting, serving, hitting, digging and blocking through fast-paced drills. This class is designed for players with considerable knowledge of the indoor game. You must be able to execute fundamental skills and ball control with a high level of consistency. Instructor: Ryan Olson

F

Location: Mira Costa High School - Small Gym

42966 7:30pm to 9pm 6/21 - 8/9

PICKLEBALL BEGINNER (1.5-2.0)

18 and up

Μ

Res: \$125 Nonres: \$137

Want to learn how to play pickleball? You will be introduced to the fundamental basics of the game - serve, return of serve, drop shots, and dinks. Players will learn how to play the game, how to keep score, and learn the essential rules of pickleball. This class is ideal for those who have played pickleball less than 10 times. No paddle necessary! Paddles are provided for use if the student does not have one. Proper court shoes highly recommended!

Instructor: Teri Carter

Location: Manhattan Heights Park - Tennis Courts

42314	9am to 10am	6/19 - 7/17	W
42313	Noon to 1pm	6/19 - 7/17	W
42311	9am to 10am	7/31 - 8/28	W
42312	Noon to 1pm	7/31 - 8/28	W

PICKLEBALL IMPROVER (2.0-2.5)

18 and up

Res: \$125 Nonres: \$137

Now that you've learned the basics, you probably want to continue the fun, by participating in open play. This class will focus on the importance of the return of serve, how to hit a 3rd/5th shot drop to get to the NVZ line and what to do to win points.

Instructor: Teri Carter

Location: Manhattan Heights Park - Tennis Courts

42625	10am to 11am	6/19 - 7/17	W
42316	lpm to 2pm	6/19 - 7/17	W
42626	10am to 11am	7/31 - 8/28	W
42317	lpm to 2pm	7/31 - 8/28	W

PICKLEBALL INTERMEDIATE (3.0-3.5)

18 and up

Res: \$125 Nonres: \$137

Learn and improve the techniques of moving through the transition zone to establish the best position possible for a winning point. Improve stroke mechanics and footwork. Discover how timing and anticipation prepare you for the next shot and how team strategy and court positioning advance your game to the next level.

Instructor: Teri Carter

Location: Manhattan Heights Park - Tennis Courts

42628	8am to 9am	6/19 - 7/17	W
42988	llam to Noon	6/19 - 7/17	W
42629	8am to 9am	7/31 - 8/28	W
42987	llam to Noon	7/31 - 8/28	W

PICKLEBALL LIVE BALL (3.0+)

18 and up

Res: \$125 Nonres: \$137

Live Ball is a workout for 3.0+ skill-level players! It is a fun, high-speed doubles format game with no serves or returns. The game's goal is to make it to the champion side of the court and defend against challenges from attackers. Live Ball is a fast-paced king/queen of the court game that will sharpen your reflexes and hone your skills. Live Ball is an instructor-led workout that will whip you into pickleball shape.

Instructor: Teri Carter

Location: Manhattan Heights Park - Tennis Courts

42319	5pm to 6pm	6/18 - 7/16	Τυ
42320	5pm to 6pm	7/30 - 8/27	Tυ

ADULT SPORTS LEAGUES

7 ON 7 SOCCER LEAGUE

18 and up

Standard charge: \$620

Co-Ed Soccer played on small fields, small goals. No goalies; played with 7 players at a time with free subs. Action is fast and fun. Great way to break up the mundane of the workweek. Only one registration fee per team.

42420	8pm to 10pm	6/25 - 9/17	Tυ
42421	8pm to 10pm	6/26 - 9/18	W
42470	8pm to 10pm	6/27 - 9/19	Th
42973	8pm to 10pm	6/28 - 9/20	F

CO-ED KICKBALL LEAGUE

18 and up

Standard charge: \$415

Take it back to your childhood. Grab your friends and family to assemble your ultimate team. It's a great way to relieve stress during your work week. Games played once a week, minimum of 5 games in a season.

43004	8pm to 10pm	6/18 - 8/27	Tu
42472	8pm to 10pm	6/20 - 8/29	Th

CO-ED SOFTBALL LEAGUE

18 and up

Standard charge: \$505

A great weekday stress relief. Bring out your family and friends to make your team and compete for the championship. Games played once per week, 8 game minimum.

42959	8pm to 10pm	6/19 - 8/28	W
42958	8pm to 10pm	6/20 - 8/29	Th

FITNESS

ALL LEVEL GENTLE HATHA YOGA

18 and up

Res: \$117 Nonres: \$129 (9 Weeks)

Develop strength, functional movement and flexibility, increasing awareness of breath and calming the mind. Great class for those students with previous injuries.

Instructor: Maureen Davis

Location: Joslyn Community Center - Ocean Banquet Hall

42818	5pm to 6:10pm	6/18 - 8/13	Tυ
42819	6:30pm to 7:40pm	6/18 - 8/13	Tυ

BEACH BOOT CAMP WITH GI JOE

18 and up

Res: \$220 Nonres: \$240 (8 Weeks)

As the creator of G.I. Joe Boot Camp, and stroke survivor, Joe Charles continues to inspire students with camaraderie and fitness challenges. Come out and meet others for social inspiration. G.I. Joe's group workout is designed to help students lose weight, tone bodies, build endurance and network with others. All levels welcome.

Instructor: Joe Charles

Location: Manhattan Beach Pier - Southside

42996 6am to 7am
 6/17 - 8/9
 M W F

 42997 8am to 9am
 6/17 - 8/9
 M W F



18 and up

Res: \$120 Nonres: \$132 (8 Weeks)

In this 60-minute cardio sculpt class, we combine cardiovascular and muscle sculpting exercises all while moving to music! It starts with a warm up, progressing to cardio and kickboxing moves in a routine using light and heavy weights and exercise bands for sculpting the body. This total body workout helps in losing weight, toning, increasing bone density, energy and stamina. Bring your own equipment, light weights, exercise bands, ball, towel and mat

Instructor: Jayne Justice

Location: Joslyn Community Center - Surf Dance Studio

42964 5:30pm to 6:30pm 6/19 – 8/7 W **42965** 6pm to 7pm 6/20 – 8/8 Th

PILATES EQUIPMENT CORE CHALLENGE 18 and up

CoeDynamics small group Pilates Core Challenge sessions will offer personalized attention and diversified Pilate's equipment, leaving no muscle behind. Offered with one week for make-up classes. No class 7/4.

Instructor: CoeDynamics Staff Location: CoeDynamics - Offsite

(1x Week)

Res: \$260 Nonres: \$286

42896 Ilam to 11:55am 6/17 - 8/9

(2x Week)

Res: \$480 Nonres: \$528

42897 Ilam to 11:55am 6/17 - 8/9

REGISTRATION DATES

SAVE THE DATES FOR SUMMER REGISTRATION! Manhattan Beach Residents: May 20 Non-Manhattan Beach Residents: June 3



VIRTUAL GROUP CLASSES-PILATES 18 and up

The original form of Pilates, started on the floor. The dynamics between you and gravity can develop a grounded, toned and more flexible body. Sessions are instructed live. Breathing, core connection and form are emphasized in all sessions as it will transcend to a flow of movements that involve fuller body input with decreased base support. Choose I class per week!

Instructor: CoeDynamics Staff

Location: on Zoom

(1x Week)

Fee: Res: \$160 Nonres: \$176

42907 7:30am to 8:45am 6/17 - 8/5

(2x Week)

Res: \$288 Nonres: \$317

42908 7:30am to 8:30am 6/17 - 8/5

YOGA HATHA FLOW

18 and up

Res: \$117 Nonres: \$129 (9 Weeks)

Develop strength, flexibility and mindfulness with the breath-based practice. Bring a mat.

Instructor: Karun Kumar

Location: Manhattan Heights Parks - Mt. Baldy Room

42962 9am to 10:10am 6/18 - 8/13 Tu **42963** 9am to 10:10am 6/20 - 8/15 Th

ZUMBA

18 and up

Res: \$98 Nonres: \$108 (8 Weeks)

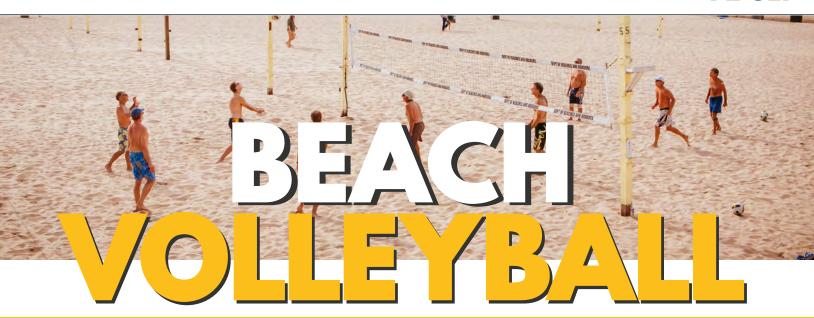
Zumba is a fusion of Latin and international music. This fun class is a combo of motivating music, body sculpting movements and easy to follow dance steps.

Instructor: Nelly Korenevsky

Location: Manhattan Heights Park - Mt. Whitney Banquet Hall

Sa

42912 9am to 9:50am 6/22 - 8/10



18 and up • Location: Manhattan Beach Pier, Southside

BEACH VOLLEYBALL - BEGINNER 18 and up

Perfect for the player who has never played volleyball before or is lacking in one of more of the basic skills of passing, hitting, serving or digging. These slower paced drills are broken down so that the player understands all aspect of each skill and rules of the game.

Res: \$160 Nonres: \$176 (8 Weeks)

42856	6pm to 7:30pm	6/17 - 8/7	MW
42855	6pm to 7:30pm	6/18 - 8/8	Tu Th

Res: \$75 Nonres: \$83 (6 Weeks)

	11011110011400 10 1110	, c	
42216	7am to 8:15am	6/17 - 8/5	Μ
42217	12pm to 1:15pm	6/23 - 7/28	Su

BEACH VOLLEYBALL - INTERMEDIATE 18 and up

Continue to develop the fundamental skills of the game! Players must demonstrate moderate ball control in passing, setting, hitting, and serving with some consistency. Players will learn offensive and defensive strategies while sharpening their skills through moderately paced drills. No class 7/4.

Res: \$160 Nonres: \$176 (8 Weeks)

42859	6pm to 7:30pm	6/17 - 8/7	MW
42858	6pm to 7:30pm	6/18 - 8/8	Tu Th

Res: \$75 Nonres: \$83 (6 Weeks)

42998 10:30am to 11:45am 6/23 - 7/28 Su

BEACH VOLLEYBALL - INT./ADV. 18 and up (8 Weeks)

Further your skills to get ready for the advance classes! Demonstrate that you can consistently pass, pepper and hit in the first session or have the intermediate instructor's approval for placement in this class. No class July 4.

Res: \$160 Nonres: \$176

43000	6pm to 7:30pm	6/17 - 8/7	MW
42857	6pm to 7:30pm	6/18 - 8/8	Tu Th

BEACH VOLLEYBALL - ADVANCED 18 and up

Get tournament ready! This class is designed for players with considerable knowledge of the game. You must be able to execute fundamental skills and ball control with a high level of consistency. Courts will be setup for men's competitive, women's competitive and coed instruction. No class 7/4.

Res: \$160 Nonres: \$176 (8 Weeks)

42853	6pm to 7:30pm	6/17 - 8/7	MW
42852	6pm to 7:30pm	6/18 - 8/8	Tu Th

Res: \$75 Nonres: \$83 (6 Weeks)

42999 9am to 10:15am 6/23 - 7/28 Su

BEACH VOLLEYBALL: COED 4 MAN LEAGUE

18 and up

Standard charge: \$75 (6 Weeks)

We are excited to introduce our new 4-Man Coed League. All levels are welcome. You can sign up by yourself and be assigned to a team the first night or sign up with 3 of your friends to make your own team. You will be playing against teams at your same level. A tournament will happen the last week of class.

42970 6pm to 7:30pm 6/21 - 7/26 F

ARTS AND CERAMICS

BASIC TECHNIQUES IN DRAWING

18 and up

Res: \$130 Nonres: \$143 (6 Weeks)

Learn the basic drawing techniques using drawing and colored pencils, charcoal and blending tools. Bring a 9x12 inch drawing bag, #2 pencil and a pink eraser to the first class.

Instructor: Cynthia Svezia

Location: Joslyn Community Center - Sunrise Room

42404 10am to Noon

6/25 - 7/30 Tu

DIGITAL DRAWING

16 and up

Res: \$329 Nonres: \$362 (10 Weeks)

Unleash your inner artist with our new Digital Drawing Class! Whether you are new to drawing or wanting to grow digitally, our Instructor, Lucy Cui will teach you how to draw anything with just a tablet! From dynamic animals to vehicles to captivating characters, discover the joy of bringing your imagination to life on a digital canvas. Let's sketch, swipe, and soar together!***Supplies are not included.

Instructor: Lucy Cui

Location: Manhattan Beach Arts Center - Exhibit Hall

43034 6:30pm to 9:30pm 7/15 - 9/16 M

FOUNDATIONS DRAWING

18 and up

Res: \$329 Nonres: \$362 (10 Weeks)

Dive into the art of drawing with this captivating introduction led by the accomplished artist and professor, Edgar Silva. Students will advance their grasp of spatial illusion via atmospheric and linear perspective. Edgar's approach emphasizes practical exploration of visual elements like line, shape, value, volume, texture, space, light, and composition. All skill levels are embraced in Edgar's inclusive academic drawing approach. ***Supplies are not included.

Instructor: Edgar Silva

Location: Manhattan Beach Arts Center

42717 9am to Noon 7/19 - 9/20

FOUNDATIONS PAINTING

18 and up

Res: \$329 Nonres: \$362 (10 Weeks)

Immerse yourself in the art of painting through this introductory course guided by accomplished artist and professor, Edgar Silva. Students will explore the complexity of painting through direct observation of a still life. Focusing on value and color relationships, this class will walk you through a monochromatic palette, a limited palette, and finally a full palette. Through this process, you will learn how

the function of light dictates the color relationships we see on the form. Finally, students will work from their own inspiration, providing photo references to paint as a final project.

***Supplies are not included.

Instructor: Edgar Silva

Location: Manhattan Beach Arts Center

42718 Noon to 3pm 7/19 - 9/20 F

INTRO TO CHARCOAL

18 and up

Res: \$329 Nonres: \$362 (10 Weeks)

Explore the interplay of light and shadow, get a feel for the materials, and refine your skills in creating expressive compositions. Whether you are a beginner or looking to enhance your artistic abilities, this class offers a productive space to hone your craft. Unearth the power of charcoal to create stunning visual drawings. All skill levels welcome! ***Supplies are not included.

Instructor: Lucy Cui

Location: Manhattan Beach Arts Center - Exhibit Hall

42719 6:30pm to 9:30pm 7/18 – 9/19 Th

INTRO TO OIL PAINTING

18 and up

Res: \$329 Nonres: \$362 (10 Weeks)

This course will walk you through how to set up your materials and brushes, teach the fundamentals of design, and help you produce your very own paintings under the guidance of a trained instructor. Let your imagination go wild as you bring white canvases to life and experience the delight of using the rich medium of oil paint to express yourself. All skill levels welcome! ***Supplies are not included. See attached supply list. Instructor: Lucy Cui

Location: Manhattan Beach Arts Center - Exhibit Hall

42720 6:30m to 9:30pm 7/17 - 9/18 W



CERAMIC HANDBUILDING

18 and up

Res: \$329 Nonres: \$362 (10 Weeks)

Students of all levels will share space and learning experiences from pinch pots and coil building, to slab construction and sculpture. Students will learn about shaping, as well as decorating and glazing. Fee includes glazes, firing, and \$15 in Ceramics Bucks to use at the student's discretion. Please download the supply list before the first meeting. Instructor: Lowell Nickell

Location: Live Oak Park - Ceramic Studio

42705 1:15pm to 4:15pm 7/18 - 9/19 Th

CERAMICS ADVANCED WHEEL THROWING 18 and up

Res: \$329 Nonres: \$362 (10 Weeks)

Go beyond the basics of throwing on the wheel! Students will explore new and more complicated forms such as plates, lidded containers, pouring vessels, and more. To participate in this class, students must be comfortable with throwing basic forms such as bowls or cylinders. Fee includes glazes, firing, and \$15 in Ceramics Bucks to use at the student's discretion. Please download the supply list before the first meeting.

Instructor: Lowell Nickel

Location: Live Oak Park - Ceramic Studio

42706 10am to 1pm 7/18 - 9/19 Th

CERAMICS FOR ALL LEVELS

18 and up

Res: \$329 Nonres: \$362 (10 Weeks)

Beginning students will learn basic hand building techniques and be introduced to wheel throwing. Intermediate/advanced students will continue to hone their techniques of wheel throwing, hand building, surface decorating, and glazing. Fee includes glazes, firing, and \$15 Ceramics Bucks. Location: Live Oak Park Ceramic - Studio

42708	6:30pm to 9:30pm	7/16 - 9/17	Τυ	StaceyWexler
42710	6:30pm to 9:30pm	7/17 - 9/18	W	StaceyWexler
42709	6:30pm to 9:30pm	7/18 - 9/19	Th	AmberMooers .
42714	lpm to 4pm	7/20 - 9/21	Sa	AmberMooers 4 1 1
42711	lpm to 4pm	7/17 - 9/18	W	KathrynHillier
42712	10am to 1pm	7/19 - 9/20	F	KathrynHillier
42713	lpm to 4pm	7/19 - 9/20	F	KathrynHillier

INTRODUCTION TO CERAMICS

18 and up

Res: \$329 Nonres: \$362 (10 Weeks)

This class is designed for students with no prior experience in clay. Students will start with the basics and build skills while learning to make pinch pots, coil pots, cylinders off the wheel, and the basics of glazing. This is a class for beginners only; students seeking intermediate/advanced instruction should enroll in an all-levels class.

Location: Live Oak Park - Ceramic Studio

Instructor: Christopher Cutroneo

42721 6:30pm to 9:30pm 7/15 - 9/23 M

Instructor: Amber Mooers

42722 10 am to 1pm 7/20 - 9/21 Sa

SILVER METAL CLAY: PENDANTS WITH AN 8MM STONE WORKSHOP

16 and up

Res: \$160 Nonres: \$176

In this workshop, beginning and returning students will learn several ways to set a large faceted stone in Silver Clay. Bring your own pendant designs or use the patterns provided for the class. Participants will learn how to work with Silver Metal Clay including how to cut, texture, layer and shape. The workshop fee includes all materials. Tools will be available for use during the class. Firing will be done offsite. Bring your lunch and glasses for detailed work if you need them.

Instructor: Chris Brooks

Location: Manhattan Beach Arts Center

42985 9:30am to 3:30pm 6/15 Sa

UNIQUE ACTIVITIES COMEDY IMPROV FOR ADULTS

18 and up

Res: \$150 Nonres: \$165 (8 Weeks)

Learn comedy improv in a safe, supportive and fun environment. Improv is the art of acting without previous preparation involving imagination and creativity. This class enhances communication skills useful for business, performance, social and personal settings. No experience necessary. All levels welcome.

Instructor: Doris Usui and Rick Ramirez

Location: Joslyn Community Center - Surf Dance Studio

Res: \$150 Nonres: \$165 (8 Weeks)

42406	3:30pm to 5:30pm	6/10 - 7/29	Μ
41989	6:30pm to 8:30pm	6/10 - 7/29	Μ

Res: \$100 Nonres: \$110 (Pick 4)

42407 3:30pm to 5:30pm 6/10 - 7/29 M

GOLDEN HEART EVENING SOCIAL CLUB

18 but less than 40

Standard charge: \$55Golden Heart Ranch Ever

Golden Heart Ranch Evening Social Club is for individuals with intellectual and developmental disabilities. Each session Ranchers will engage in various art or fitness activities combined with making a delicious snack or crafting a refreshing beverage, adding a bit of flavor to the shared experiences. Join us for a dynamic fusion of culture, wellness, and camaraderie! In order to attend this class, first you must have completed the required participation paperwork. Visit Golden Heart Ranch Social Living Club Registration to complete paperwork.

Instructor: Golden Heart Ranch

Location: Joslyn Community Center - Kitchen

42919	4:30pm to 6:30pm	7/18	Th
42920	4:30pm to 6:30pm	7/25	Th
42922	4:30pm to 6:30pm	8/15	Th
42923	4:30pm to 6:30pm	8/22	Th
42924	4:30pm to 6:30pm	8/29	Th
42921	4:30pm to 6:30pm	8/8	Th

AQUATICS



PARTY AT BEGG POOL

SUMMER KICK-OFF PARTY

June 15 10am to 2pm Free for all ages

Kick off the start of summer at Begg Pool! Meet the summer Aquatics staff and have a fun day in the sun! This event is FREE for the entire family. There will be water games, water balloon toss, swimming, and music. No food will be provided, but you are more than welcome to bring a picnic to eat on the grass area.

4TH OF JULY PARTY

July 4

10am to 2pm

\$5 per person (ages 2 & under free)

Kick-off your 4th of July celebration with the Aquatics staff and celebrate our nation's independence! You and your family are invited for a day of water games, water balloon toss, swimming, and music! No food will be provided, but you are more than welcome to bring a picnic to eat on the grass area.

For more information, please contact Begg Pool at (310) 802-5428 or the Parks and Recreation Department at (310) 802-5448.

WAITING LISTS FOR SUMMER AQUATICS CLASSES WILL NOT BE OFFERED. OPEN SPOTS WILL BE FILLED ON A FIRST COME FIRST SERVED BASIS.

BEGG POOL

1402 North Peck Avenue Manhatan Beach, CA 90266 (310) 802-5428 aquatics@manhattanbeach.gov

POOL RULES

All patrons entering the facility during recreational/lap swim times are required to pay the facility admission fee, including spectators, except those seated in the bleacher area.

- · Swimsuit required
- · Children not potty trained must wear a swim diaper
- Children under age 7 must be accompanied by an adult in the water at all times (4 children max per 1 adult)
- Water toys and U.S. Coast Guard approved lifejackets may be used at the Pool Manager's discretion. Each individual wearing a U.S. Coast Guard lifejacket must be accompanied by an adult in the pool, within arms reach

NOT ALLOWED IN POOL OR POOL AREA

- · Flotation devices · Diving
- · Running · Pets
- · Smoking · Breath-holding games

NO EXCEPTIONS

- · The City reserves the right to refuse access at any time
- · No outside coaching allowed

LAP SWIM

Online Reservation: Res: \$5 Nonres: \$7 Drop-in: Res and Nonres: \$7

Monday - Friday Friday Saturday
7am - 8am 3pm - 4pm 8am - 9am

Monday - Thursday
8pm - 9pm 5pm - 6pm 8am - 9am

REC SWIM

Online Reservation: Res: \$3 Nonres: \$5 Drop-in: Res Nonres: \$5

Monday - Thursday Friday - Sunday lpm - 2pm lpm - 2pm 2pm - 3pm

See www.manhattanbeach.gov/aquatics to make an online reservation and for more information



Begg Pool is heated at 84 degrees all year long!

ADULTS

ADULT SWIM LESSONS

18 and up

It's never too late to learn how to swim! Our adult swim lessons provide a place for adults to learn how to swim in a friendly small-group setting. These lessons are for those individuals who wish to learn to swim or those who want to improve their technique, and feel safe and secure in the water.

Location: Begg Pool

Res: \$110 Nonres: \$121 (5 Weeks)

 41802
 7pm to 7:45pm
 6/17 - 7/15
 M

 41803
 7pm to 7:45pm
 6/19 - 7/17
 W

Res: \$88 Nonres: \$97 (4 Weeks)

41804 7pm to 7:45pm 7/22 - 8/12 *N* **41805** 7pm to 7:45pm 7/24 - 8/14 W



FITNESS

WATER AEROBICS

16 and up

Standard charge: \$144 (9 Weeks)

Improve muscular endurance, core strength, and flexibility in this class designed for men and women looking for a great low-impact workout. Workout includes aerobic, stretching and relaxation exercises. Knowing how to swim is not a prerequisite for participation in this class. You may also drop in for \$10 per day if there are open spaces. No class 7/4.

Location: Begg Pool

41926 8am to 8:50am 6/17 - 8/15 M Tu W Th **41927** 2pm to 2:50pm 6/17 - 8/15 M Tu W Th



These activities fill quickly, so register early and claim your spot!

BEGG POOL MASTERS

16 and up

Res: \$75 Nonres: \$82

Begg Pool Masters is designed to help swimmers improve fitness and/or train for specific goals, and offer active support for a healthy lifestyle through friendship and camaraderie. Workouts are structured for all swimming abilities ranging from beginning lap swimmers to college athletes. We invite you to come and swim with us! If you sign up for PM masters you may also attend the AM session. PM masters time changes between seasons (7pm to 8pm during Winter, Spring and Fall; 8pm to 9pm during Summer). You may also drop in for \$10 per day if there are open spaces.

MORNING

41743 6am to 7am 1/8-12/31 M Tu W Th F

AFTERNOON

41744 8pm to 9pm 1/8-12/31 M Tu W Th



TOT

PARENT AND ME - SWIM LESSONS

1 but less than 4

Develop your child's readiness to swim by joining them in the pool for water exploration! Parent (limit 1 parent per child) and child will learn how to be comfortable in, on and around the water. This class is not designed to teach your child to swim. Children must wear a swimming diaper. One make-up class allowed per session. No class on 7/6 - 7/7. Location: Begg Pool

Res: \$72 Nonres: \$80 (4 Weeks)

41812	9am to 9:40am	6/22 - 7/20	Sa
41813	9:45am to 10:25am	6/22 - 7/20	Sa
41814	10:30am to 11:10am	6/22 - 7/20	Sa
41815	9am to 9:40am	6/23 - 7/21	Su
41816	9:45am to 10:25am	6/23 - 7/21	Su
41817	10:30am to 11:10am	6/23 - 7/21	Su

Res: \$54 Nonres: \$59 (3 Weeks)

41818	9am to 9:40am	7/27 - 8/10	Sa
41819	9:45am to 10:25am	7/27 - 8/10	Sa
41820	10:30am to 11:10am	7/27 - 8/10	Sa
41821	9am to 9:40am	7/28 - 8/11	Su
41822	9:45am to 10:25am	7/28 - 8/11	Su
41823	10:30am to 11:10am	7/28 - 8/11	Su

AQUATICS

ALL AGES

PRIVATE SWIM LESSONS

Ages 3+

A one-on-one learning environment for children or adults. Classes meet for 40 minutes. You must be at leaset 3 years old, potty trained and be able to be in the water without a parent. private lessons are for all skill levels. There is one makeup class allowed per session. No class 7/4-7/7.

Location: Begg Pool

WEEKDAYS

Res: \$416	Nonres: \$458 (2 We	eeks)		Res: \$156 N	Nonres: \$172 (3 Weeks)	
41826	9:45am to 10:25am	6/17 - 6/27	M Tu W Th	41871	9am to 9:40am	7/26 - 8/9	F
41827	10:30am to 11:10am	6/17 - 6/27	M Tu W Th	41872	9:45am to 10:25am	7/26 - 8/9	F
41828	11:15am to 11:55am	6/17 - 6/27	M Tu W Th	41873	10:30am to 11:10am	7/26 - 8/9	F
41829	Noon to 12:40pm	6/17 - 6/27	M Tu W Th	41874	11:15am to 11:55am	7/26 - 8/9	F
41830	3pm to 3:40pm	6/17 - 6/27	M Tu W Th	41875	Noon to 12:40pm	7/26 - 8/9	F
41831	3:45pm to 4:25pm	6/17 - 6/27	M Tu W Th	Pos. \$208	Nonres: \$229 (4 Week	rs)	
41832	4:30pm to 5:10pm	6/17 - 6/27	M Tu W Th	41866	9am to 9:40am	6/21 - 7/19	F
41842	9:45am to 10:25am	7/15 - 7/25	M Tu W Th	41867	9:45am to 10:25am	6/21 - 7/19	F
41843	10:30am to 11:10am	7/15 - 7/25	M Tu W Th	41868	10:30am to 11:10am	6/21 - 7/19	F
41844	11:15am to 11:55am	7/15 - 7/25	M Tu W Th	41869	11:15am to 11:55am	6/21 - 7/19	F
41845	Noon to 12:40pm	7/15 - 7/25	M Tu W Th	41870	Noon to 12:40pm	6/21 - 7/19	F
41846	3pm to 3:40pm	7/15 - 7/25	M Tu W Th		. το σ. το το το μ. τ.	0, 2, .,	•
41847	3:45pm to 4:25pm	7/15 - 7/25	M Tu W Th	WEEKENDS	S		
41848	4:30pm to 5:10pm	7/15 - 7/25	M Tu W Th	_	Non-resident: \$229 (4	l Weeks)	
41850	9:45am to 10:25am	7/29 - 8/8	M Tu W Th	41876	9am to 9:40am	6/22 - 7/20	Sa
41851	10:30am to 11:10am	7/29 - 8/8	M Tu W Th	41877	9:45am to 10:25am	6/22 - 7/20	Sa
41852	11:15am to 11:55am	7/29 - 8/8	M Tu W Th	41878	10:30am to 11:10am	6/22 - 7/20	Sa
41853	Noon to 12:40pm	7/29 - 8/8	M Tu W Th	42295	11:15am to 11:55am	6/22 - 7/20	Sa
41854	3pm to 3:40pm	7/29 - 8/8	M Tu W Th	42296	Noon to 12:40pm	6/22 - 7/20	Sa
41855	3:45pm to 4:25pm	7/29 - 8/8	M Tu W Th	41886	9am to 9:40am	6/23 - 7/21	Su
41856	4:30pm to 5:10pm	7/29 - 8/8	M Tu W Th	41887	9:45am to 10:25am	6/23 - 7/21	Su
Pos. \$208	3 Nonres: \$229 (1 W	90k)		41888	10:30am to 11:10am	6/23 - 7/21	Su
41849	9am to 9:40am	8/5 - 8/8	M Tu W Th	41889	11:15am to 11:55am	6/23 - 7/21	Su
41857	9am to 9:40am	8/12 - 8/15	M Tu W Th	41890	Noon to 12:40pm	6/23 - 7/21	Sυ
41858	9:45am to 10:25am	8/12 - 8/15	M Tu W Th	Dog. \$154 N	Nonres: \$172 (3 Weeks	١	
41859	10:30am to 11:10am	8/12 - 8/15	M Tu W Th	41881	9am to 9:40am	7/27 - 8/10	Sa
41860	11:15am to 11:55am	8/12 - 8/15	M Tu W Th	41882	9:45am to 10:25am	7/27 - 8/10	Sa
41861	Noon to 12:40pm	8/12 - 8/15	M Tu W Th	41883	10:30am to 11:10am	7/27 - 8/10	Sa
41862	3pm to 3:40pm	8/12 - 8/15	M Tu W Th	41884	11:15am to 11:55am	7/27 - 8/10	Sa
41863	3:45pm to 4:25pm	8/12 - 8/15	M Tu W Th	42063	Noon to 12:40pm	7/27 - 8/10	Sa
41864	4:30pm to 5:10pm	8/12 - 8/15	M Tu W Th		9am to 9:40am		
Res: \$156	Nonres: \$172 (1 Wee	ak)		41891 41892	9:45am to 10:25am	7/28 - 8/11 7/28 - 8/11	Su Su
41834	9am to 9:40am	7/1 – 7/3	M Tu W	41893	10:30am to 11:10am	7/28 - 8/11 7/28 - 8/11	Su
			74110 4 4	41894	11:15am to 11:55am	7/28 - 8/11 7/28 - 8/11	Su
-	l Nonres: \$400 (2 W		A A T NA / TI	41895	Noon to 12:40pm	7/28 - 8/11	Su
41835	9:45am to 10:25am	7/1 - 7/11	M Tu W Th	41073	110011 to 12. 10 pm	7/20 0/11	50
41836	10:30am to 11:10am	7/1 – 7/11	M Tu W Th				
41837	11:15am to 11:55am	7/1 – 7/11 7/1 – 7/11	M Tu W Th				
41838	Noon to 12:40pm	7/1 – 7/11 7/1 – 7/11	M Tu W Th M Tu W Th				
41839 41840	3pm to 3:40pm	7/1 – 7/11 7/1 – 7/11		POPULA	9 ₇₁		
41841	3:45pm to 4:25pm 4:30pm to 5:10pm	7/1 – 7/11 7/1 – 7/11	M Tu W Th M Tu W Th	ACTIVITY		register early and claim	
41041	7.30pm to 3.10pm	//1 - //11	141 10 44 11		1 /		

YOUTH

PRE-SWIM TEAM ()

5 but less than 17

Res: \$333 Nonres: \$336 (8 Weeks)

The Pre-Swim Team is the mandatory prerequisite class for the MB Dolphins Swim Team. Swimmers must be able to swim 50 yards freestyle and 50 yards backstroke without stopping, and have some knowledge of breaststroke technique. Swimmers must attend at least 50% of all the practices to be eligible to join the MB Dolphins Swim Team.

Swimmers must be enrolled in this class to be considered for the MB Dolphins Swim Team. If you are on the waitlist, this list will be valid until May 1, 2025. If you do not get a call to register for Pre-Swim Team by May 1, 2025, you must register for the Pre-Swim Team again in summer 2025. Location: Begg Pool

41824

6:10pm to 7pm

6/24 - 8/14

MW





SMALL GROUP SWIM LESSONS ***** 3 but less than 12

Four-to-one learning environment for children levels 1-3, five-to-one learning environment for children levels 4 and 5 to focus on furthering their skills. Children must be potty trained and able to be in the water without a parent. For the safety of all children, parents must wait outside the fence during the lesson. One make-up class allowed per session. No Class 7/4 Location: Begg Pool

Res: \$192 Nonres: \$211 (2 Weeks)

1403. 4172	110:::: C31	CKJ	
41903	3pm to 3:40pm	6/17 - 6/27	M Tu W Th
41904	3:45pm to 4:25pm	6/17 - 6/27	M Tu W Th
41905	4:30pm to 5:10pm	6/17 - 6/27	M Tu W Th
41912	3pm to 3:40pm	7/15 - 7/25	M Tu W Th
41913	3:45pm to 4:25pm	7/15 - 7/25	M Tu W Th
41914	4:30pm to 5:10pm	7/15 - 7/25	M Tu W Th
41918	3pm to 3:40pm	7/29 - 8/8	M Tu W Th
41919	3:45pm to 4:25pm	7/29 - 8/8	M Tu W Th
41920	4:30pm to 5:10pm	7/29 - 8/8	M Tu W Th

Res: \$168 Nonres: \$185 (2 Weeks)

41908	3pm to 3:40pm	7/1 – 7/11	M Tu W Th
41909	3:45pm to 4:25pm	7/1 – 7/11	M Tu W Th
41910	4:30pm to 5:10pm	7/1 - 7/11	M Tu W Th

POOL RENTAL

BEGG POOL 1402 North Peck Ave. (310) 802-5428 · (310) 802-5448

Begg Pool is available for rent SATURDAYS & SUNDAYS after 1pm

Res: \$180/hour Nonres: \$200/hour

Bookings are on a first come, first served basis.

For reservation information, call (310) 802-5448 or email reservations@manhattanbeach.gov





July 18-21, 2024

TOURNAMENT LOCATIONS



Live Oak Park Mira Costa High School Finals: Manhattan Country Club

Ages: 16 and up

All entries include lunch, a T-shirt, and swag bag Prizes and trophies for all division winners.

ONE REGISTRATION PER DOUBLES TEAM ONLY EARLY BIRD PRICES EXPIRE JUNE 15, 2024.

MEN'S DIVISION

3.5 & Below Doubles	Early Bird: \$68 Activity Fee: \$75	42452
3.5 & Below Singles	Early Bird: \$45 Activity Fee: \$50	42453
4.0 Doubles	Early Bird: \$68 Activity Fee: \$75	42456
4.0 Singles	Early Bird: \$45 Activity Fee: \$50	42457
4.5 Doubles	Early Bird: \$68 Activity Fee: \$75	42460
4.5 Singles	Early Bird: \$45 Activity Fee: \$50	42461
5.0 Doubles	Early Bird: \$68 Activity Fee: \$75	42464
5.0 Singles	Early Bird: \$45 Activity Fee: \$50	42465

WOMEN'S DIVISION

TI WITHIN & PI	V 101011	
3.5 & Below Doubles	Early Bird: \$68 Activity Fee: \$75	42454
3.5 & Below Singles	Early Bird: \$45 Activity Fee: \$50	42455
4.0 Doubles 4.0 Singles	Early Bird: \$68 Activity Fee: \$75 Early Bird: \$45 Activity Fee: \$50	42458 42459
4.5 Doubles	Early Bird: \$68 Activity Fee: \$75	42462
4.5 Singles	Early Bird: \$45 Activity Fee: \$50	42463
5.0 Doubles	Early Bird: \$45 Activity Fee: \$50	42466
5.0 Singles	Early Bird: \$45 Activity Fee: \$50	42467

OPEN DIVISION

All Open Division players must register through USTA.com

Men's Doubles Women's Doubles
Men's Singles Women's Singles

www.manhattanbeach.gov/tennistournament



ADULTS

BEGINNING/ADVANCED BEGINNING TENNIS (14 and up

Get fit, learn new skills, and meet new friends, while enjoying the lifetime sport of tennis. This class covers the basic tennis fundamentals including groundstrokes, net play, serve, court positioning and scoring. No class 7/4.

Instructor: Annie Lewis

Location: Live Oak Park - Tennis Court 5

Res: \$150 Nonres: \$165 (6 Weeks)

6/17 - 7/22 43026 llam to 12pm Μ 42430 6pm to 7pm 6/20 - 8/1 Th

Instructor: Lila Brady

Location: Mira Costa High School - Tennis Court 6

Res: \$100 Nonres: \$110 (4 Weeks)

6/20 - 7/18 43029 llam to l2pm Th

INTERMEDIATE TENNIS 14 and up

Brush up on the core fundamentals of tennis including the forehand, backhand, volley, overhead and serve. Meet new friends and get into shape too! No class 7/4.

Instructor: Lila Brady

Location: Mira Costa High School - Tennis Court 6

Res: \$125 Nonres: \$138 (5 Weeks)

llam to l2pm 6/18 - 7/16 Τu

Instructor: Annie Lewis

Location: Live Oak Park - Tennis Court 5

Res: \$150 Nonres: \$165 (6 Weeks)

42440 7pm to 8pm 6/20 - 8/1

INTERMEDIATE/ADVANCED TENNIS (*)

14 and up

Res: \$150 Nonres: \$165 (6 Weeks)

Improve your tennis strokes, consistency, and placement of the ball, as you create topspin, improve foot positioning, and solidify good form. This class is designed for the player who is ready to put their skills and training into action, and play live ball. No class 7/4.

Instructor: Annie Lewis

Location: Live Oak Park - Tennis Court 5

\// 43032 10am to 11am 6/19 - 7/2442445 8pm to 9pm 6/20 - 8/1 Th

TENNIS WITH ANNIE & LILA - FUTURE STARS 📌

4 but less than 9

Res: \$150 Nonres: \$165 (6 Weeks)

We will focus on building tennis fundamentals through fun games and drills, movement and rally play. Kids will continue to develop the basic tennis strokes including the forehand, backhand, volley and overhead, working towards consistency and keeping the ball in play. No class

Instructor: Annie Lewis and Lila Brady Location: Live Oak Park - Tennis Court 5

42494 3:15pm to 4pm 6/18 - 7/23 Tυ 42493 6/20 - 8/1 Th 3:15pm to 4pm

TENNIS WITH ANNIE & LILA - MAIN DRAW (*) 6 but less than 11

Res: \$150 Nonres: \$165 (6 Weeks)

In this class, we will continue to fine-tune basic stroke technique and production through fun drills, games, movement and rally play. Players should have some experience with the 4 basic tennis strokes and be able to keep the ball in play and place shots with some consistency, but kids new to tennis are welcome. No class

Instructor: Annie Lewis and Lila Brady Location: Live Oak Park - Tennis Court 5

42497 6/18 - 7/23 4pm to 5pm Τu 42496 4pm to 5pm 6/20 - 8/1 Th

TWEEN TENNIS WITH ANNIE & LILA () 9 but less than 14

Res: \$150 Nonres: \$165 (6 Weeks)

Players should be able to rally from the baseline and demonstrate a strong understanding of the basic fundamental strokes of tennis. We will enhance technique and ball control through interactive drills, while emphasizing game strategy, placement and serve for the point play. No class 7/4.

Instructor: Annie Lewis and Lila Brady Location: Live Oak Park - Tennis Court 5

42519 5pm to 6pm 6/20 - 8/1 Th

YOUTH



Th

These activities fill quickly, so register early and claim vour spot!

TENNIS

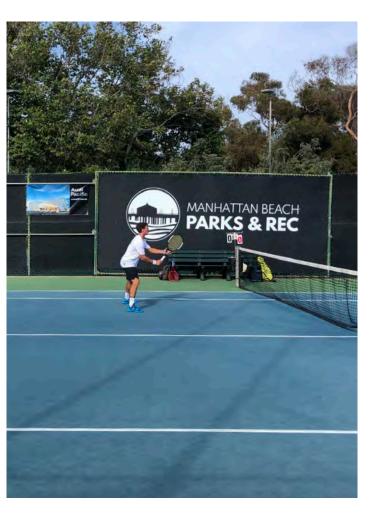
PRIVATE LESSONS

Certified USPTA tennis pros will work one-on-one with individuals seeking to advance their game of tennis. Whether you're new to the sport or preparing for high ranked tournaments, Manhattan Beach Tennis Pros are here to guide you along the way. To schedule a private lesson, please contact a Tennis Pro.

PRIVATE INSTRUCTOR CONTACT INFORMATION

Kevin Brady
Dave Mahoney
Lila Brady
Dan McCormick
Forester Dean
David Petrie
Alejandro Diaz
Bennett Slusarz
Kerry Giardino
Erick Taach
Paul Hing
Jeff Tarango
Anne Lewis
Allen Yap

wctennis@bradycamps.com dave@redondotennis.com lila@bradycamps.com tennispro333@gmail.com spinesync@gmail.com dapetrie@yahoo.com alerivi2017@gmail.com bennets@tennismatrix.net kerryg3@hotmail.com etaach@hotmail.de paulhing@earthlink.net jeffreytarango@gmail.com annieglewis@gmail.com allenyap2@gmail.com



COURT FEE FOR ALL FACILITIES:

Reservations are required for ALL tennis facilities.

\$10 Manhattan Beach Residents

\$14 Non-Manhattan Beach Residents

TENNIS FACILITIES

LIVE OAK PARK, 1901 Valley Dr.

(310) 802-5474 6 lighted courts

Monday-Friday
Saturday
Sunday
7am to 10pm
7am to 8pm
7am to 5pm

MANHATTAN HEIGHTS PARK, 1600 Manhattan Beach Blvd.

(310) 877-0512 2 lighted courts

Monday-Friday 8am to 9pm Saturday & Sunday 8am to 8pm

MIRA COSTA HIGH SCHOOL, Corner of Artesia Blvd./

Meadows Ave.

(310) 877-0510 (Call Live Oak Park outside of operating hours)

10 lighted courts

Monday-Thursday 6pm to 9pm (5pm to 9pm

when MBUSD is on break)

Weekends 8am to 2pm

TENNIS ANNUAL PASS

\$25 per calendar year (Passes will not be prorated)

OLDER ADULTS ANNUAL PASS (AGES 55+)

Manhattan Beach residents only. Good until the end of the calendar year from date of purchase; unlimited use as available. Free play at Live Oak Tennis Courts and Manhattan Heights, Monday through Friday 7am to 9am (LOP Only) and 12pm to 3pm

YOUTH ANNUAL PASS

Allows Manhattan Beach residents 17 and under to reserve Live Oak Park and Manhattan Heights courts for free during select hours (Monday through Friday from 2pm to 5pm during the school year and 12pm to 3pm during the Winter).

MIRA COSTA HIGH SCHOOL STUDENTS

1 free hour at MCHS Courts Must show current school ID

LEAGUES

Marine League hosts round robin tournaments at Live Oak Park in Winter and Spring and USTA hosts round robin tournaments at Mira Costa High School throughout the year. For more information, please call (310) 802-5474.

TENNIS MATRIX

Join TennisMatrix.net Challenge Ladder for seasonal tennis ladders & round robins at Live Oak Park. For more information, visit www.tennismatrix.net or contact Bennet Slusarz at (310) 766-2466 or bennets@tennismatrix.net



0144205

Low cost, shared-ride, curb-to-curb service offered by the City of Manhattan Beach for its seniors (55+) and disabled citizens. All buses are equipped for the elderly and are wheelchair accessible. In addition, drivers will provide boarding and disembarking assistance as needed.

TO MAKE A RESERVATION CALL (310) 545-3500

Reservations can be made up to seven days in advance by calling the Dial-A-Ride office at (310) 545-3500.

BEGINNER LINE DANCE

55 and up

Res: \$120 Nonres: \$132 (10 Weeks)

The Beginner Line Dance provides all students the opportunity to move to music and express themselves in ways other activities do not. This course will introduce basic line dance steps and many different line dances will be taught to multiple music genres. Class will review dances learned from previous week and will move to more advanced level dances as the session progresses. Everyone is welcome and no partner is required.

Instructor: Rhonda Diamond

Location: Joslyn Community Center - Surf Dance

Studio

43031 lpm to 2pm 6/15 - 8/17



DANCE, FLOW 'N FUN WITH NICKY

50 and up

Res: \$59 Nonres: \$65 (9 Weeks)

Improve posture, balance, coordination, & grace through tailored warm up exercises followed by simple choreographed dance sequences in order to get the endorphins flowing, release stress and have fun! No previous dance experience necessary. Instructor: Nicky Bowie

Location: Joslyn Community Center - Surf Dance Studio

43002 2pm to 3pm 5/29 - 7/24 W

SENIOR FIT WITH CARMEN

55 and up

Res: \$110 Nonres: \$121 (10 Weeks)

Regular exercise is essential for good health. This class is tailored to improve mobility and alleviate aches and pains, focusing on the spine and flexibility. Carmen Osterling is a SilverSneakers trained instructor and has worked in the South Bay for several years. Senior Fit is a fun way to stay active, social, and supported. No class 7/4.

Instructor: Carmen Osterling

Location: Joslyn Community Center - Ocean Banquet

Hall

42403 9am to 10am 7/9 - 9/12 Tu Th **42605** 10:15am to 11:15am 7/9 - 9/12 Tu Th

OLDER ADULT

SENIOR YOGA BEGINNING

55 and up

Res: \$121 Nonres: \$133 (11 Weeks)

Stretch, strengthen and soothe. A great class for those who are new to yoga, those looking for detailed guidance, and those looking to relax and take it easy. Individual modifications are provided with the option of using a chair. Please bring a yoga mat or beach towel.

Instructor: Eden Serina

Location: Joslyn Community Center - Surf Dance

Studio

42412 10am to 11am 7/9 - 9/17 Tu

SENIOR YOGA BEGINNING PLUS

55 and up

Res: \$121 Nonres: \$133 (11 Weeks)

Build strength, increase flexibility and improve balance with this beginning yoga flow-style practice. Poses are done on the mat, standing, and individual modifications are provided. This class is open to all levels; no prerequisite required. Please bring a yoga mat and/or towel.

Instructor: Eden Serina

Location: Joslyn Community Center - Surf Dance

Studio

42413 10am to 11am 7/11 - 9/19 Th





YOGA FOR STRENGTH, BALANCE AND FLEXIBILITY

55 and up

Res: \$150 Nonres: \$165 (10 Weeks)

As we age, muscles become weak, posture starts curving forward and we are prone to falling. When muscles are strong and flexible, balance and posture improves! We move better and we feel more confident. Come as you are and leave class feeling strong and alive in your body. Chairs are used for part of the class. Bring a yoga mat. All other props are provided. First timers are welcome!

Instructor: Teri Thompson

Location: Joslyn Community Center - Ocean Banquet

Hall

42414 Ilam to 12:15pm 7/17 - 9/18 W

ZUMBA FOR OLDER ADULTS

55 and up

Res: \$50 Nonres: \$55 (10 Weeks)

Easy to follow choreography for adults looking for a modified Zumba class with same great music and original loved moves at a lower intensity. Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility, balance and mainly fund

Instructor: Svetlana Averbukh

Location: Joslyn Community Center - Surf Dance

Studio

42416 11:30am to 12:15pm 6/10 - 8/12

Μ

SUPPORT AND RESOURCES

The Older Adult Program offers a wide variety of free support and resources through our community partners for you and your loved ones.

NEW! DEMENTIA CAREGIVER SUPPORT GROUP



FREE

Caring for a loved one with a dementia diagnosis can be overwhelming and stressful. This support group offers a safe space to address the challenges that come with caring for someone, find support amongst peers who share similar experiences, and openly express your feelings around being a caregiver. Charlotte Barnett, MSW will be facilitating.

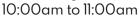
4th Tuesday of the month In-person at the JCC/Sunset Room Starting June 25 1:30pm to 2:30pm



SOCIAL HOUR WITH CHARLOTTE FREE

These meetings are for all, a place to connect and feel heard. Learn about community resources, Beach Cities Health District, ways to keep busy or share ways you're keeping busy.

1st Tuesday and 3rd Tuesday of the month



ZOOM LINK:

https://bchd-org.zoom.us/j/87651635014

2nd Monday of the month (JCC/Sunset Room) 2:00pm to 3:00pm

ALZHEIMER'S \\ ASSOCIATION'

DEMENTIA SUPPORT GROUPS



Being a care partner for someone with Dementia is a life altering challenge. Presented by the Alzheimer's Association, these support groups offer a safe time to develop a mutual support system, exchange information, and share feelings and concerns. To join, please email kberkeypatterson@gmail.com

DEMENTIA CAREGIVER SUPPORT GROUP

1st Tuesday of each month, 6:30pm to 7:30pm

DEMENTIA SUPPORT GROUP FOR COUPLES

1st and 3rd Wednesday, 10:30am to 12:00pm



Receive free, unbiased Medicare help from the Center for Health Care Rights by scheduling an in-person appointment with a State-registered Health Insurance Counseling and Advocacy Program (HICAP) counselor.

To schedule an appointment, please call Beach Cities Health District's Assistance, Information and Referral line at (310) 374-3426, Option 1. Appointments are currently available most Thursdays at the Center for Health and Fitness.

The counselor can assist with questions and problems related to:

- · Medicare coverage rules
- · Medicate Part A and B eligibility, benefits and claims
- · Medicare coordination with private insurance
- · Medicare Part D plan choices
- · Insurance options for supplementing Medicare Medigap insurance, Medicare Advantage, Medi-Cal
- Programs that help low-income beneficiaries with Medical expenses - Medi-Cal, Medicare Savings Program, Extra Help to assist those who quality pay for prescription drugs





OLDER ADULT

OL	DER ADULT	
	WEEK 1	WEEK 2
MON	9am-4pm: OASIS Open 9am-lpm: Ping Pong (SH) 10am-12pm: Discussion Group (OASIS) 10am-lpm: MB Senior Club Bingo (OBH) 10:15am-11:15am: Mindful Stretching (SD) 11:15am-11:45am: MB Senior Club Meeting (OBH) 11:30am-12:15pm: Zumba for Adults (SD)* 1pm-3pm: Android Help (SS) 3:30pm-5:30pm: Older Adult Comedy Improv (JCC)* 6:30pm-8:30pm Adult Comedy Improv (JCC)*	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 10am-12pm: Discussion Group (OASIS) 10:15am-11:15am: Mindful Stretching (SD) 11:30am-12:15pm: Zumba for Adults (SD)* 1pm-3pm: Acting Out Again (OBH) 2pm-3pm: Social Hour with Charlotte (SS) 3:30pm-5:30pm: Older Adult Comedy Improv (JCC)* 6:30pm-8:30pm Adult Comedy Improv (JCC)*
TUE	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9am-10am Senior Fit with Carmen (OBH)* 10am-11am: Senior Yoga Beginning (SD)* 10am-12pm Basic Techniques of Drawing (SR)* 10am-11am: Social Hour with Charlotte BCHD (Zoom) 10:15am-11:15am: Senior Fit with Carmen (OBH)* 6:30pm-7:30pm: Dementia Caregiver Support Group (Zoom)	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9am-10am Senior Fit with Carmen (OBH)* 10am-1lam: Senior Yoga Beginning (SD)* 10am-12pm Basic Techniques of Drawing (SR)* 10:15am-11:15am: Senior Fit with Carmen (OBH)* 1pm-2pm: Senior Advisory Committee (SR) 1:30pm-3pm: Poetry Circle (JCC/Garden)
WED	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-10:30am Agility, Balance, and Coordination 10:30am-12pm: Dementia Support Group for Couples (Zoom) 10:30am-12pm: Let's Talk Woman to Woman (SR) 10:40am-11:40am: Mindfulness (SD) 11am-12:15pm: Yoga for Strength, Balance, and Flexibility (OBH)* 2pm-3pm Dance, Flow 'N Fun with Nicky (SD)	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-10:30am Agility, Balance, and Coordination 10:30am-12pm: Let's Talk Woman to Woman (SR) 10:40am-11:40am: Mindfulness (SD) 11am-12:15:pm: Yoga for Strength, Balance, and Flexibility (OBH)* 2pm-3pm Dance, Flow 'N Fun with Nicky (SD)
THU	9am-4pm: OASIS Open 9am-lpm: Ping Pong (SH) 9am-10am Senior Fit with Carmen (OBH)* 9:30am-12:30pm Renewal Through Art (SH) 10am-1lam Senior Yoga Beg. Plus (SD)* 10am-12pm: iPhone Training (SR) 10:15am-11:15am: Senior Fit with Carmen (OBH)* 1pm-2pm: By Heart Music (SD) 1pm-2pm: Movie Discussion Group (Zoom) 2pm-4pm Scrabble (OASIS) 3pm-5pm: Blankets of Love (SR)	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9am-10am Senior Fit with Carmen (OBH)* 9:30am-12:30pm Renewal Through Art (SH) 10am-1lam Senior Yoga Beg. Plus (SD)* 10am-12pm: iPhone Training (SR) 10:15am-11:15am: Senior Fit with Carmen (OBH)* 1pm-2pm: By Heart Music (SD) 2pm-4pm Scrabble (OASIS) 3pm-5pm: Blankets of Love (SR)
FRI	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-1:30pm: Bridge (SR) 10am-1lam: Agility, Balance, and Coordination (JCC) 1:30pm-4pm: JCC Movies (OBH)	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-1:30pm: Bridge (SR) 10am-1lam: Agility, Balance, and Coordination (JCC) 1:30pm-4pm: JCC Movies (OBH)
SAT	1pm-2pm Beginning Line Dancing* (SD)	lpm-2pm Beginning Line Dancing* (SD)

BCHD Beach Cities Health District

Joslyn Community Center 1601 N. Valley Drive MH Manhattan Heights 1600 Manhattan Beach Blvd MBL Manhattan Beach Library 1320 Highland Avenue MBG MB Botanical Garden 1236 N. Peck Avenue

OLDER ADULT

	OLDER ADOLI
WEEK 3	WEEK 4
9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 10am-12pm Discussion Group (OASIS) 10am-1pm: MB Senior Club Bingo (OBH) 10:15am-11:15am: Mindful Stretching (SD) 11:30am-12:15pm: Zumba for Adults (SD)* 1pm-3pm: Android Help (SS) 3:30pm-5:30pm: Older Adult Comedy Improv (JCC)* 6:30pm-8:30pm Adult Comedy Improv (JCC)*	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 10am-12pm Discussion Group (OASIS) 10:15am-11:15am: Mindful Stretching (SD) 11:30am-12:15pm: Zumba for Adults (SD)* 1pm-3pm: Acting Out Again (OBH) 3:30pm-5:30pm: Older Adult Comedy Improv (JCC)* 6:30pm-8:30pm Adult Comedy Improv (JCC)*
9am-4pm: OASIS Open 9am-1p:m Ping Pong (SH) 9am-10am Senior Fit with Carmen 10am-1lam: Senior Yoga Beginning (SD)* 10am-1lam: Social Hour with Charlotte BCHD (Zoom) 10am-12pm Basic Techniques of Drawing (SR)* 10:15am-11:15am Senior Fit with Carmen	9am-4pm: OASIS Open 9am-lpm: Ping Pong (SH) 9am-l0am Senior Fit with Carmen (OBH)* 10am-llam: Senior Yoga Beginning (SD)* 10am-l2pm Basic Techniques of Drawing (SR)* 10:15am-11:15am Senior Fit with Carmen 1lam-12pm Dine and Discover (Zoom) 12pm-2pm Dine and Discover (OBH)* 1:30pm-2:30pm Dementia Caregiver Support Group (SS) 1:30pm-3pm: Poetry Circle (JCC/Garden)
9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-10:30am Agility, Balance, and Coordination 10:30am-12pm: Dementia Support Group for Couples (Zoom) 10:30am-12pm: Let's Talk Woman to Woman (SR) 10:40am-11:40am: Mindfulness (SD) 11am-12:15:pm: Yoga for Strength, Balance, and Flexibility (OBH)* 2pm-3pm Dance, Flow 'N Fun with Nicky (SD)	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-10:30am Agility, Balance, and Coordination 10:30am-12pm: Let's Talk Woman to Woman (SR) 10:40am-11:40am: Mindfulness (SD) 11am-12:15:pm: Yoga for Strength, Balance, and Flexibility (OBH)* 2pm-3pm Dance, Flow 'N Fun with Nicky (SD)
9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-12:30pm Renewal Through Art (SH) 10am-1lam Senior Yoga Beg. Plus (SD)* 10am-12pm: iPhone Training (SR) 10:15am-11:15am: Senior Fit with Carmen (OBH)* 1lam-12pm Book Club (JCC) 1pm-2pm: By Heart Music (SD) 2pm-4pm Scrabble (OASIS) 3pm-5pm: Blankets of Love (SR)	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9am-10am Senior Fit with Carmen (OBH)* 9:30am-12:30pm Renewal Through Art (SH) 10am-1lam Senior Yoga Beg. Plus (SD)* 10am-12pm: iPhone Training (SR) 10:15am-11:15am: Senior Fit with Carmen (OBH)* 1pm-2pm: By Heart Music (SD) 2pm-4pm Scrabble (OASIS) 3pm-5pm: Blankets of Love (SR)
9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-1:30pm: Bridge (SR) 10am-1lam: Agility, Balance, and Coordination (JCC) 1:30pm-4pm: JCC Movies (OBH)	9am-4pm: OASIS Open 9am-1pm: Ping Pong (SH) 9:30am-1:30pm: Bridge (SR) 10am-1lam: Agility, Balance, and Coordination (JCC) 1:30pm-4pm: JCC Movies (OBH)
lpm-2pm Beginning Line Dancing* (SD)	lpm-2pm Beginning Line Dancing* (SD)

THE GRAND TOUR

RESERVATIONS INFORMATION GUIDE

ithin the City of Manhattan Beach there are a variety of facilities, picnic areas, a community pool and fields available for public, private, and commercial events and meetings. A fee is required to reserve City facilities.

Parks are open to the public from 8am to dusk, seven days per week. Unless reserved, the picnic areas are available on a first-come, first-served basis.

For special events requiring additional City services, please call **(310) 802-5403**.

SAND DUNE PARK 🖘 🛦



PICNIC SHELTER

Capacity: 50 Length of use: 2 hours min. Appropriate for: Parties, picnics and outdoor gatherings

LIVE OAK PARK 🔫 🛦 🔟 🛦



GAZEBO

Capacity: 50 Length of use: 2 hours min. Availability: 8am to dusk daily Appropriate for: Small events for children such as birthday parties, playgroups and other outings

BEGG POOL 22 FR

Capacity: 150



Length of use: 1 - 4 hours Availability: Varies according to season Appropriate for: Birthday parties, social gatherings Amenities: PA sound system for music

JOSLYN COMMUNITY CENTER 未 财 &



Availability: Mon. – Fri. (8am to 10pm) Sat. – Sun. (8am to 8pm) Length of use: 2 hours min.



SUNSET ROOM
Capacity: 20
Appropriate for:
Meetings, classes and small gatherings



SUNRISE ROOM Capacity: 30 Appropriate for: Meetings, classes and small gatherings

MANHATTAN HEIGHTS PARK AND COMMUNITY CENTER 🔫 👺 🇥



MT. WHITNEY BANQUET HALL

Capacity: 150, dining 100 Length of use: 2 hours min. Availability: 8am to 10pm daily Appropriate for: Meetings, lectures, receptions,

Meetings, lectures, receptions, parties, retirements and other large gatherings

COMMERCIAL KITCHEN

Capacity: 10 Availability: 8am to 10pm daily Appropriate for: Catering



MT. BALDY ROOM

Capacity: 20 Availability: 8am to 10pm daily Appropriate for: Meetings and small gatherings



PICNIC AREA

Capacity: 50
Availability:
8am to dusk daily
Appropriate for: Small
children's activities such as
birthday parties, playgroups
and other outings
Amenities: Rock Climbing Wall

POLLIWOG PARK A A DET



AMPHITHEATER

Capacity: 1,000 Length of use: 2 hours min. Appropriate for: Performances, weddings, meetings and other large group gatherings No amplified sound permitted MC (12.48.050)



GAZEBOS

Central Gazebo, Rose Gazeb and Pond Gazebo are available to rent separately Capacity: 50 per gazebo Length of use: 2 hours min. Appropriate for: Gatherings and social events



PICNIC AREAS

Ten areas to choose from. Five of those areas have one table, two of those areas have two tables, and three of those areas have three table Capacity: 25 people per table Length of use: 2 hours min.

Appropriate for: Parties & meetings



PAVILION

Capacity: 75
Length of use: 2 hours min.
Appropriate for: Parties,
family reunions, gatherings
and social events

MARINE AVENUE PARK 🗷 🛦 🔟



NORTH END

Capacity: 50 Length of use: 2 hours min. Availability: 8am to dusk daily Appropriate for: Parties and small gatherings



PICNIC AREA

Capacity: 25 per table Length of use: 2 hours min. Availability: 8am to dusk daily Appropriate for: Birthday parties and other children's outings



ACTIVITY HALL

Capacity: 50 Length of use: 2 hours min. Availability: 8am to 10pm daily Appropriate for: Meetings and small gatherings

Amenities:

- · Electric hot water dispenser
- · Flat screen TV
- · Refrigerator
- · Microwave



SURF DANCE STUDIO

Capacity: 30 Appropriate for: Dance and fitness classes



OCEAN BANQUET HALL

Capacity: 250, dining 170 Appropriate for: Meetings, parties and receptions

COMMERCIAL KITCHEN

(Banquet rental required)
Capacity: 10
Appropriate for:
Catering parties or events

JOSLYN COMMUNITY CENTER AMENITIES

- · Blu-ray or DVD player
- \cdot Easels
- · Electric hot water dispenser
- · Podium
- · Portabl<u>e chalkboard</u>
- · Portable movie screen
- · Built-in P.A. system
- · Wireless microphone(s)

MANHATTAN HEIGHTS PARK AND COMMUNITY SU WV

- **CENTER AMENITIES** Gymnastic mats (4'x8')
- · Electric hot water dispenser
- · Movie Screen (retractable from ceiling)
- · Wireless Microphones
- · Built-In P.A. system
- \cdot Podium
- · Portable dry erase white board

MAKE A RESERVATION

Submit online:

www.manhattanbeach.gov/reservations

Stop by in person: Monday - Thursday: 8am to 5pm Friday: 8am to 4pm

Mail reservation form:
Parks & Recreation Dept.
Attn: Reservations
1400 Highland Ave.
Manhattan Beach, CA 90266

IMPORTANT INFORMATION

Bring your reservation permit with you to your event.

All reservations must be made at least ten working days prior to the event date.

Cancellations must be made five business days prior to reservation date in person or via email. Not all fees will be returned.

All parties are expected to follow reservations rules and regulations.

If rules and regulations are not followed, deposit will not be returned.

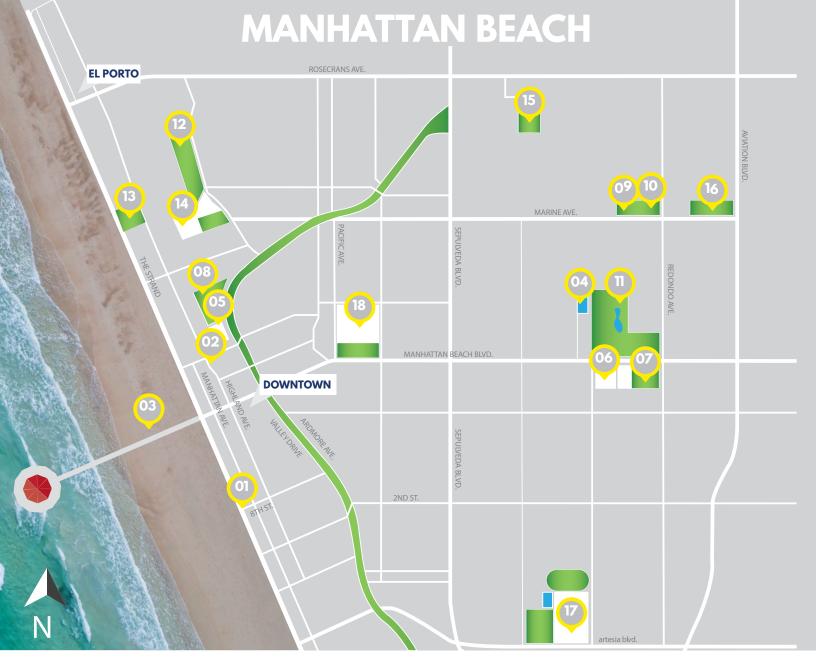
For more reservation information, please call (310) 802-5448.

CITY DIRECTORY

COMMUNITY DEVELOPMENT	Manhattan Beach Youth Basketball	REFUSE/RECYCLING COLLECTION:
Main Line	(MBYB) (K-8)www.mbyb.clubspaces.com Manhattan Beach Little League. 310.546.1449	Waste Management 310.830.7100
Fax	Marriott Municipal Golf Course 310.939.1465	City Contact
Executive Assistant310.802.5503	Mira Costa Pony League-HOTLINE	Refuse/Water Billing310.802.5559
BUILDING DIVISION:	310.379.3479	Sewer and Wastewater Info310.802.5320
Building Official .310.802.5525 Secretary .310.802.5505	MTA-Metro Bus Information1.800.266.6883 Neighborhood Watch310.802.5183	
Code Enforcement	Hometown Fair	Street Maintenance310.802.5311
Construction Officers	Roundhouse Marine Studies310.379.8117	Street Sweeping: Athens Services
310.802.5539	Sister City Committee	888.336.6100
Inspection Requests310.802.5542	South Bay Adult School310.937.3340	City Contact
Inspection cancellations before 310.802.5533	South Bay Soccer Club 310.546.9440	Street Use Permit Processing310.802.5535
8:30am on day of scheduled inspection Permit Processing & Plan Check	Unified School District	Water Quality
status Info	VOICE	,
310.802.5535	POLICE	Fax
310.802.5536	Court Liaison	Engineering Fax
Technical Plan Check Info310.802.5527	Community Affairs310.802.5186	
ENVIRONMENTAL PROGRAMS:	Detectives	PARKS AND RECREATION
Environmental Programs310.802.5508 PLANNING DIVISION:	Information	MAIN LINE
Planning & Zoning	Fax	
Planner on Duty	Police Records	DIRECTOR
TRAFFIC DIVISION:	Parking and Animal Control 310.802.5160 Traffic Control	SERVICES/PROGRAMS
Traffic Engineer	Victim's Assistance	Cultural Arts Program310.802.5440
		Park Maintenance310.802.5326
CITY OFFICIALS AND ADMINISTRATION	FINANCE	Dial-A-Ride
Mayor	Accounts Payable	
City Council	Ambulance Billing 310.802.5560	Field Conditions Hotline 310.802.5454
City Manager	Business and Animal Licensing 310.802.5560	Older Adult Programs310.802.5430
City Attorney	Parking Citation Information310.802.5561	REC Program310.802.5419
City Treasurer310.802.5553	Purchasing	Ceramics Program310.802.5404
City Cable Liaison310.802.5054	Water Billing	Registration
Comments/Suggestions310.802.5000		FACILITIES.
x7700	FIRE	FACILITIES:
	Fire Inspector	Reservations
COMMUNITY RECREATIONAL	Fire Marshal	Begg Pool
FACILITIES AND ORGANIZATIONS	Fire Station #1	Joslyn Community Center310.802.5420
AYSO Soccer (Ages 5-18)310.546.4106 AYSO HOTLINEwww.ayso18.org	Fire Station #2	OASIS Room310.802.5446
Beach Cities Health District. 310.374.3426 x26	FdX	Manhattan Beach Art Center310.802.5440
Boy Scouts-Leigh Noda 310.545.2568	HUMAN RESOURCES	Manhattan Heights Community
Chamber of Commerce	Job Listings	Center
Department of Beaches424.526.7777	Employment Verification310.802.5256	Marine Ave Park
Dispute Resolution Services	General Personnel Information 310.802.5258	
Historical Society	Fax	Teen Center
Jr. Lifeguard		TENNIS RESERVATIONS:
Lab/Aquarium310.379.8117	PUBLIC WORKS	Live Oak
Manhattan Beach	SEWER & WATER MAIN EMERGENCIES:	Mira Costa
Botanical Garden	8am to 4:30pm (Mon-Fri)310.802.5304	
Manhattan Beach Country Club	4:30pm to 8am & Weekends310.802.5140 Engineering310.802.5350	TDD 310.546.3501
Manhattan Beach Library 310.545.8595	Public Works Construction Projects	FAX 310.802.5001
1		

310.802.5353 FIRE/POLICE EMERGENCY DIAL 911

Manhattan Beach 10K Run. 310.374.2397





COMMUNITY CENTERS

BEGG POOL 04 1402 North Peck Ave.

JOSLYN COMMUNITY CENTER 05 1601 North Valley Dr.

MANHATTAN BEACH ART CENTER 06 1560 Manhattan Beach Blvd.

MANHATTAN HEIGHTS PARK 07 & COMMUNITY CENTER 1600 Manhattan Beach Blvd.



MANHATTAN BEACH CITY HALL

1400 Highland Ave.

PARKS

LIVE OAK PARK 08 1901 North Valley Dr.

MARINE AVENUE PARK 09 1625 Marine Ave.

MARINE AVENUE SKATE SPOT 10 1625 Marine Ave.

POLLIWOG PARK 11 1601 Manhattan Beach Blvd.

SAND DUNE PARK 33rd St. & Bell Ave.

BRUCE'S BEACH 26th/27th St. at Highland Ave.



MANHATTAN BEACH PIER

100 Manhattan Beach Blvd.

FIELDS

GRAND VIEW ELEMENTARY SCHOOL 455 24th St.

MANHATTAN VILLAGE 15 1300 Park View Ave.

MARINE SPORTS COMPLEX 16 1801 Marine Ave.

MIRA COSTA HIGH SCHOOL 17 1401 Artesia Blvd.

PACIFIC ELEMENTARY SCHOOL 18 1200 Pacific Ave.

REGISTRATION FORM

MAIN CONTACT FULL Name: First Name Last RESIDENTIAL ADDRESS:	
RESIDENTIAL ADDRESS:	
Street	
City Zip	
E-mail Address	
Phone-Primary ()	
Phone-Secondary ()	
\square Yes, I agree to receive text messages. Cell service provider is:	
☐ Check here if this is a new address / phone number	
Don't All Don Sex Activity	
Participant Name DOB Sex Activity Number Activity Title Acti	vity Fee
Please identify any special accommodations that are needed to improve the student's experience here: GRAND TOTAL =	
OFFICE USE ONLY:	
OFFICE USE ONLY: Cash Check-Print Check Number:	
☐ Cash ☐ Check-Print Check Number:	

RELEASE OF LIABILITY. I fully understand that participation in the above listed program/activity conducted by the City of Manhattan Beach exposes me or my child(ren) to the risk of personal injury, illness, death, and property damage. I hereby agree to absolve and hold harmless the City of Manhattan Beach, its employees, officers or agents from any liability, claims, damages, costs or expenses that may result from my participation or that of any minor in my legal custody in the above activity, including the active or passive negligence of the City. If the participant is a minor, I also give my permission for his/her participation in the above activity and for any necessary emergency medical treatment be provided. I understand City staff is not responsible for storing, administering and/or providing medications of any kind for participants in Parks and Recreation programs and activities. I understand the City has no obligation to supervise my children at the close of the above program/activity, and I release the City, its officers, employees and agents from any liability resulting from any lack of supervision of my children at the close of the above program/activity. Understand that the City has adopted a Civility Policy, which among other things requires that all interactions with other participants, instructors and staff be conducted in a respectful manner, and provides that threats of violence and loud, insulting, demeaning or offensive communication will not be tolerated. A copy of the Civility Policy is available upon request. I further understand that participants involved in Parks & Recreation programs/activities may be photographed and such photography may be used to publicize City programs/activities. Any person who is placed on notice of the park rules, whether by signage or by warning from a park monitor or other city official, who fails to abide by any such rule, may be expelled from the park and by order of the Director of Parks and Recreation shall be guilty of a misdemeanor. –m.c. 12.48.54. Fail

WAYS TO REGISTER

ONLINE

Visit www.manhattanbeach.gov/registration

Pay by credit card All online transactions incur a 5.84% convenience fee

Begins at 6am online 8am in person at City Hall Res: May 20 Nonres: June 3

FAX-IN

Pay by credit card Fax completed form to (310) 802-5401

MAIL-IN

Pay by credit card or check. Make checks payable to "City of Manhattan Beach"

Mail to: City of Manhattan Beach Parks & Recreation Department

ATTN: Registration 1400 Highland Ave. Manhattan Beach, CA 90266

WALK-IN

City Hall Parks & Recreation Department 1400 Highland Ave. Manhattan Beach, CA

Monday-Thursday 8am to 5pm Friday 8am to 4pm

Pay by credit card, check or cash

(310) 802-5448 • mbparksandrec@manhattanbeach.gov

REFUND POLICY

A full refund (including convenience fee) will be issued for any program, activity, or event that is canceled for any reason by the department.

For activities, any person requesting a refund before the start of the second class may receive a refund minus the convenience fee. For camps, any person requesting a refund 5 business days before the camp starts may receive a refund minus the convenience fee. Bus trips are not included. Contact (310) 802-5448 for refund details.

A "Refund Request Form" may be downloaded from the City's website, picked up at City Hall in the Parks & Recreation Department during business hours, by mail or email by calling (310) 802-5448 or emailing mbparksandrec@manhattanbeach.gov.

POLICIES

Nonresident registration fees may include up to a 10% additional fee. Advanced registration is required for all activities. Fees will not be prorated for late registrations. Gymnastics activities will not accept registrations after two weeks from start date. All activities, dates and fees are subject to change. Activities not reaching required enrollment may be canceled by the department. A resident is defined as an individual residing in Manhattan Beach. Acceptable proof of residency includes: government issued ID or utility bill showing current Manhattan Beach address. Must be the age specified for the activity. Proof of age may be required for all activities with an age requirement. False information regarding name, age, or address will result in being dropped from the class without refund. You may be asked for ID at the first class. No registration will be taken over the phone. When registering by mail, your name will be placed on a waiting list if the requested activity is full. You will be notified by the Parks and Recreation Department if there is an opening. If on a waiting list, do not attend the first class if you have not been notified to do so. ActiveNet requires that all activity registrations incur a convenience fee of 5.84% of the total charge.



AT POLLIWOG PARK AMPHITHEATER 5-7PM

JUNE 30, 2024 THE SATIN DOLLZ

JULY 7, 2024 SEGA 90S

JULY 14, 2024 SCOT BRUCE'S ROCKIN' TRIBUTE TO ELVIS

JULY 21, 2024 STEVIE RAY VISITED

JULY 28, 2024 PSYCHEDELIC SUMMER BAND

AUGUST 4, 2024 THE MATT MAUSER BIG BAND

AUGUST 11, 2024 RADIO ROYALTY

AUGUST 18, 2024 THE TOM NOLAN BAND

AUGUST 25, 2024 THE KINGS OF 88

SEPTEMBER 1, 2024 THE BLUE BREEZE BAND

