



CITY OF MANHATTAN BEACH

# PARKS AND RECREATION



## Teen Center Big Bear SNOWBOARDING TRIPS

Parks & Recreation Promotes Health & Wellness

The Manhattan Beach Parks and Recreation Department Teen Center Big Bear Snowboarding Trips are open to all middle school and high school students living in Manhattan Beach, attending a Manhattan Beach school or to students whose parents work in the City of Manhattan Beach. All 2010 trips will be going to Bear Mountain. There are extensive terrain parks and many areas for beginners. Transportation will be provided by Adventures America charter bus service. Amenities on the bus include T.V.s, bathroom and reclining seats. Skiers are also welcome to join. We are not responsible for lost or stolen items. Basket check and snowboard check are available at the mountain.

Parks Make Life Better

| Date        | Standard | All Inc. |
|-------------|----------|----------|
| January 9   | AC: 7616 | AC: 8396 |
| January 30  | AC: 7617 | AC: 8397 |
| February 6  | AC: 7618 | AC: 8398 |
| February 27 | AC: 7619 | AC: 8399 |
| March 6     | AC: 7620 | AC: 8400 |

### Standard Trip

\$65 per trip includes lift ticket, transportation and supervision

### ALL INCLUSIVE PACKAGE

\$85 per trip includes equipment rental, lesson, lift ticket, transportation and supervision

### Contact

- Brianne Sternad, Teen Center Supervisor, (310) 802-5426
- Michael Brooke, Recreation Supervisor, (310) 802-5435
- Idris Jassim Al-Oboudi, Recreation Services Manager (310) 802-5404



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## Teen Center Big Bear **SNOWBOARDING** **TRIPS** **OVERNIGHT TRIP PACKAGE**

**February 17 - 19, 2010    \$300 includes 6 meals    AC: 8404**

Includes lodging, all meals, two full day ski lift tickets, transportation and supervision! Trip departs at 2:00 PM Wed. Feb 17<sup>th</sup> and returns Fri. Feb 19<sup>th</sup> at 7:00 PM. Lodging will take place at Pine Summit. Participants will have two full days of boarding at Bear Mountain or Snow Summit.

### Personal

- Blankets
- Pillow
- Sleeping pad
- Shower shoes/Flip Flops
- Towels/washcloth
- Shampoo/conditioner
- Body wash
- Deodorant
- Comb/Brush

### Gear

- Snowboard or ski's
- Boots
- Snow Gloves
- Goggles

### Clothes

- Shoes
- Jeans/Pants (night)

### Clothes Cont.

- T-Shirts
- Hat/Beanie
- Snow Jacket
- Snow Pants
- Long Socks
- Underwear
- Sleep Clothes
- Laundry bag

### Miscellaneous

- Chapstick
- Flash light/Extra batteries
- Water Bottle
- Camera/Battery/Film
- Sunglasses
- Tissues
- Money for personal food
- Snacks
- Sunscreen

### REGISTRATION

Registration is **NOW OPEN** for all residents and nonresidents.

### 4 EZ Ways to Register



Online  
[citymb.info](http://citymb.info)



Mail In  
Manhattan Beach Parks & Recreation Dept.  
ATTN: Class registration  
1400 Highland Avenue  
Manhattan Beach, CA 90266  
Make checks payable to  
"City of Manhattan Beach"



Fax In  
(310) 802-5401



Walk In  
Manhattan Beach City Hall Parks and Recreation Dept.

For refund and general policies please log on to [citymb.info](http://citymb.info)

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